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APPENDIX

INVENTORY OF PLANTS USED BY THE VHAVENDA

The following list enumerates the plants and their uses as identified by the author during the present study (condensed from Chapters 5 & 6), as well as information derived from the literature. Little attention is given to exotic and agricultural species.

Species have been grouped according to family, and the families are arranged alphabetically, as are the species within each family.

SYMBOLS/WORDS USED:

- No other ingredient known to exist.
- * Record not specifically for the Vhavenda, but from the region adjacent to Venda, and thus likely to apply to Venda also.

unidentified Known to contain other ingredients but species not identified.

another/others Known to contain other ingredients, but their identity is unknown.

SOURCES OF INFORMATION:

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NO.	BOTANICAL NAME	VERNACULAR NAME	PLANT PART	USES	OTHER INGREDIENTS	SOURCE
ACANTHACEAE						
1.	<i>Hypoestes verticillaris</i>	mukuluvhali	leaves	vegetable	various	1
AMARANTHACEAE						
2.	<i>Amaranthus hybridus</i>	vowa	a) leaves b) stem and leaves	vegetable, test medicine for baby's food snuff ingredient	275 snuff	1 1, 2
3.	<i>Amaranthus spinosus</i>	tshithavhamisisi	entire plant	dizziness	-	3
ANACARDIACEAE						
4.	<i>Lannea discolor</i>	muvhumbu	root	infertility	190+198+219+223+261	3
5.	<i>Lannea schweinfurtii</i>	mulivhadza	a) leaves b) root bark c) wood	sores, bleeding, abscesses sedative, magic, sleeping sickness snake-bite smaller household utensils	- - - -	5* 3 1 5* 5*
6.	<i>Ozoroa engleri</i>	mudumbula	a) leaves b) bark	with bark : to treat seeds before planting with bark and root : diarrhoea and as purgative general cleaning of stomach, blood and kidneys	- - -	1 5* 1
7.	<i>Rhus lancea</i>	mushakaladza	a) fruit b) leaves c) wood	edible and eaten fevers, colds and headaches, 'tshifumbu' papules and pustules firewood, hut roof construction	- - -	1 1, 2, 3 3 1
8.	<i>Rhus leptodictya</i>	mushakaladza	bark or root	headache	23	3
9.	<i>Sclerocarya birrea</i> subsp. <i>caffra</i>	mufula	a) fruit, seed b) bark	food, beverage, oil fevers, stomach troubles, headaches, ulcers infertility to regulate sex of unborn child	- - 98 93+94+98+110 -	1, 5* 1, 5* 1 1 1,2,3,5*



		c) wood	toothache, backache firewood, woodcarving, shade	- -	3 1, 5*
			drums	-	2
ANNONACEAE					
10.	<i>Annona senegalensis</i>	muembe	a) fruit	edible and eaten	- 1, 5*
			b) juice	weave thahu	202 2
			c) root	antidote for snake-bite, venereal diseases, bilharzia, diarrhoea, dysentery, baby food medicine, magical protection	various 1, 5*
				constipation and indigestion, stomach-ache	- 1, 3
				headache	96 3
				blood in faeces	202+292 3
			d) bark	arrow poison	lutemamatanda + 48 2
				abdominal pains in children	- 2
			e) fibre	binding (cordage), neckache, magical protection	- 1
				headache	- 3
			f) stem	roof and courtyard construction	- 1
			g) wood	fire-making	- 1
11.	<i>Artabotrys brachypetalus</i>	mudzidzi, munna-mutswu	a) fruit	edible and eaten	- 1
			b) root	baby food ingredient, stomach troubles, pelvic pains aphrodisiac, magical protection, luck	various 1
				infertility	25+89+116+144+180 3
				impotency	89+230 3
				woman married with physical defect	89+193 2
				abdominal troubles	91+109+228+258+ two sedges 2
			c) stem	roof and courtyard wall construction	1
12.	<i>Hexalobus monopetalus</i>	muhuhuma	a) fruit	edible and eaten	- 1, 5*
			b) root	wounds (dressing)	- 3
			c) wood	firewood	- 1
13.	<i>Uvaria caffra</i>	munna-mutswu	root	cough	- 3
14.	<i>Xylopia odoratissima</i>	muvhulavhusiku	root	stomach-ache increase size of penis	- 1 15+18+ two unideti-



				fied	3
			menorrhagia	219	3
			dysmenorrhoea	-	3

APIACEAE

15.	<i>Heteromorpha arborescens</i>	muthathavhanna	root, leaf	aphrodisiac, general cleaning of stomach, kidneys and blood 'ngoma'	-	1, 3, 4
				to increase size of penis, headache, etc.	14+18+ two unidenti-	3
				headache	fied	3
					-	3

APOCYNACEAE

16.	<i>Acokanthera oppositifolia</i>	musilili	a) wood b) latex	smoke must be avoided - it causes prolonged menstruation arrow poison		1, 3, 4 4
17.	<i>Carisa bispinosa</i>	murungulu	a) fruit b) root c) branches	eaten toothache hedge fencing	- - -	1 1 1
18.	<i>Carisa edulis</i> Vahl.	murungulu	a) fruit b) root	fruit is eaten baby food mild laxative for children virility and potency tuberculosis increase size of penis	- - 230 - 14+15+ two others	1 1 3 3 3 3
19.	<i>Catharanthus roseus</i>	liluvha	root	venereal diseases	202	3
20.	<i>Holarrhena pubescens</i>	makhulu-wa-muhatu	root	stomach-ache in women, infertility, amenorrhoea	-	3
21.	<i>Landolphia kirkii</i>	mukumululo, muvhungo	a) fruit b) latex c) root d) stick e) sapplings	eaten strengthen birdlime piles, rheumatics magical protection basketry and roof construction, etc.	- - 127+175+270 various various	1 1 1 1 1



22.	<i>Rauvolfia caffra</i>	munadzi	a) bark	wounds, pelvic and abdominal troubles	241	1
				epilepsy,		
				eye sickness	65	3
			b) wood	wood carving	-	1
23.	<i>Tabernaemontana elegans</i>	muhatu	a) fruit	eaten although less preferred,	-	1, 3
			b) latex	birdlime, curdle milk	-	1, 3
			c) root	venereal diseases	-	1, 3
				menorrhagia	71+76+98+115+202+237	3
				menorrhagia, wounds, tuberculosis, stomach-ache	-	3
				purgative, infertility,	-	3
				headache	8	3
24.	<i>Wrightia natalensis</i>	musunzi	root and bark	aphrodisiac	various	1, 3
ARACEAE						
25.	<i>Zantedeschia aethiopica</i>	ndalunwepi, ndalunwafhi	root	infertility due to uterine lesions, snakebite	11+116+180	3
			root	snakebite	-	2
ARALIACEAE						
26.	<i>Cussonia spicata</i>	musenzhe	a) root	duretic, laxative	-	3
				bathe infant for strength, weight, freshness	51	1
				prophylactic, malaria, venereal diseases, nausea, as well as some type of food	-	5*
				wean child	218	2
				b) stem bark	stomach ulcers, magic	-
	c) branches	roof construction	-	1		
	d) leaves	cover bodies during initiation rituals	-	1		
27.	<i>Schefflera umbellifera</i>	mukho	wood	carving household implements and tools	-	1
ARECACEAE						
28.	<i>Hyphaene coriacea</i>	mulala	a) sap	palm wine	-	1, 2, 4



