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Appendix 1: Permission from Faculty of Humanities Research proposal and Ethics Committee, University of Pretoria.

18 October 2005

Dear Doctor Carbonatto

Project: The biopsychosocial factors influencing HIV/AIDS patient adherence to antiretroviral therapy (ART): a social work study

Researcher: M Spies
Supervisor: Dr CL Carbonatto
Department: Social Work and Criminology
Reference number: 7713215

Thank you for the application you submitted to the Research Proposal and Ethics Committee, Faculty of Humanities.

I have pleasure in informing you that the Research Proposal and Ethics Committee formally approved the above study on 6 October 2005. The approval is subject to the candidate abiding by the principles and parameters set out in her application and research proposal in the actual execution of the research.

The committee requests you to convey this approval to Ms Spies.

We wish you success with the project.

Sincerely

[Signature]

Prof Brenda Louw
Chair: Research Proposal and Ethics Committee
Faculty of Humanities
UNIVERSITY OF PRETORIA