



**FACILITATING DISCLOSURE OF CHILD SEXUAL ABUSE VICTIMS IN THE  
MIDDLE CHILDHOOD: A FORENSIC INTERVIEW PROTOCOL FOR SOCIAL  
WORKERS**

by

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## OPSOMMING

# FASILITERING VAN ONTHULLING VAN KINDERSLAGOFFERS VAN SEKSUELE MISBRUIK IN DIE MIDDELKINDERJARE: 'N FORENSIESE ONDERHOUDSVOERINGSPROTOKOL VIR MAATSKAPLIKE WERKERS

deur

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In hierdie studie word daar gefokus op die ontwikkeling, implementering en evaluering van 'n navorsingsgebaseerde forensiese onderhoudsvoeringsprotokol vir maatskaplike werkers in Suid-Afrika. Die doel daarvan is om die maatskaplike werkers se kennis, begrip en vaardighede te verbeter ten opsigte van forensiese assesseringsonderhoude met kinderslagoffers van seksuele misbruik.

Die motivering vir die studie het sy oorsprong in die feit dat huidige wetgewing vereis dat alle vermoedens van seksuele misbruik van kinders aangemeld word by maatskaplike werkers of die Suid-Afrikaanse Polisiediens. Maatskaplike werkers moet dikwels beweringe van seksuele misbruik hanteer in hulle daaglikse werk en moet assesseringsonderhoude voer. Die uitkoms van hierdie onderhoude is dikwels bepalend in die finale uitkoms van regsprosedures.

Die navorsingsprobleem is dat daar tans geen nasionale navorsingsgebaseerde forensiese onderhoudsvoeringsprotokol vir maatskaplike werkers in Suid-Afrika is nie.

'n Kwantitatiewe navorsingbenadering is gevolg. Toegepaste navorsing is gebruik om onmiddellike probleme wat deur professionele mense beleef word, aan te spreek. Daar is van intervensionnavorsing as 'n navorsingsmetodologie gebruik gemaak. 'n Kwasi-eksperimentele ontwerp is toegepas waar die twee groepe vergelyk is.

Die hipotese vir hierdie studie is:

*Indien hierdie onderhoudsvoeringsprotokol toegepas word in sake van beweerde seksuele misbruik van kinders in die middelkinderjare, sal dit die onthulling in 'n meer geregtelik aanvaarbare en verdedigbare wyse fasiliteer.*

'n Self-ontwikkelde oorsiglys (checklist), bestaande uit 119 beginsels, is saamgestel na 'n intensieve literatuurstudie, konsultasies met deskundiges, en ook uit ervaring van die navorser. Die oorsiglys is as metingsinstrument gebruik.

Die navorser het die nuut-ontwikkelde onderhoudsvoeringsprotokol toegepas gedurende onderhoude met tien dogters in die middelkinderjare wie na bewering seksueel misbruik is (eksperimentele groep). Die onderhoude is op audiobande opgeneem en geëvalueer deur middel van die self-ontwikkelde oorsiglys. 'n Onafhanklike maatskaplike werker, wat die res van maatskaplike werkers in Suid-Afrika verteenwoordig, het ook onderhoude met tien dogters gevoer (dieselfde ouderdomme as die eksperimentele groep) wie na bewering seksueel misbruik is (vergelykende groep). Hierdie maatskaplike werker het egter haar eie onderhoudsprotokol gebruik gedurende onderhoude. Hierdie onderhoude is ook opgeneem op audiobande en is geëvalueer deur middel van die oorsiglys. Die navorser het die kodering van beide die eksperimentele en vergelykende groepe gedoen. 'n Onafhanklike professionele persoon het 'n steekproef van 50% van al die onderhoude gekodeer. Al die data is aan die Departement Statistiek by die Universiteit van Pretoria gegee, wat die statistiese verwerkings uitgevoer het.

In hoofstuk twee is die seksuele misbruik van kinders as verskynsel bespreek en aspekte waarvan onderhoudsvoerders moet kennis te dra, is beklemtoon.

In hoofstuk drie is alle aspekte van kinderontwikkeling bespreek. Aspekte ten opsigte van kinderontwikkeling wat gedurende die forensiese onderhoude geakkommodeer behoort te word, is ondersoek. Hoofstuk vier fokus op onderhoudsvoeringstegnieke en internasionale riglyne ten opsigte van forensiese onderhoude. Hierdie inligting is gebruik om die voorgestelde forensiese onderhoudsvoeringsprotokol te ontwikkel. In hoofstuk vyf is die voorgestelde sewe-fase forensiese onderhoudsvoeringsprotokol bespreek.