		b) pith of trunk	eaten as such for dysmenorrhoea	-	3, 4	
		c) fibre	tied around neck for neckache	-	1	
			beer strainer, string on bowed instrument(tshidzambo)	-	2	
		d) leaves	basketry	-	1, 4	
29.	Phoenix reclinata	mutshevho, mutshema	a) sap	palm wine	-	1, 4
			b) fruit	edible and eaten	-	1, 4
			c) leaves	sap collection, thatching, "toothbrushes", etc.	-	1, 4
ASCLEPIADACEAE						
30.	Asclepias fruticosa	mutshulwa	root	stomach troubles and infertility	-	1
31.	Pentarrhinum insipidum	phulule	leaves	vegetable, preferably as spice	various	1
32.	Sarcostemma viminale	mutshiso	root and stem powder	lactation	unknown	1
33.	Stapelia nobilis	mudadzashango	root	general body aches	-	3
ASTERACEAE						
34.	Athrixia phyllicoides	mutshatshaila, mubosotie	a) leaves and stems	tea	-	1
			b) root	aphrodisiac	-	1
35.	Bidens pilosa	mushidzhi	leaves	vegetable, menorrhagia, infertility	-	1
36.	Brachylaena discolor	mufhata	a) leaves	roundworm infection	-	1
			b) branches (poles)	building and fencing, tool handles, firewood	various	1
37.	Dicoma zeyheri	tshitoni, thoni	flowers and fruit	the disease known as 'goni'	-	1
38.	Gerbera krausii	Ito la ndau	leaves	vegetable	various	1
39.	Helichrysum krausii	tshifulathulo	root	veneral diseases	-	1
40.	Helichrysum nudifolium	unknown	root	baby stops suckling	-	1
41.	Senecio longiflorus	mushavhavhakazi	stem	love charm	-	1



42.	Senecio sp.	Tshifatafatane	leaves	burnt and smoke inhaled for colds and fevers	-	1
43.	Senecio sp.	tshitanzisangwa	leaf	emetic	-	1
44.	Sonchus oleraceus	shashe	leaf	vegetable	various	1
45.	Tagetes minuta	mushushathuri, mukangambanzhe	leaves	a) dizziness b) headache	- 71+75+76+115+224	3 3
46.	Vernonia corymbosa	phathaphathane	leaf and root	a) intestinal worms in domestic animals b) abortion in humans	- -	1 1
47.	Vernonia stipulacea	mululudza	root	contraceptive	-	1
BALANITACEAE						
48.	Balanites maughamii sprague	mudulu	a) thorns b) wood c) fruit	magical protection of homesteads wood carving for household utensils edible but not pleasant-tasting arrow poison	various - - lutematanda + 10	1 1, 5* 1, 5* 2
BIGNONIACEAE						
49.	Kigelia africana	muvevha	fruit	to increase size of penis	-	3, 4
50.	Markhamia acuminata	mulakholomo	a) leaves b) roots	browsed by cattle coughs and diarrhoea	- -	1 3, 4
BOMBACACEAE						
51.	Adansonia digitata	muvhuyu	a) fruit b) bark c) fibre d) epiphyte	eaten raw, pulp for 'mugumo' and 'khwangwali' pericarps have been used as storage and serving vessels bathe infant venereal disease cordage and weaving magical protection	- - 26 261 various	1, 4, 5* 1 1 3 1, 4, 5* 1



BORAGINACEAE

52.	<i>Ehretia rigida</i>	murovherovhe, mutepe	a) fruit	edible and eaten	-	1
			b) branches (sticks)	magical protection, lashes, firewood, firemaking, withies,		1
			c) root	sprained joints infertility	96 + 149 59+96+ another	1 3

BURSERACEAE

53.	<i>Commiphora marlothii</i>	mufhafha	bark	pelagra	-	1
54.	<i>Commiphora merkeri</i>	mutonyombidi	root	aphrodisiac	-	1, 3, 4
55.	<i>Commiphora mollis</i>	muukhuthu	a) wood	carving impliments	-	1, 5*
			b) living plant	living fences	-	1

CACTACEAE

56.	<i>Opuntia ficus-indica</i>	mudoro ^	a) fruit	edible and eaten intoxicating drink	-	1 2
			b) root	toothache		1
				venereal disease	194	3

CAESALPINOIDEAE

57.	<i>Azelia cuanzensis</i>	mutokot _^ ot _^ a	bark	snake bite	-	3
				love charm	snuff	2
58.	<i>Bauhinia fassoglensis</i>	mutama	root	treat uterus after childbirth	-	3
59.	<i>Bauhinia galpinii</i>	mutswiriri	a) root	infant food	various	1
				stomach, spasms, diarrhoea, infertility	-	3
				infertility	52 + 96	3
			b) branches	construction (roof and courtyard)	-	1
60.	<i>Bolusanthus speciosus</i>	mukambana	a) bark(root & stem)	anema for venereal disease, cleaning blood and kidneys	-	1



			'divhu'	-	1	
		b) wood	fencing posts, furniture, household utensils	-	5*	
61.	Burkea africana	mufhulu	a) leaves	foods for caterpillars which are part of human diet	-	1, 5*
			b) wood	carving impliments, firewood, fencing	-	1, 5*
			c) whole plant	shade and beauty	-	1
			d) bark	blisters on tongue and gums, sore throat, ulcers	-	3, 5*
62.	Cassia abbreviata	muboma, mulambadivhu	root	'divhu'	-	1
				blackwater fever	-	5*
63.	Cassia petersiana	munembenembe	a) fruit	edible	-	1, 4
			b) root	aphrodisiac, gonorrhoea, syphilis	98 + 275	1
				toothache	-	1, 3, 4
				stomach-ache, sterility	-	1, 3
				epilepsy	110 + 115	3
64.	Colophospermum mopane	mupani	a) leaves	food for 'mashonzha' which are eaten	-	1
				stomach-ache	-	3, 4
			b) wood	firewood, building and fencing	-	1, 4, 5*
65.	Peltophorum africanum	musese	a) bark	colds, fevers, sore throat, sores, ulcers and blisters in the oral cavity	-	1, 3, 4
			b) fibre	basketry	235	2
				stomach complaints, wounds, intestinal parasites	-	5*
				wandering rash of the tongue in children,	-	3
				eye sickness	22	3
				venereal diseases	98 + 202 + 216	3
			b) entire plant	menorrhagia	-	3
			c) leaves	ritual body cover	-	1
66.	Piliostigma thonningii	mukolokote	a) pods	soap substitute	-	5
			b) leaves	thirst, intestinal pains	-	5
			c) bark	with leaves: thirst, intestinal pains	-	5
			d) root	hookworms, spleen problems, leprosy, smallpox	-	5
				infant food	various	1
				venereal diseases	233	3
67.	Schotia brachypetala	mulubi, mununzwu	a) flower	nectar is sucked	-	1, 4
			b) bark	dysentery and diarrhoea, heart disease	-	1,3,4,5*
			c) wood	firewood	-	1



shade and beauty - 1, 5*
furniture - 5*

CANELLACEAE

68. Warburgia salutaris mulanga bark
given to dogs to make them more brave, alert and ferocious - 1, 4
aphrodisiac - 1, 3, 4
Makes bees aggressive and thus protected - 4
Venereal diseases - 1
colds, chest complaints, sore throat - 1, 3, 5*
purgative, malaria - 5*
back ache, skin sores, stomach ulcer - 3

CAPPARACEAE

69. Boscia albitrunca muthobi
a) fruit eaten - 1, 5*
b) leaves browsed by goat and cattle - 1
c) root famine food, beverage (tea) - 1, 4, 5*
d) wood tabooed as firewood but recently used - 1, 5*

