

# A HOLISTIC APPROACH TO CENTRAL AUDITORY PROCESSING, LANGUAGE ABILITIES AND SENSORY INTEGRTATION IN CHILDREN WITH LEARNING DISABILITIES

by

Retha Jeanette Krüger

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Communication Pathology, Faculty of Humanities, University of Pretoria,

Pretoria.

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UNIVERSITEIT VAN PRETORIA





To the memory of Albert



### **ABSTRACT**

Title

: A holistic approach to central auditory processing, language

abilities and sensory integration in children with learning

disabilities

by

Name

: Retha Jeanette Krüger

Leader

: Prof. René Hugo

Co-leader

: Mrs. Nicci Campbell

Department

: Communication Pathology, University of Pretoria

Degree

: M. Communication Pathology

The overlapping nature of central auditory processing disorders, language disorders, learning disabilities and sensory integration dysfunction occurring in the relevant literature, as well as in the clinical setting, suggests the need for an integrated holistic approach to the assessment of and intervention in children diagnosed as having problems in these fields.

Taking into account the South African situation where resources are limited, the aim of this study is to determine whether low technology assessment tools currently used can be utilised to establish the *nature* of the relationship between central auditory processing disorder, language disorder, learning disabilities, and sensory integration dysfunction, in order to facilitate the appropriate *diagnosis and intervention programmes* on the basis of a holistic approach.

The statistical patterns of existing assessment results, used by professionals at a school for remedial teaching, was used to determine correlation. The information obtained indicated that the results obtained from the conventional statistics could be used, (a) to make assumptions regarding the incidence of problems and the progress of the subjects in the school programme and, (b) to show that each individual subject presented with a number of problems which were not limited to one sensory system. The conclusion from these results is that language problems together with learning disabilities can be described as the common factor between the children in the school, but that these problems are not isolated from problems concerning all the modalities.

Phylogenetic analysis was used to determine the problem sub-groups on the assumption that this grouping of problem areas could assist in the establishment of the nature of the relationship between central auditory processing disorder, learning disabilities, language disorder and sensory integration dysfunction. The single inheritance hierarchies provided information, which led to the assumption that the groups of problem areas suggest the existence of a disability group containing problems of auditory, visual, somato-sensory, motor and supra-modal factors. The multiple inheritance groupings enhanced the basic suggestion from the single inheritance groupings and provided additional information, namely, that these groupings may be explained in terms of the functioning of the central nervous system.

The results of both analysis methods are endorsed by the information found in the literature regarding the nature of the relationship between central auditory processing disorders, language disorders, learning disabilities and sensory integration dysfunction.



These results were used to develop a model for diagnosis and intervention of children who have developmental learning disorders. Suggestions made in this study point to a change to be made in the manner of approach to children with developmental learning disorders, this is, from an isolated discipline-specific approach to a holistic approach in evaluation and intervention, in order to incorporate knowledge from the different professional fields to form one umbrella trans-disciplinary approach.

The most important suggestion of the study is thus a change of approach from an isolated approach to a holistic approach, involving a tightly coupled trans-disciplinary professional team, and/or a "new" holistic therapist who incorporates a range of traditional professional skills into a single person.



### **OPSOMMING**

Die oorvleuelende aard van sentrale ouditiewe prosesseringsprobleme, taalprobleme, leerprobleme en sensoriese integrasieprobleme wat voorkom in die literatuur, sowel as in die kliniese opset, dui op die behoefte aan 'n geïntegreerde holistiese benadering tot die evaluasie en intervensie van kinders wat gediagnoseer is met probleme in hierdie terreine.

Met inagneming van die Suid-Afrikaanse situasie, waar hulpbronne beperk is, is die doel van hierdie studie om te bepaal of die laevlaktegnologie-gebaseerde evaluasiegereedskap wat tans in gebruik is aangewend kan word om die *aard* van die verwantskap tussen sentrale ouditiewe prosesserings-, taal-, leer- en sensoriese integrasieprobleme te bepaal, sodat toepaslike *diagnose- en intervensieprogramme* vanuit 'n holistiese oogpunt uitgevoer kan word.

Die statistiese patrone van bestaande evaluasieresultate, soos gebruik deur professionele kundiges by 'n remediërende skool, is gebruik om bepaalde korrelasies te bepaal. Uit die konvensionele statistiese resultate kan, (a) aannames gemaak word ten opsigte van die voorkoms van probleme en die vordering van die proefpersone in die skool se program, en (b) aangetoon word dat elke individuele proefpersoon probleme toon wat nie beperk is tot 'n enkele sensoriese sisteem nie. Die gevolgtrekking wat volg uit hierdie resultate is dat taalprobleme saam met leerprobleme beskryf kan word as die gemeenskaplike faktor tussen die kinders in die betrokke skool, maar dat hierdie probleme nie geïsoleerd is van probleme ten opsigte van al die modalitieite nie.

