

COPY DISK APPENDIX F: DESCRIPTIVE STATISTICS OF
MENSTRUAL HISTORY QUESTIONNAIRE

Frequencies of Health questionnaire

Table 1: Pre:History of Osteoporosis in family

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	3	3.6	3.7	3.7
	No	79	95.2	96.3	100.0
	Total	82	98.8	100.0	
Missing	System	1	1.2		
Total		83	100.0		

Table 2: Pre:Diagnosed or treated for Low bone density

		Frequency	Percent
Missing	System	83	100.0

Table 3: Pre:Diagnosed or treated for Scoliosis

		Frequency	Percent
Missing	System	83	100.0

Table 4: Pre:Diagnosed or treated for Anorexia Nervosa

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	1	1.2	100.0	100.0
Missing	System	82	98.8		
Total		83	100.0		

Table 5: Pre:Diagnosed or treated for Bulimia Nervosa

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	1	1.2	100.0	100.0
Missing	System	82	98.8		
Total		83	100.0		

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Table 6: Pre:Suffered stress fracture

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	6	7.2	7.3	7.3
	No	76	91.6	92.7	100.0
	Total	82	98.8	100.0	
Missing	System	1	1.2		
Total		83	100.0		

Table 7: Pre:Had a menstrual period

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	82	98.8	100.0	100.0
Missing	System	1	1.2		
Total		83	100.0		

Table 8: Pre:Age of first menstrual period

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	11	5	6.0	6.1	6.1
	12	6	7.2	7.3	13.4
	13	21	25.3	25.6	39.0
	14	24	28.9	29.3	68.3
	15	15	18.1	18.3	86.6
	16	7	8.4	8.5	95.1
	17	1	1.2	1.2	96.3
	18	2	2.4	2.4	98.8
	19	1	1.2	1.2	100.0
	Total		82	98.8	100.0
Missing	System	1	1.2		
Total		83	100.0		

Table 9: Pre>Last menstrual period (Year)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	2003	1	1.2	1.2	1.2
	2004	1	1.2	1.2	2.4
	2005	1	1.2	1.2	3.7
	2006	78	94.0	95.1	98.8
	5006	1	1.2	1.2	100.0
	Total		82	98.8	100.0
Missing	System	1	1.2		
Total		83	100.0		

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Table 10: Pre:Regularity of menstrual cycle

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very regular (within 3 day)	58	69.9	70.7	70.7
	Somewhat irregular (4-10 day variation)	16	19.3	19.5	90.2
	Very irregular (variation greater than 10 days)	8	9.6	9.8	100.0
	Total	82	98.8	100.0	
Missing	System	1	1.2		
Total		83	100.0		

Table 11: Pre:Changes in menstrual period during basic training

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	66	79.5	80.5	80.5
	No	16	19.3	19.5	100.0
	Total	82	98.8	100.0	
Missing	System	1	1.2		
Total		83	100.0		

Table 12: Pre:Nature of change in menstrual period during basic training

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Longer	3	3.6	4.5	4.5
	Shorter	41	49.4	61.2	65.7
	Absent	23	27.7	34.3	100.0
	Total	67	80.7	100.0	
Missing	System	16	19.3		
Total		83	100.0		

Table 13: Pre:Without menstrual period for 3 or more months

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	10	12.0	12.2	12.2
	No	72	86.7	87.8	100.0
	Total	82	98.8	100.0	
Missing	System	1	1.2		
Total		83	100.0		

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Table 14: Pre:Currently using birth control pills or hormones

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	11	13.3	13.4	13.4
	No	71	85.5	86.6	100.0
	Total	82	98.8	100.0	
Missing	System	1	1.2		
Total		83	100.0		

Table 15: Post:Suffered stress fracture

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1	1	1.2	1.3	1.3
	2	79	95.2	98.8	100.0
	Total	80	96.4	100.0	
Missing	System	3	3.6		
Total		83	100.0		

Table 16: Post:Regularity of menstrual cycle

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very regular (within 3 day)	54	65.1	67.5	67.5
	Somewhat irregular (4-10 day variation)	13	15.7	16.3	83.8
	Very irregular (variation greater than 10 days)	13	15.7	16.3	100.0
	Total	80	96.4	100.0	
Missing	System	3	3.6		
Total		83	100.0		

Table 17: Post:Changes in menstrual period during basic training

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	53	63.9	66.3	66.3
	No	27	32.5	33.8	100.0
	Total	80	96.4	100.0	
Missing	System	3	3.6		
Total		83	100.0		

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Table 18: Post:Nature of change in menstrual period during basic training

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Longer	9	10.8	14.1	14.1
	Shorter	36	43.4	56.3	70.3
	Absent	19	22.9	29.7	100.0
	Total	64	77.1	100.0	
Missing	System	19	22.9		
Total		83	100.0		

Table 19: Post:Without menstrual period for 3 or more months

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	11	13.3	13.8	13.8
	No	69	83.1	86.3	100.0
	Total	80	96.4	100.0	
Missing	System	3	3.6		
Total		83	100.0		