70. Cadaba aphylla tshikuni root luck - 1

71. Capparis tomentosa gwambadzi, muobadali root
magical protection of homestead against lightning evading court and other cases - 1
menorrhagia 23+98+115+202+261 3
swollen ankles 199 3
infertility 11+74+144+156+237+ 3
261 3
tuberculosis 149 3
headache 45+75+115+224 3
worms 199 3
war medicine 261+ heart of hammerhead 2
leaves purification after abortion, charm against witchcraft - 2
purification of husband after birth of twins - 2



72.	<i>Cloeme gynandra</i>	murudi	leaves	vegetable	-	1
73.	<i>Cloeme monophylla</i>	mutohotoho	leaves	vegetable	-	1
74.	<i>Maerua angolensis</i>	mutambanamme	leaves and bark	'misho', stomach-ache, headache, purgative browsed by goats skin cancer, purgative	- -	1 5*
75.	<i>Maerua caffra</i>	mutapatila	a) root and stem bark	magical protection of homestead, menorrhagia menorrhagia	- 23+146+237+261	1, 3 3
			b) wood	must be avoided as firewood	-	1
CARICACEAE						
76.	<i>Carica papaya</i>	mupapawe	a) fruit	stomach problems	-	1
			b) root	stomach problems venereal diseases	- 23+98+145+183+241+	1 3
					256	3
CELASTRACEAE						
77.	<i>Cassine aethiopica</i>	mugugunu	a) fruit	eaten	-	1
			b) bark (root)	birdlime, magic	21 various	1 1
			c) wood	craftwork, firewood	-	1
78.	<i>Cassine transvaalensis</i>	mulumanamana, mukuvhazwivhi	a) fruit	eaten	-	1, 5*
			b) leaves	whitish, sweet and edible substance deposited on them	-	1
			c) bark	piles (haemorrhoids), venereal diseases, anthelmintic laxative, stomach-ache*, dysmenorrhoea, cough, diarrhoea, kidney and bladder complaints, diuretic, kidney calculi and venereal diseases	- -	1 3, 5*
			d) root	coughs and diarrhoea	-	4
79.	<i>Cassine spp.</i>	mutshilari mukolomo	a) root	baby food mixture, invocation of ancestors	various	1
			b) semiparasite	use against witchcraft (magical)	85 + 230	1
			c) branches	toy cattle	-	1



80.	<i>Hippocratea crenata</i>	luuvhu	stem	binding thatch	various	1	
81.	<i>Maytenus peduncularis</i>	mukwatule	root	back ache	-	3	
82.	<i>Maytenus senegalensis</i>	tshiphandwa	a) root	baby food (prophylactic, remedial), diarrhoea, nerve pains	various	1	
				cough	202	3	
				pneumonia	159+240	2	
			b) wood	craftwork, firewood	-	1	
			c) thorns	magical protection of homestead	various	1	
83.	<i>Maytenus tenuispina</i>	ntsatsuilambe	root	magic (to evade trouble)	various	1	
84.	<i>Maytenus undata</i>	tshibvukahalwa	branches	stop spillage of water and beer from containers when carried from source to other places	-	1	
				woodcraft	-	5*	
85.	<i>Pleurostyliia capensis</i>	murumelelwa	root or bark	magic - (white or black)	79+86+201+230	1	
86.	<i>Salacia rehmanii</i>	Dira, musasalabwa, ntsatsuilambe, phathatshimima, tavhatapano, tavhatapi	root	magical protection, luck	various	1	
CHENOPODIACEAE							
87.	<i>Chenopodium album</i>	daledale	leaves	vegetables	various	1	
88.	<i>Chenopodium spp.</i>	muthathathuri	stem and leaves	insanity	various	1	
CLUSIACEAE							
89.	<i>Garcinia livingstonei</i>	muphiphi	a) fruit	eaten, alcoholic beverage	-	1, 4, 5*	
				b) leaves	watering eyes	-	3, 4
				c) root	contraceptive	-	1
				aphrodisiac, toothache	-	3, 4	
				impotency	11 + 230	3	
woman married with physical defect	11 + 93	2					



90. Combretum collinum	muvuvha	wood	firewood, building	-	1
91. Combretum erythrophyllum	muvuvhu	a) bark	infertility and maintainance of pregnancy	various	1
		b) wood	not recommended for building	-	1
		c) root	cough	-	3
			abdominal troubles	11+109+228+258+	2
		two sedges			
92. Combretum hereroense	mugavhi	bark	heart diseases, heartburn	-	1
93. Combretum imberbe	mudzwiri	a) root	infertility	9 + 94 + 110	1
		b) wood	building, fencing, craftwork, firewood	-	1, 4, 5*
		c) leaves	burnt & smoked for colds & other chest complaints	-	5*
94. Combretum molle	mugwiti	a) bark	worms	-	3
		b) root	infertility	9 + 93 + 110	1
			laxative, worms	-	3
		c) wood	building, fencing, firewood	-	1
		d) leaf and root	wounds, snake-bite, stomach problems, difficult birth-giving, constipation, fever	-	5*
95. Combretum mosambicense	mulandou	root	magical treatment (doctoring) of humans	-	1
96. Combretum paniculatum	mukopo-kopo	root	infertility	116 + 279 or	
			retained placenta	52 + 59 + another	3
			menorrhagia	-	3
			venereal disease	261	3
			headache due to indigestion	179 + 259	3
			cough	10 + another	3
			to treat pulsating anterior fontanelle in babies	45+233+290+111	3
			sprained joints	45 + 96 + another	3
	52 + 149	3			
97. Combretum zeyheri	mufhatelathundu	a) wood	building and roof construction - short-lived	-	1
		b) roots	basketry, eye washes, diarrhoea	-	5*
98. Terminalia sericea	mususu	a) leaves	infected wounds	-	3
			menorrhagia	-	3
		b) bark	dressing on wounds, especially magical ones	-	1



			ulcers	9	1
c) root			baby food, diarrhoea, dysentery	-	1, 5*
			Diarrhoea	-	1, 3, 5*
			infertility, virility	65 + 202 + 216	3
			venereal diseases	23 + 76 + 145 + 256	3
d) wood			woodcraft	-	1

CONVOLVULACEAE

99. Evolvulus alsinoides		leaves and stem	colds and flu	-	1
100. Ipomoea obscura	muduhwi	a) leaves	eaten, food for edible caterpillars (maduhwi)	-	1
		b) stem	binding and basketry	-	1

CRASSULACEAE

101. Kalanchoe brachyloba	tshinyanyu	leaves	mental illness	Crustacea isopoda	3
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CUCURBITACEAE

102. Cucumis africanus	tshinyagu	a) leaves	vegetable	various	1
		b) seed	purgative	166	1
103. Momordica balsamina	tshibavhe	leaves	vegetable, anti-emetic	-	1
104. Momordica boivinii	tshifhafhe	a) leaves	eaten as vegetable	-	1
		b) tuber	bathe infant for weight	-	1
105. Momordica foetida	nngu	leaves	vegetable, earache	-	1

CUPPRESSACEAE

106. Widdringtonia cupressoides	thaululo	root	venereal diseases, menstrual and uterine problems	-	1
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CYPERACEAE

107. <i>Cyperus latifolius</i>	dzhesi	leaves	mats and thatch	various	
108. <i>Cyperus esculentus</i>	ngowe	corm	eaten	-	1
109. <i>Cyperus sexangularis</i>	mutate ^ ^	straws	weaving, cordage, thatch, also chewed	various	1
		root	abdominal troubles	11+91+228+258+ two sedges	2