Vervolgens is filogenetiese analise gebruik om die probleem-subgroepe te bepaal met die aanname dat hierdie groepering van probleemareas van hulp kan wees in die bepaling van die aard van die verband tussen sentrale ouditiewe prosessering-, taal-, leer- en sensoriese integrasieprobleme. Die enkelvoudige oorerwingshierargieë verskaf inligting wat lei tot die aanname dat die groeperings van probleemareas die bestaan onderskryf van 'n disfunksiegroep wat bestaan uit ouditiewe, visuele, somatosensoriese, motoriese en supramodale faktore. Die meervoudige oorerwingsgroeperings ondersteun die bevindings van die enkelvoudige oorerwingsgroeperings, en verskaf ook addisionele inligting, naamlik, dat hierdie groeperings verklaar kan word vanuit die funksionering van die sentrale senuweestelsel.

Die resultate van beide analisemetodes word onderskryf deur inligting in die literatuur ten opsigte van die verhouding tussen sentrale ouditiewe prosessering-, taal-, leer- en sensoriese integrasieprobleme.

Die resultate is gebruik om 'n model vir diagnose en intervensie te ontwikkel vir kinders met ontwikkelingsleerprobleme. Die aanbevelings wat gemaak word, impliseer 'n verandering in die benaderingswyse tot kinders met 'n ontwikkelingsleerprobleem, vanaf 'n geïsoleerde dissipline-spesifieke benaderingswyse tot 'n holistiese benaderingswyse ten opsigte van evaluasie en intervensie, sodat kennis vanuit verskillende professionele gebiede verenig kan word tot een oorkoepelende trans-dissiplinêre benaderingswyse.

Die belangrikste aanbeveling van die studie is dus 'n verandering vanaf 'n geïsoleerde benaderingswyse na 'n holistiese benaderingswyse wat uit 'n nou-gekoppelde transdissiplinêre professionele span bestaan en/of 'n "nuwe" holistiese terapeut wat 'n reeks van tradisionele vermoëns saamvat in 'n enkele persoon.



# TABLE OF CONTENTS

	Chapter	1: 1	Introduction	and	problem	statement
--	---------	------	--------------	-----	---------	-----------

1.1 Introduction	1
1.2 Problem statement, rationale and objective of the study	3
1.2.1 Problem statement	3
1.2.1.1 Typical clinical setting	4
1.2.1.2 Relationship between learning disabilities, central auditory processing	
disorder, language disorder, and sensory integration dysfunction	5
1.2.1.3 Different models and perspectives of inter-sensory perception	6
1.2.1.4 Isolated approaches and lack of agreement in terminology and definition	
of central auditory processing	7
1.2.1.5 The syndrome view of developmental learning disorders	8
1.2.1.6 An integrated approach in the clinical setting	10
1.2.1.7 Teamwork	11
1.2.2 Rationale underlying the study	12
1.3 Discussion of terminology	14
1.3.1 Central Auditory Processing Disorder	14
1.3.2 Language, language disorder and language processing	19
1.3.3 Learning Disability	22
1.3.4.Sensory Integration	24
1.3.5 The holistic approach	25
I.4 Division of chapters	26
1.5 Summary	26



Chapter 2: Overview and discussion of the literature of relevant neuro-physiology
and the development of modalities related to learning

2.1 Introduction
2.2 Neuro-physiology of the modalities concerning learning and associated neuro-
pathology
2.2.1 Neuro-physiology of the sensory systems with emphasis on the auditory
system
2.2.1.1 Sub-cortical systems
2.2.1.2 Cortical areas
2.2.1.2.1 Hemispheric specialisation
2.2.1.2.2 The left hemisphere
2.2.1.2.3 The right hemisphere
2.2.1.3 The neural communication network
2.2.2 Neuro-pathology related to central auditory processing-, language-, and
learning disabilities
2.3 Human development: Development of the modalities related to learning
2.3.1. Development of the auditory system
2.3.2 Development of the visual system
2.3.3 Development of the somato-sensory system
2.3.4 Motor development
2.3.5 Language development
2.4 Multi-modal perception
2.4.1 Development of multi-modal perception
2.4.1.1 Philosophical views of multi-modal development
2.4.1.2 Development of perceptual integration