In hoofstuk ses is alle versamelde data gekwantifiseer, geanalyseer en geïnterpreteer met die hulp van die Departement Statistiek van die Universiteit van Pretoria. Die statistiese verwerking toon dat daar tussen die vergelykende en eksperimentele groep 'n statistiese verskil in vyf van die sewe fases is.

As gevolg van die klein steekproef (10 kinders in elke groep) word daar nie veralgemenings gemaak nie, maar dit wil blyk dat die nuut-ontwikkelde sewe-fase forensiese onderhoudsvoeringsprotokol nie tans in sy totaliteit in die maatskaplike werk professie gebruik word nie. Verdere studies met 'n groter steekproef kan die werklike bydrae in die praktyk bevestig.

Gevolgtrekkings en aanbevelings (hoofstuk 7) uit hierdie studie word gemaak aan die hand van die proses wat gevolg is in die onwikkeling en implementering van die sewe-fase forensiese onderhoudsvoeringsprotokol.

## SUMMARY

# FACILITATING DISCLOSURE OF CHILD SEXUAL ABUSE VICTIMS IN THE MIDDLE CHILDHOOD: A FORENSIC INTERVIEW PROTOCOL FOR SOCIAL WORKERS

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This study focuses on the development, implementation and evaluation of a research-based legally defensible forensic interview protocol for social workers in South Africa in order to improve the social worker's knowledge, understanding and skills regarding forensic assessment interviews in the field of child sexual abuse.

The motivation for the study has its origin in the fact that current legislation in South Africa requires that all cases of alleged sexual abuse have to be reported to either social workers or the South African Police Service. Social workers often find themselves having to deal with allegations of sexual abuse, and are faced with the challenging task of conducting assessment interviews, where the result of such interview will be a determining factor in the final outcome of the legal proceedings. The research problem is that there is currently no national research-based forensic interview protocol for social workers in South Africa.

A quantitative research approach was followed. Applied research was used to address immediate problems that are encountered by professionals in practice. Intervention research was used as research methodology. The quasi-experimental design was applied where a comparison of two groups were done.

The hypothesis formulated for this study is:

*If this interview protocol will be applied in cases of alleged sexual abuse against children of the middle childhood, it would facilitate the disclosure in a more legally acceptable and defensible manner.*

An interview protocol with seven definite phases was developed. A self-developed checklist consisting of 119 fundamentals compiled from comprehensive literature study, consultations with experts and extensive experience of the researcher, was used as a measuring instrument.

The researcher applied the newly developed interview protocol with ten girls (experimental group) in the middle childhood who have allegedly been sexually abused. The interviews were audio-recorded and evaluated by means of the self-developed checklist. An independent social worker also interviewed ten allegedly sexually abused children (comparison group) of the same age and gender as the experimental group. This social worker, however, made use of her own interview protocol. She represents the social workers in South Africa. The interviews were also audio-recorded and evaluated by means of the self-developed checklist. An independent professional person coded a sample of 50% of all interviews. All data were submitted to the Department Statistics of University of Pretoria who has done the statistical analysis.

In chapter two the phenomenon of child sexual abuse is discussed and aspects that interviewers need to take in consideration were highlighted.

In chapter three all aspects of child development are discussed. Developmental issues which need to be accommodated during forensic interviews are explored. Chapter four focuses on interview techniques in the forensic context, and

international guidelines on forensic interviews were explored. This information was used to develop the proposed forensic interview protocol. In chapter five the proposed seven-phase forensic interview protocol was discussed.

In chapter six all the data that was collected was quantified, analysed and interpreted with the assistance of the Department of Statistics of the University of Pretoria. The statistical analysis showed that in five of the seven phases a statistically significant difference was found between the experimental and comparison groups. The results suggest that the seven-phase forensic interview protocol was successfully implemented, and could be considered a new development and thus a contribution to the social work profession. However further research with a larger sample of children is needed.

Conclusions and recommendations (chapter 7) of this study are put forward in accordance with the process that was followed in developing and implementing the interview protocol which would assist social workers when dealing with alleged victims of child sexual abuse.

## KEY WORDS

Disclosure  
Forensic  
Interview  
Interviewer  
Protocol  
Social worker  
Child sexual abuse  
Child development  
Material mistakes  
Interviewing techniques  
Leading questions  
Free narrative

## SLEUTERTERME

Onthulling  
Forensies  
Onderhoud  
Onderhoudsvoerder  
Protokol  
Maatskaplike werker  
Seksuele misbruik van kinders  
Kinderontwikkeling  
Kernfoute  
Onderhoudsvoeringstegnieke  
Leidende vrae  
Vrye herroeping

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**DEDICATED TO MY MOTHER,  
MY HUSBAND FRANS  
AND  
MY THREE CHILDREN  
DANIéLLE, BEN AND JESTUS**

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