EBENACEAE

110. <i>Diospyros lycioides</i>	muthala ^	a) root	baby food mixture	various	1
			epilepsy	63 + 115	3
			blood in faeces	162	3
			infertility	9 + 93 +94	2
			lashes	-	1
111. <i>Diospyros mespiliformes</i>	musuma	a) fruit	eaten	-	1, 4, 5*
			fungal disease on skull	-	3
		b) seed	headache	-	3
		c) root or bark	dysentery, febrifuge	-	1
			cough	126	3
			pulsating anterior fontanelle in babies	96	3
		d) wood	firewood	-	1
e) whole plant	shade	-	1		
112. <i>Diospyros whyteana</i>	munyavhili	leaf and root	'munyavhili' (pricking, itchy and irritating rash)	-	1
113. <i>Euclea divinorum</i>	mutangule ^	a) fruit	eaten	-	1, 5*
		b) branch	toothbrush	-	1
		c) root	purgative*, troubled and noisy stomach, headaches, general cleaning, toothache	-	1, 5*
114. <i>Euclea linearis</i>	mutangule-musekene ^	a) fruit	eaten	-	1
		b) branch	toothbrush	-	1
		c) root	joints and fractured bones, toothache	various	1



115. <i>Euclea natalensis</i>	mutangule-thavha	a) root	laxative	-	3
			headache	45 + 71 + 75 + 224	3
			infertility	-	3
			epilepsy	63 + 110	3
		b) root and bark	toothache	-	3
		c) bark of root	abortion, diuretic, gonorrhoea, kidney calculi, amenorrhoea	Mylabris oculata	3
EUPHORBIACEAE					
116. <i>Antidesma venosum</i>	mukwalakwali	root	infertility	11+25+96+180+279	3
			menorrhagia	-	3
			dysmenorrhoea	-	3
117. <i>Bridelia micrantha</i>	munzere	a) fruit	eaten	-	1, 5*
		b) bark	burns	-	1
			infected wounds	195 + 259	3
			toothache, abortion (1--2 months)	-	3
		c) wood	construction of bridges and roofs	-	1, 5*
		d) leaf	painful eyes, fevers and headaches	-	5*
118. <i>Bridelia mollis</i>	mukumbakumba	a) fruit	eaten	-	1, 5*
		b) root	worms	166	3
		c) whole plant	ornamental	-	1, 5*
119. <i>Croton gratissimus</i>	mufhorola	a) leaves	colds, flu and fevers	-	1, 5*
		b) bark	rheumatism, blue tongue, bronchitis and digestive problems	-	5*
120. <i>Croton megalobotrys</i>	muruthu	a) seeds	purgative	-	1,3,4,5*
			worms	127	3
		b) bark	bark for malaria, fish poison	-	5*
121. <i>Euphorbia cooperi</i>	tshikondengala	a) root	paralysis	122+thorn+another	3
		b) latex	infected wounds	-	3
122. <i>Euphorbia ingens</i>	mukonde	a) bark	ulcers (especially the type known as 'pfuko')	-	1
			swollen ankles	130 + 199	3
		b) root	paralysis	121+thorn+another	3
			diarrhoea	-	3



		c) sap	fish poison	-	5*
123. <i>Euphorbia tirucalli</i>	mutungu ^	a) root	general body pains	-	1
		b) leaves	prophylactic against poisoning	-	1
124. <i>Jatropha curcas</i>	mupfure-donga	root	toothache	-	3
125. <i>Manihot utilissima</i>	mutumbula	a) leaves	vegetable	various	1
		b) root tuber	eaten when cooked properly	-	1
126. <i>Pseudolachnostylis maprouneifolia</i>	mutondowe ^ ^	a) bark	carminative, noisy stomach, venereal diseases, magic cough	- 111	1 3, 5*
		b) bark and leaves	to attract animals (wild) to traps	-	1
		c) root	pneumonia, purgative*	-	3, 5*
127. <i>Ricinus communis</i>	mupfure	a) fruit	cough but causes diarrhoea and emesis, laxative, tonic	-	1, 3
			earache (oil in ear)	-	3
			worms	120	3
		b) seed	purgative, oil for earache (dropped in ear) ² , mixing medium, and softening leather clothes	-	1
			oil for mixing drugs	-	2
		c) leaves	purgative	-	1
		d) root	toothache	-	1
piles and rheumatic	21 + 175 + 270		1		
128. <i>Securinega virosa</i>	mutangauma ^	a) fruit	eaten	-	1
		b) root	general body health in children	-	1
		c) wood & branches	building and fencing, firewood	-	1
129. <i>Spirostachys africanum</i>	muonze	a) bark	stomach pains, noisy stomach, dysentery, diarrhoea, general purification of blood and kidneys	-	1, 5*
			headache, nose and gum bleeding, colds, flu, fever put in bag containing seeds to discourage damage by seed-borers	-	3, 4
		c) latex	never used for firewood	-	1
			toothache	-	5*



130. <i>Synadenium cupulare</i>	muswoswo	a) latex	black quarter in cattle, sprained limbs	-	1, 4
			boost running power	-	1
			injured eyes in cattle	-	1, 2
		b) root	paralysis, swollen ankles	122 + 199	3, 4
131. <i>Tragia rupestris</i>	tshitondovhe	fruit/inflorescence	promote tooth emergence in babies	-	1
			spines itchy	-	1
132. <i>Tragia sp.</i>	dzaluma	leaves	vegetable, headache, venereal diseases	-	1
FLACOURTIACEAE					
133. <i>Dovyalis caffra</i>	mutunu	a) fruit	edible and frequently eaten	-	1
		b) thorns	to remove pieces of wood or thorns tips from soles of feet		
			to extract marula seed kernels, and in magical protection of homesteads	-	1
			pain in chest,	-	3
amenorrhoea	179 + 199 + 216	3			
make incisions on body for application of medicines	-	2			
134. <i>Oncoba spinosa</i>	mutuzwu	a) root	infertility	-	3
		b) dry fruit shells	dancing rattles	-	4
135. <i>Trimeria grandifolia</i>	muhashaphande, muthethenya	a) fruit	edible and frequently eaten	-	1
		b) wood	craftwork, firewood	-	1
GUNNERACEAE					
136. <i>Gunnera perpensa</i>	shambodavhadzimu	a) leaves	cooked as vegetable	various	1
		b) stem (rhizome)	magical protection of homesteads	various	1
HERNANDIACEAE					
137. <i>Gyrocarpus americanus</i>	mundzhoundzhou	root	wounds	139 + another	3



ICACINACEAE

138. <i>Pyrecantha grandiflora</i>	bwere	root	luck, to evade trouble malaria	various	1
				droppings of hammerhead	2
139. <i>Gladiolus dalenii</i>	phende-phende	bulb	eye sickness wounds earache	-	3
				137 + another	3
				-	3

LAMIACEAE

140. <i>Leonotis mollis</i>	mununzu	flowers	nectar sucked	-	1
141. <i>Mentha aquatica</i>	mpuyuyu	leaves	sore and itchy eyes	-	3
142. <i>Ocimum canum</i>	bunganyunyu	leaves	eye sickness ward off mosquitoes	-	3
				-	1
143. <i>Plectranthus loxiflorus</i>	bunganyunyu	leaves	repellent for mosquitoes eye sickness	-	1
				-	3

LAURACEAE

144. <i>Cassytha filiformis</i>	luangalala	root	menorrhagia infertility magic	23+75+156+202+261+	3
				another	
				11+71+75+156+237+	
				261 + three others	
				various	1

LILIACEAE

145. <i>Aloe chabaudii</i>	tshikhopha	a) root	venereal disease	23+76+98+241+256	3
			haematuria	-	3
146. <i>Aloe marlothii</i>	bindamutshe	b) leaves	swollen ankles	199 + two others	3
		a) leaves	treatment of seeds 'divhu', etc.	-	1
			blood in faeces	-	3
		b) root	stomach troubles, infection by worms	various	1