2.5 Implications of the theoretical findings related to central auditory processing,	
language ability, sensory integration and learning disabilities in support of the	
holistic approach	
2.5.1 Implications for assessment of and intervention in developmental learning	
disorders	
2.5.2 A holistic team approach	
2.6 Summary	P 100-0
Chapter 3: Research methodology	
3.1 Introduction	-
3.2 Aims of the research project	
3.3 Research design	
3.4 Subjects	
3.4.1 Subject criteria	
3.4.1.1 Learning disabilities	
3.4.1.2 Language ability	
3.4.1.3 Peripheral hearing	· <b></b>
3.4.2 Selection of subjects	-
3.4.3 Description of subjects	m (m
3.5 Material and equipment	
3.6 Procedures	
3.6.1 Pilot study	-
3.6.1.1 Description of pilot study subjects	
3.6.1.2 Procedures of the pilot study	
3.6.1.3 Results of the pilot study	
3.6.2 Main study	
3.6.3 Data analysis procedures	



3.6.3.1 Frequency incidence correlation technique	108
3.6.3.2 Phylogenetic relationship analysis	109
3.7 Summary	112
Chapter 4: Results and discussion of the results	
4.1 Introduction	114
4.2 Frequency incidence correlation statistics	115
4.2.1 Admission evaluation data results	118
4.2.2 Most recent evaluation data results	122
4.2.3 Progress in the school programme	124
4.3 Phylogenetic relationships	126
4.3.1 Single inheritance trees	127
4.3.2 Multiple inheritance trees	131
4.3.3 The relationship between results from the single inheritance analysis and	
the multiple inheritance analysis	136
4.3.4 Analysis of the different groupings	139
4.4 Results measured against relevant research	143
4.4.1 Results viewed in the light of human neuro-physiology	143
4.4.2 Results viewed in the light of human development	146
4.4.3 Interpretation of the grouping patterns	147
4.5 Proposed model for evaluation and intervention	150
4.6 Summary	156
Chapter 5: Conclusion, evaluation and clinical implications of the study	
5.1 Introduction	158
5.2 Summary of the study	159
5.3 Evaluation of the study	161
5.4 Clinical implications	164



References	169
5.6 Summary	
5.5 Suggestions for further research	
5.4.3 Proposed model for evaluation and intervention	165
5.4.2 A Holistic approach	165
5.4.1 Developmental learning disorder as a syndrome	164



## LIST OF TABLES

Table 1.1 Theoretical approaches of the basic sciences involved with children with	
learning developmental disorders, with particular emphasis on central	
auditory processing disorders	. 9
Table 1.2 Division of chapters	- 27
Table 2.1 Classification of central auditory processing disorders developed by	
Katz(1992) and Bellis (1996)	- 48
Table 2.2 Theoretical views of developmental psychology	53
Table 2.3 Phases of motor behaviour	61
Table 3.1 Phases of the research design	91
Table 3.2 Description of the variables present in the nineteen subjects	95
Table 3.3 Description of problem areas under investigation	97
Table 3.4 Results of the pilot study	- 102
Table 4.1 Problem areas presented in the order of frequency of occurrence	116
Table 4.2 Determination of maximum size groups, starting from left for the	
admission test results	- 119
Table 4.3 Obtaining of maximum size groups, starting from the left for the most	
recent test results	123
Table 4.4 Results of the single inheritance tree on the admission test results	129



# LIST OF FIGURES

Figure 2.1	Overview of the subdivisions of the central nervous system
Figure 2.2	The ascending auditory pathways
Figure 2.4	Landmarks associated with the modalities of learning of the left cerebral
hen	nisphere
Figure 2.4	Complementary specialisation of cerebral hemispheres
Figure 2.5	The general information-processing model
Figure 2.6	Representation of examples of different aspects present in children
with	developmental learning disorders
Figure 2.7	Inter- and intra-disciplinary co-operation in the case of developmental
Lea	rning disorder
Figure 3.1	Procedural sequence
Figure 3.2	Number of problems per subject for the pilot study
Figure 3.3	An example of a class hierarchy
Figure 3.4	Example of a multiple inheritance tree
Figure 4.1a	Percentage problems identified during tests presented in descending
orde	er of frequency of occurrence
Figure 4.1	b Percentage problems identified during tests presented in descending
orde	er of frequency of occurrence
Figure 4.2	Percentage problems identified with the most recent evaluation
Figure 4.3	Difference between the admission and most recent evaluation
Figure 4.4	The single inheritance tree as found by the Consense analysis
Figure 4.5	Single inheritance tree based on the Consense tree obtained from the
Doll	op phylogenetic analysis
Figure 4.6	Multiple inheritance class structure



Figure 4.7 Relationship between the results from the single inheritance analysis	
and the multiple inheritance analysis	137
Figure 4.8 A possible interpretation of the grouping patterns	148
Figure 4.9 Overlapping of respective professional fields working on problem areas -	151
Figure 4.10 Overlapping of respective intervention programmes	153
Figure 4.11 Proposed consolidation of intervention programmes	155