

APPENDIX A

22 June

The Principal
Primary School
P.O. Box 195
R
M
0122

Dear Mrs L,

PERSONAL AND INTERPERSONAL LIFESKILLS PROGRAMME FOR GRADE 7 LEARNERS

Thank you for allowing me to implement the Personal and Interpersonal Life skills programme with Grade 7 learners at your school. It is hoped that the learners and the teacher will benefit mutually from the programme. I wish to confirm the programme as discussed with you and Mrs Eunice M (Guidance teacher) during our meetings. Enclosed is an outline of the programme (dates; time and sessions) for your information. Should you require further clarification, please contact me.

I look forward to working in your school and especially with the Grade 7 learners.

Thank you for your co-operation.

Yours faithfully

C J G Bender
Programme presenter
University of Pretoria
Tel and fax: (021) 420-3331
Cell: 082-557

APPENDIX B

22 June

The Guidance Teacher
Primary School
P.O. Box 195
R
M
0122

Dear Mrs Mu,

PERSONAL AND INTERPERSONAL LIFESKILLS PROGRAMME FOR GRADE 7 LEARNERS

Thank you for allowing me to implement the Personal and Interpersonal Life skills programme with grade seven learners (pupils) at your school. It is hoped that the learners and all involved will benefit mutually from the programme. I wish to confirm the programme as discussed during our meetings. Enclosed is an outline of the programme (dates; time and sessions) for your information. Should you require further clarification, please contact me.

I look forward to working with you and the grade 7 learners.

Thank you for your co-operation.

Yours faithfully

C J G Bender
Programme presenter
University of Pretoria
Tel and fax: (012) 420-3331
Cell: 082-557

APPENDIX C

20 July

Dear Parent / Guardian,

PERSONAL AND INTERPERSONAL LIFESKILLS PROGRAMME FOR GRADE 7 LEARNERS

Your permission is requested for your child _____, to participate in a Personal and Interpersonal Life Skills Programme. The Life Skills Programme will involve 15 sessions and will run from __July to __ October. Each session will be about 90 minutes and will take place during the school day.

The purpose of the Life Skills Programme is to teach learners coping skills and to empower them for living. The learner will have the opportunity to learn new skills and behaviours that may help their personal and interpersonal development Topics covered during the programme include understanding myself, my family, friends, school and community; effective communication; problem solving, conflict resolution; our rainbow nation; dealing with death and grieving, and where do I go for help.

A lecturer from the University of Pretoria, will lead the programme at school. Sometimes your child will be given homework as part of the programme. Your support and encouragement in this regard will be appreciated.

You are invited to a parents' meeting where the programme will be presented to you. Please complete the tear-off form and send it back to school with your child.

Thank you.

Yours faithfully

C J G Bender
Programme presenter
University of Pretoria
Tel and fax: (012) 420-3331

By signing this form I give my informed consent for my child to participate in the Life Skills Programme:

Parent /Guardian _____ Date: _____
Parent /Guardian _____ Date: _____

I, _____ parent(s) of _____
would like to attend the Parents' meeting on : August at :
Venue: M Primary School.

Signature

Date