147. <i>Aloe micrantha</i>	tshikhopha tshituku	leaves	dysentery in children	various	1
148. <i>Protasparagus buchananii</i>	lufhaladzamakole	a) root	anti-emetic	-	1
			eye sickness	-	3
		b) leaves	amenorrhoea	-	3
		c) whole plant	burnt to disperse clouds	-	1
149. <i>Protasparagus falcatus</i>	govhakhanga	a) leaves	anti-emetic	-	1
		b) root	sprained joints	52	1
			sore throat and dysphagia, anti-emetic, tuberculosis	unidentified 71 + spider-web + unidentified	3 3
150. <i>Sansevieria hyacinthoides</i>	savha	a) root	baby food	various	1
		b) leaves	diarrhoea in children, prophylactic	-	1
			basketry	-	1
LOGANIACEAE					
151. <i>Anthocleista grandiflora</i>	mueneene	a) leaves	to cover millet grains to promote malting, ritual clothing	-	1
			nutrition for cattle	175	3
		b) bark	high blood pressure, pre-treatment of seeds, Venereal D.	-	1
152. <i>Nuxia floribunda</i>	mulanotshi	wood	firewood, fencing posts	-	1
153. <i>Strychnos decussata</i>	mukangala	root	snake-bite	-	1, 3
			protection of homestead against invasion by snakes (Powder sprinkled all around homestead)	-	1
			chastisement of initiates (on stick)	-	2
154. <i>Strychnos madagascariensis</i>	mukwakwa	a) fruit	edible and eaten	-	1
		b) bark	dysmenorrhoea	-	3
		c) root	toothache	-	3
		d) wood	firewood	-	1
155. <i>Strychnos spinosa</i>	muramba	a) fruit	edible, 'swanzwo', soft porridge for woman after giving birth	-	1
			playing wheels by boys	-	2



b) leaves	'swanzwo'	-	1
c) root	purification after birth of twins	-	2
d) wood	firewood and building	-	1

MALPHIGIACEAE

156. Sphedamnocarpus pruriens	azwiili, tsimambe	root	diarrhoea and anti-emetic in children, prophylactic against breast-feeding children diseases during mother's pregnancy	-	1
			stomach troubles, mental illness	-	3
			infertility	11+71+75+144+237+	
			menorrhagia	261 + three others	3
				23+75+144+201+202+	
				261 + another	3

MALVACEAE

157. Hibiscus praeteritus	makhulu wa mutudo	a) fibre	cordage and weaving sieves	-	1
		b) stems	clean reed cavities for musical instruments	-	1
158. Hibiscus trionum	delelemukhwayo	leaves	cooked and eaten as vegetable	-	1
159. Hibiscus vitifolius	muhwidzi	root	vaginal discharge which causes infertility	-	3
			pulsating anterior fontanelle in babies	-	3
			pneumonia	82 + 240	2
160. Pavonia sp.	tshiteaduvha	leaves	cooked and eaten as vegetable	various	1
161. Sida cordifolia	mutudo	a) fibre	cordage and weaving	various	1
		b) stem	clean hollow cavities in reeds	-	1

MELIACEAE

162. Ekebergia capensis	mudouma	a) leaf	skin diseases, headaches, chronic coughs	-	5*
		b) bark	emetic	-	1, 5*
			dysentery	110	3, 5*
			backache, headaches	-	1, 3

		c) wood	furniture	-	5*
		d) whole tree	ornamental and shade	-	1, 5*
163. Entandophragma caudatum	munzhounzhou	a) fruit	playing instruments (zihwilili)	-1	
		b) sap	tanning	-	5*
164. Melia azedarach	muserenga	a) fruit	frequently eaten	-	1
		b) whole plant	ornamental and windbreaker	-	1
165. Trichilia dregeana	mutuhu	a) bark	enema for men - to clean the stomach, kidneys and blood	-	1, 3
		b) whole tree	ornamental	-	1
166. Trichilia emetica	mutshikili	a) fruit	edible and eaten, condiment, cooking oil, 'mudo'	-	1, 4, 5*
			furniture oil		
		b) bark	enema for men (general cleaning of kidney & blood)		1, 3, 5*
			stomach troubles*, laxative,		3, 5*
			worms	118	3
		c) whole tree	ornamental	-	1
167. Bersama tysoniana	sando	root, leaf & semi-parasite	bad luck	various	1
MENISPERMACEAE					
168. Cissampelos torulosa	lukandululo	a) whole plant	ritual purification	various	1
		b) leaves	vegetable	various	1
MIMOSACEAE					
169. Acacia albida	muhoto	a) bark	infant food mixture, venereal diseases, diarrhoea*	-	1, 5*
		b) whole plant	shade and beauty	-	1
170. Acacia ataxacantha	muluwa	a) root bark	aphrodisiac	various	1
		b) branches	basketry and fencing	various	1,4a
		c) wood	firewood	-	1
171. Acacia burkei	munanga	wood and branches	fencing and building, firewood	-	1,5*



172. <i>Acacia karroo</i>	muunga	a) gum	edible	-	1, 5*
		b) bark	palatable when chewed, fibre	-	1
			emetic, coagulant, dysentery, diarrhoea, colic, colds inflammation of eyes, tulip poisoning in cattle, basketry & ropes	-	5*
		c) wood and branches	inhabited by edible worms, firewood, fencing	-	1
d) thorns	magic	-	1		
	heart pains	187	3		
173. <i>Acacia nigrescens</i>	tshinangana	wood and branches	fencing, firewood	-	1, 5*
174. <i>Acacia tortilis</i>	musu	a) gum	chewed	-	1
		b) fruit	gathered for goats and sheep feeding	-	1
		c) bark	fibre	-	1
		d) wood and branches	hedge fending, firewood	-	1, 5*
		e) thorns	removal of thorns from soles of feet as well as kernels from marula seeds	-	1
175. <i>Albizia adianthifolia</i>	muelela, muvhadangoma	a) leaves and root	stomach-ache, purgative, toothache	-	1
			dysentery, piles	21 + 127 + 268	1
			food for cattle	155	3
		b) root	boosting memory and promoting dreams about medicinal plants inflammation of the eyes*	-	1 5*
		c) wood	carving drums and other household implements	-	1
		d) whole plant	shade and as ornamental	-	1
176. <i>Albizia anthelmintica</i>	muime	root	venereal disease	256	3
177. <i>Albizia brevifolia</i>	mupalakhwali	a) leaf and fruit	abdominal pains	-	1
		b) root	baby food, infertility, headache*, purgative*, sore eyes*	-	1, 5*
			amenorrhoea	133+179+199+216	3
c) wood	craftwork	-	1, 5*		
178. <i>Albizia tanganyicensis</i>	mulelu	root	for athletes who run	legs of birds	3
179. <i>Albizia versicolor</i>	mutambapfunda, muvhambangoma	a) bark	eye diseases, aphrodisiac, 'divhu', bilharzia, general cleaning of stomach and blood, luck, wounds and sores	various	1
			venereal diseases	96 +259	1, 3
b) wood	craftwork	-	1		

		c) whole plant	shade and ornamental	-	1	
180.	<i>Dichrostachys cinerea</i>	murenzhe	a) leaf	eye diseases	-	1, 3
			b) bark (root & stem)	promote hardening of baby's or adult's fontanelle		
				dislocated joints	-	1, 3
				ngoma, toothache, and stomach troubles, snake-bites		
				and scorpion stings	-	1
				sore throat	-	3
				infertility	11 + 25 +116	3
				wounds, headaches, tuberculosis	-	5*
			c) fruit	festering sores,	-	1, 3
				wounds	199 + 268	3
			d) semiparasite	witchcraft (practice and prevention)	-	1
			e) wood and branches	fencing, firewood, craftword	-	1, 5*
				luck	-	1
181.	<i>Elephantorrhiza burkei</i>	gumululo, tshisesevhafu	root	bathe long time convalescent (#ukumulula'), general cleaning of body systems, regulation of menstruation, venereal diseases, aphrodisiac	-	1
				miscarriage	-	3
MORACEAE						
182.	<i>Ficus burkei</i>	muumo	a) fruit	eaten by all	-	1
			b) latex	birdlime	-	1
			c) semiparasite	madness	various	1
			d) whole plant	ornamental	-	1
183.	<i>Ficus capensis</i>	muhuyu-ngala	a) fruit	tuberculosis	185	3
			b) root	diarrhoea	76	3
184.	<i>Ficus ingens</i>	tshikululu	a) fruit	edible	-	1
			b) whole plant	ornamental	-	1
			c) bark	milk production in cows, anemia	-	5*
185.	<i>Ficus sycomorous</i>	muhuyu-lukuse	a) fruit	edible, promote lactation in goats and cattle tuberculosis	- 183	1, 4, 5* 3



		b) root or bark	colds and other chest troubles, diarrhoea	-	1, 5*
			ingredient of medicines in 'thufhana'	various	1
		c) fibre	sieves and cordage	-	1, 5*
		d) whole plant	shade and ornamental	-	1
186.	Ficus sp.	mutambvu ^A	a) fruit	edible, promote milk production	- 1
			b) bark	medicinal information on bark unavailable	- 1
			c) whole plant	ornamental and shade	- 1
MUSACEAE					
187.	Musa paradisiaca	muomva	fruit	heat pains	172 3
				eaten	- 1
188.	Musa sp.	mulolo	leaf and leaf sheath	weaving, cordage, to hold snuff	- 1
MYROTHAMNACEAE					
189.	Myrothamnus flabellifolius	mukangambanzhe	whole plant	colds and other chest complaints, nose bleeding, fainting	- 1
MYRSINACEAE					
190.	Maesa lanceolata	muunguri	a) leaves	cover grain to promote malting, dressing at initiation	- 1, 4
				schools	- 1
			b) whole plant	ornamental	- 1
			c) root	infertility	4+198+219+223+261 3
191.	Rapanea melanophloes	tshididiri ^A	bark	sore throat, wounds (dressing)	- 1
192.	Eugenia natalitia	museri	wood	building and fencing posts, craftwork	- 1
193.	Heteropyxis natalensis	mudedede	a) fresh leaves	weaning	- 3
			b) root	menorrhagia	- 3
				drug for woman with physical defect	11 + 89 2
194.	Psidium quajava	mugwavha	root	venereal disease	56 3

195. <i>Syzygium cordatum</i>	mutu ^	a) fruit	edible	-	1, 4, 5*
		b) leaves	stomach troubles, colds and fevers	-	1
		c) bark or root	ingredient of baby food	-	1
			headache, amenorrhoea wounds	- 117 + 259	3 3
196. <i>Syzygium guinense</i>	mutumadi ^ ^	a) fruit	edible	-	1, 5*
		b) bark	ingredient of baby food medicine, diarrhoea	-	1, 5*
197. <i>Syzygium legatii</i>	mutawi ^	fruit	edible	-	1
NYMPHAEACEAE					
198. <i>Nymphaea capensis</i>	muranbodane,shamboda	a) leaves	to avoid having twins	-	3
		b) root	infertility	4+190+219+223+261	3
OCHNACEAE					
199. <i>Brackenridgea zanguebarica</i>	mutavhatsindi ^	root and bark	magic	various	1
			magic	250+251+255+261	2
			wounds	180 + 268	3
			swollen ankles	122 + 130	3
			amenorrhoea	133 + 179 + 216	3
			worms	-	3
			mental illness	owl meat + another parasitic plant	3 3
200. <i>Ochna arborea</i>	muranbothavha	root	for mothers who deliver weak or dead babies	-	3
OLACACEAE					
201. <i>Ximenia americana</i>	dadzwanombe ^	a) fruit	edible and often enjoyed	-	1
			seed for 'mudo' (polish)	-	1
		b) root	diarrhoea, dysentery, febrifuge	-	1



			menorrhagia, blood in faeces	23+75+144+156+202+ 261	3
		c) semiparasite	magic	85 + 86	1
202. <i>Ximenia caffra</i>	mutshili	a) fruit	edible and often enjoyed by most people	-	1, 5*
		b) seed	seed for 'mudo' (polish)	-	1
		c) root	blood in faeces	-	1, 3
			diarrhoea, febrifuge, ingredient in 'dzovheyo'	-	1
			cough	82	3
			menorrhagia	23+75+201+144+156+ 261	3
			infertility, venereal diseases, eye sickness, indigestion, headache, etc.	-	3, 5*
			venereal diseases	19	3
			scurvy	-	2
		d) fibre	weaving 'thahu'	10	2
OLEACEAE					
203. <i>Olea capensis</i>	musiri	root	swollen joints and broken bones	228	3
204. <i>Schrebera alata</i>	mulingwi	dry leaves	anti-emetic for children	unidentified	3
OXALIDAE					
205. <i>Oxalis semiloba</i>	mukulungwane	leaves	tart	-	1
PAPILIONOIDEAE					
206. <i>Crotalaria</i> sp.	murundelatshotshi, nduhushango	root	cholic and stomach troubles in general, venereal diseases	-	1
207. <i>Dalbergia melanoxylon</i>	muuluri	a) wood	making divination articles ('thangu')	-	1, 4
		b) bark	prevent excessive bleeding	-	3
		c) root	headache	-	5*



208. Eriosema ellipticifolium	mundodzi ^A	fruit	edible and eaten	-	1
209. Erythrina lysistemon	muvhale	a) bark	toothache	-	1
		b) whole tree	windbreaker and ornamental	-	1, 5*
210. Indigofera arrecta	muswiswa, mualigatsibi	a) root	ngoma (depressed fontanelle), diarrhoea in children tuberculosis in children	-	1 3
		b) entire plant	dye for fibre articles and iron anklets	-	1
211. Lonchocarpus capassa	mufhanda	a) entire plant	diarrhoea	-	3
		b) root	gastrointestinal disorders	-	3
212. Millettia stuhlmanii	muangaila	root	magical protection of homesteads and property	various	1
			stomach-ache	-	3
213. Mucuna coriacea	mulada ^A	a) root	toothache	-	1
		b) hairs	must be avoided, treacherously used	-	1
214. Mundulea sericea	mukundandou ^A	root bark	prophylactic (general)	-	1
			aphrodisiac	-	4
			purification of spouses after abortion	urine from both	2
			aphrodisiac	228 + 230	3
			regulate sex of unborn child	9	3
215. Ormocarpum trichocarpum	mugogodwane	a) root	magical protection	various	1
		b) leaves	entertainment (children pseudofamily games -- 'mahundwane')	-	1
		c) wood	firewood	-	1
216. Pterocarpus angolensis	mutondo	a) bark	piles, amenorrhoea, promote blood formation	-	1
			amenorrhoea	133+179+199+177	3
			menorrhagia	23	1, 3
			venereal diseases	65 + 98 + 202	3
		b) fruit	gonorrhoea, haematuria, bilharzia	-	3
			whooping cough	-	3
			amenorrhoea, headache, ngoma	-	3
			craftwork, fencing, magic (to doctor land)	-	1, 5*
217. Vigna vexilata	musivha	root tuber	famine food	-	1



PASSIFLORACEAE

218. <i>Adenia digitata</i>	dundu	a) leaves	edible and cooked as vegetable with stem for delayed childbirth	various	1
				-	1
		b) root	earache	-	1
			swollen legs wean child	- 26	3 2
219. <i>Adenia gummifera</i>	bopha, beleha	a) leaves	vegetable	-	1
		b) root	menorrhagia infertility	219 4+190+198+223+261	3 3
		c) whole plant	binding	-	1, 2
220. <i>Adenia spinosa</i>	tshivhuyudumbu	bark	to promote strength and weight increase in babies	various	1

PEDALIACEAE

221. <i>Dicerocaryum zanguebaricum</i>	museto [^]	a) leaves	soap substitute	-	1
		b) whole plant	expulsion of placenta in cattle expulsion of placenta in humans and easy delivery black quarter disease in cattle aid in birth-giving	- - - -	1 3 1 2

PHYTOLACACEAE

222. <i>Phytolacca octandra</i>	vowa, thebe	a) leaves	vegetable	-	1
		b) whole shoot	stimulant and flavourant in snuff	-	1

PIPERACEAE

223. <i>Piper capense</i>	mulilwe	bark	wounds and vaginal discharge	-	3
			infertility	4+190+198+219+261	3
			sore throat, tongue sores and venereal diseases	-	3



POACEAE

224.	<i>Cymbopogon marginatus</i>	fungwi	root	headache	45+71+75+115	3
225.	<i>Cymbopogon validus</i>	benzwa	whole shoot	thatch	-	1
226.	<i>Cynodon dactylon</i>	tshitzhela	whole shoot	hot pressing on cattle udder	-	1
227.	<i>Oxytenanthera abyssinica</i>	musununu	stem	musical instruments (flutes)	-	1, 2
228.	<i>Phragmites mauritianus</i>	lutanga	stem	under-thatch, roofing goat and sheep enclosures, reed doors, courtyard enclosures, musical instruments, smoking pipes, fishing rods, withies, basketry, etc.	-	1
				swollen and broken bones	203	3
				abdominal troubles	11+91+109+258+	
					two unidentified	2
229.	<i>Sporobolus africanus</i>	mushingidzhane	straws (stems)	craftwork (hats, mats, baskets, anklets, etc.)	-	1

POLYGALACEAE

230.	<i>Securidaca longepedunculata</i>	mpesu	a) root	aphrodisiac	-	1, 3, 4
				magic	79 + 85	1
				aphrodisiac	255 + 279	3
				virility	18	3
				impotency	11 + 89	3
				emetic, magic, anthelmintic, purgative		1
				back ache, tuberculosis, gonorrhoea,	-	
				contraceptive		3, 4

POLYGONACEAE

231.	<i>Oxygonum dregeanum</i>	muthanyi	leaves	vegetable	-	1
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PORTULACACEAE

232. <i>Portulaca oleracea</i>	makhulu-wa-luvhisi	leaves	vegetable	various	1
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PROTEACEAE

233. <i>Faurea saligna</i>	mutango	a) leaves	'divhu'	245 + 274	1
		b) root and bark	venereal disease and bilharzia	66	3
		c) root	cough	45+96+111+290	3
		d) wood	craftwork	-	1
234. <i>Protea caffra</i>	dzungu, tshidzungu	a) fruit	dizziness	-	1, 3
		b) fruit and bark	dizziness	-	1, 3

RANUNCULACEAE

235. <i>Clematis brachiata</i>	tshiumbeumbe	fresh leaves	headache	-	3
			headache and colds	-	1
236. <i>Knowltonia transvaalensis</i>	thauyakhomba	branches	withies for basketry (tshidani)	65	2
		leaves	eye disease	-	3

RHAMNACEAE

237. <i>Berchemia discolor</i>	munie	a) fruit	edible	-	1, 5*
			menorrhagia	23 + 71 + 75 + 261	3
		b) bark	infertility	11+71+75+144+158+	3
			purplish dye in basketry and other types of weaving	261 + three others	3
		c) wood	furniture and other household utensils	-	1
			fire-making, building, firewood	-	1, 5*
d) whole plant	shade and ornamental	-	1		
238. <i>Berchemia zeyheri</i>	munie-niane	a) fruit	edible, also to make porridge	-	1, 5*
		b) bark	backache, rectal ulcers in children	-	5*
			purple dye	-	1
		c) wood	woodcraft	-	1, 5*
		firewood, building, fire-making	-	1	



239.	<i>Helinus integrifolius</i>	mupupuma	leaves	soap substitute	-	1
240.	<i>Ziziphus mucronata</i>	mukhalu	a) fruit	edible but not pleasant tasting	-	1, 4, 5*
			b) leaves	pains in the body	-	1, 5*
			c) root	pain in the body	-	1, 3, 5*
				infertility	23+98+115+202	1, 3
				menorrhagia	23 + 98	3
				purification after birth of twins	-	2
			d) branches	hedge fencing	-	1, 4
				put over grave for shade	-	2
ROSACEAE						
241.	<i>Parinari curatellifolia</i>	muvhula	a) fruit	edible, alcoholic beverage	-	1, 4, 5*
			b) bark	pelvic pains, abdominal troubles, wounds	22	1
				venereal disease	-	1
				toothache	283	3, 4
			c) root	venereal disease	23+76+98+145+256	3
				ear drops, cataract of eye	-	5*
142.	<i>Rubus pinnatus</i>	munambala	a) fruit	edible	-	1
			b) root	chronic diarrhoea, chest complaints	-	1
RUBIACEAE						
243	<i>Breonadia microcephala</i>	mutulume	root	tachycardia	-	3
244.	<i>Canthium huillense</i>	muvhibvelashadani	a) fruit	edible	-	1
			b) wood	craftwork, firewood	-	1
245.	<i>Canthium mundianum</i>	mutomboti	a) fruit	edible	-	1
			b) leaf	divhu	233 + 274	1
			c) root	abdominal pains	-	3
246.	<i>Canthium sp.</i>	mulimakhoda	a) fruit	edible	-	1
			b) thorns	extract marula seeds, magic	-	1
247.	<i>Cephalanthus natalensis</i>	murondo	fruit	edible	-	1



248. <i>Conostonium natalense</i>	ndilele	root	magic	-	1
			love charm	-	2
249. <i>Fadogia tetraquetra</i>	tshiliso [^]	root	'tshiliso'	-	1
250. <i>Gardenia amoena</i>	murombe	a) fruit	edible	-	1
		b) wood	firewood, hedge fencing	-	1
		c) root	magic	199+251+255+261	2
251. <i>Gardenia volkensii</i>	tshiralala	a) leaf	with root - wean a child, encourage walking		1
		b) fruit	'mituhu'-blood or poison - sucking impliments, medicine containers		1
		c) wood sticks	magic	various	1, 4
			magic	199+251+255+261	2
		d)root	with leaf - wean a child, encourage walking	-	1
252. <i>Pachystigma macrocalyx</i>	muzwilungala	root	aphrodisiac	-	3
253. <i>Pavetta lanceolata</i>	tshituku	dry leaves	anti-emetic	-	3
254. <i>Rothmania capensis</i>	murathamapfene [^]	a) fruit	wounds and burns	-	3
		b) wood	firewood	-	1
			woodcraft	-	4
255. <i>Vangueria infausta</i>	muzwilu	a) fruit	edible	-	1
		b) root	infertility in women, magic	-	1
			aphrodisiac	230 + 279	3
			magic	199+250+251+261	2
RUTACEAE					
256. <i>Citrus limon</i>	tshikavhavhe	root	venereal diseases	-	5
			venereal diseases	23+76+98+145+176	3
257. <i>Toddalia aculeata</i>	gwambadzi	root	heart pains and headache	-	3



258.	<i>Xanthoxylum davyi</i>	munungu	a) leaves	chest pains	-	3
			b) thorns	infected wounds	117 + 195	3
			c) root	sore throat, ulcers in oral cavity	-	1, 3
				aphrodisiac	-	3
				venereal diseases	96 + 179	3
			d) bark	snake-bite, chronic cough, boils, toothache, pleurisy	-	5*
SALICACEAE						
259.	<i>Salix subserrata</i>	munengeledzi	root	ntswu (baby food), stomach pains, magic abdominal troubles	various 11+91+109+228+ two sedges	1 2
SALVADORA						
260.	<i>Salvadora angustifolia</i>	mundamuka	leaves	nose bleeding	-	3
SANTALACEAE						
261.	<i>Osyris lanceolata</i>	mpeta	a) root	magic	various	1
				styptic effects on wounds	-	3
				menorrhagia	23+71+75+96+237	3
				infertility	11+71+144+156+237+ three others or	3
				war medicine	4+190+198+219+223	3
					71 + heart of hammerhead	2
				venereal diseases	-	3
			b) sticks	magic, to stir beer	-	1
				magic	199+250+251+255	2
				charm: protection against disease, ancestors and enemies	vhulivhadza	2
SAPINDACEAE						
262.	<i>Pappea capensis</i>	murodololo	a) fruit	edible, alcoholic beverage	-	1, 5*



b) leaf	painful eyes, venereal diseases, aphrodisiac	-	1, 5*
c) wood	firewood, house-hold utensils	-	1, 5*

SAPOTACEAE

263. Bequaertiodendron magalimontanum	munombelo	a) fruit	edible, alcoholic beverage	-	1, 4, 5*
		b)	abdominal pains, to invoke ancestral spirits during 'malombo' dance, contraceptive rheumatism	- -	1 5*
264. Mimusops zeyheri	mububulu	a) fruit	edible, alcoholic beverage	-	1, 5*
		b) root	abdominal complaints, insanity	various	1

SCROPHULARIACEAE

265. Halleria lucida	mudula	a) fruit	edible	-	1
		b) root	earache	-	1

SOLANACEAE

266. Datura stramonium	zavhazavha	leaves	snuff ingredient, insanity, venereal disease	various	1
267. Physalis peruviana	murungudane	a) leaf	vegetable, abdominal disorders	-	1
		b) fruit	edible	-	1
268. Solanum aculeastrum	mushulwa	a) fruit	anti-emetic	-	1
			piles, dysentery	21 + 127 + 175	1
			burning and itchy defaecation	-	3
			wounds	180 + 199	3
		b) branches	hedge fencing	-	1
c) living plant	living fence	-	1		
269. Solanum nigrum	muxe	leaves	vegetable, malaria, dysentery, cholagogue	-	1
270. Solanum panduraeforme	mutululwa	a) fruit	wounds, toothache	-	1
			headache	-	3

b) fruit juice	promote drying of umbilical cord	-	2
c) root	indigestion in children and adults, other stomach disorders	166	1, 3
	ulcers, anti-emetic, toothache	-	1
	piles, rheumatic	21 + 127 + 175	1

STERCULIACEAE

271. <i>Dombeya rotundifolia</i>	tshiluvhari	a) bark	fevers, headaches, stomach troubles, cordage	-	5*
		b) root	infertility	-	1
			colic, stomach problems	-	5*
		c) wood	furniture	-	5*
		d) flowers	seasonal indicator	-	1
272. <i>Hermania glanduligera</i>	manyamanye	root	swollen or expanded veins on abdomen	-	1

THYMELAEACEAE

273. <i>Passerina montana</i>	musanana	a) fibre	cordage	-	1
		b) branches	thatch, brooms	-	1
274. <i>Peddia africana</i>	gokodzalulimi	a) fibre	weaving and cordage	-	1
		b) root	'divhu'	233 + 245	1

TILIACEAE

275. <i>Corchorus tridens</i>	delele	leaves	vegetable	various	1
276. <i>Grewia bicolor</i>	murabva	a) fruit	edible	-	1
		b) leaves	tea	-	1
		c) root	chest complaints, diarrhoea	-	1
		d) bark	cordage - fibre	-	1
		e) branches	lashes, laths, fire-making	-	1
		f) whole plant	firewood	-	1



277. <i>Grewia flavescens</i>	muparatsheni	a) fruit	edible	-	1
		b) root	inducing labour, infertility and impotency	-	1
		c) branches	lashes, wattles, discipline	-	1
		d) whole plant	firewood	-	1
278. <i>Grewia hexamita</i>	murabva-pfene	fruit	edible	-	1, 5*
279. <i>Grewia microthyrsa</i>	mupfuka	a) fruit	edible	-	1
		b) branches	wattles	-	1
		c) root	infertility	96 + 116	3
			aphrodisiac	230 + 255	3
280. <i>Grewia occidentalis</i>	mulembu	a) leaves	vegetable	-	1
		b) root	syphilis	293	1
281. <i>Grewia villosa</i>	mupunzu	a) fruit	edible	-	1
		b) root	medicine - unknown	-	1
		c) branches	laths, lashes	-	1
		d) whole plant	firewood	-	1
282. <i>Triumfetta pilosa</i>	tshimvumvu	leaves	eye disease	-	3
ULMACEAE					
283. <i>Celtis africana</i>	mumvumvu	a) bark	magic	-	1, 5*
			nose and ear drops	241	3
			toothache	241	3
		b) branches-sticks	magic	various	1, 5*



URTICACEAE

284. <i>Obetia tenax</i>	muvhazwi, muugana, muendanathavha	a) leaves	vegetable - potherb	-	1
		b) fibre	cordage	-	1
		c) root	snake-bite	-	1
285. <i>Pouzolzia mixta</i>	muthanzwa	a) leaves	edible, vegetable	various	1
		b) root	divhu, dysentery, magic	-	1

VELLOZIACEAE

286. <i>Xerophyta retinervis</i>	tshikundandadzi	stem	prevent uterine lesions after child birth	228	3
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VERBENACEAE

287. <i>Clerodendrum glabrum</i>	munukhatshilongwe	a) leaves	sore throats, colds, magic	-	1
		b) root	fractured bones	-	3
		bark			
288. <i>Lantana camara</i>	tshidzimbambule	fresh leaves	eye injuries	-	3
289. <i>Lantana rugosa</i>	tshidzimbambule	a) fruit	edible		
		b) leaves	sore or painful eyes	-	1, 3
		c) root	promotes strong and lusty growth in children	-	2
290. <i>Lippia javanica</i>	musudzungwane	a) leaves	colds, headaches, stomach disorders, malaria, dysentery and diarrhoea, general	-	1, 3
		b) root	sprained joints	-	1, 3
			cough	45+96+111+233	3

VITACEAE

291. <i>Rhoicissus capensis</i>	dyathoho	fruit	edible	-	1
292. <i>Rhoicissus tridentata</i>	murumbulambudzana	a) fruit	edible	-	1
			blood in faeces	10 + 202	3



b) root	stomach disorders in children, blood in faeces	-	1, 3
	pulsating anterior fontanelle in babies, infertility	-	3
c) leaves	anti-emetic for children	-	3

ZYGOPHYLACEAE

293. <i>Tribulus terrestris</i>	tsetwana ^	a) leaves	vegetable	-	1
		b) whole plant	syphilis	280	1
294. <i>Tribulus zeyheri</i>	tseto ^	leaves	vegetable	various	1