

The Realization of Conscientisation during Sustainable Community Development

ANNEXURE A

AN EXAMPLE OF A TRANSCRIBED INTERVIEW.

Question asked by the researcher: '*Are you happy living in Ivory Park?*'

J: 'I like it very much. Transkei is very expensive. I buys clothes cheap here and make a profit when selling them in Transkei. *Guns and tsotsis* are everywhere.'

B: 'I am happy here even though there are *tsotsis*.'

Nu: 'I do not want to live here. Not happy here. It is different living here. Every thing you have to buy here. In Transkei there is enough vegetables on the land for everyone to eat.'

R: 'Better to live here. In Pietersburg I am bored. Now Pietersburg is very hot. And you see the monkeys.... I am very scared of the monkeys. I have to walk far to fetch the wood and the water.'

The Realization of Conscientisation during Sustainable Community Development

Pt: 'I am happy living in Ivory Park, although I would like to visit the Ciskei.'

Pl: 'I like it here especially when I had a job. There are no jobs in the rural areas.'

G: 'I am happy in both worlds. My health is so good when I am staying in Ivory Park. But when I am at home I am very sick.'

Ju: 'I am very happy hereI have a job.'

No: 'I am worried about the finances , but we have a nice house.'

Gl: 'I am not happy. To live in a town is too expensive. My child is not with me. I think when we are bringing the children here before they are working..it is here everything is up....like nice dresses.... she is a big girl now.... all the girls are going to school with R10 every morning and I cannot do that....then they start looking at the old men...because he is going to give her the money. When she is falling pregnantwho's child is it? She will be too scared to tell me. And from herethey..... they are getting too clever so quickly....you know. At home it is bad but not worse like in

The Realization of Conscientisation during Sustainable Community Development

town. There are drugs. We can't come and sit here ...all of us...in a small place like that and we are not working. I need to do something with my hands...we can help each other....then maybe we can find something here and then I can spread it at home to stop those people to come here. They have got a big place there ...we can grow vegetables and sell it to the people in Ivory Park.... we can make potatoes there to bring it here....but they are sitting there and waiting for somebody to say "*Shame!*"

The Realization of Conscientisation during Sustainable Community Development

Question asked by the researcher: *'Do you agree that this area is a "dangerous area" for the kids?'*

No: 'I have to look after my own kids, because I do not have any parents.'

Ju: 'It is better to have your children with you.'

G: 'I agree with (participant G1). It is safer in the rural areas. There's nobody to look after the children here.'

J: 'It depends on your upbringing of the kids.' She delegates the household chores within the whole family. She is very strict about working together. 'I must look after my children. In our culture.....the children must not go out at maybe at 5 o'clock...they must all be in at 5 o'clock with the lights....everyone must be here.'

The Realization of Conscientisation during Sustainable Community Development

ANNEXURE B

REDUCTION OF TRANSCRIBED DATA INTO THEMES, GROUPS AND CATEGORIES

Three steps were followed during the reduction of data. During the first step, the weekly meetings that were taped on a cassette recorder were transcribed (see Annexure A). Observational and reflective remarks were added to the transcribed data. Out of the data, new questions were formulated, that were to be asked at the following meeting.

Step 2 entailed reducing the data into groups, significant to the 4 determined categories. The actual questions that were asked are still present.

The Realization of Conscientisation during Sustainable Community Development

STEP 2: GROUPING OF UNINTERPRETED RESPONSES

CATEGORY A: DESOCIALISATION

GROUP: EFFECTS OF URBANISATION

Question: What are you scared of?

Participant 1

I am scared of guns.

The Realization of Conscientisation during Sustainable Community Development

Participant 2

Scared of tsotsis....they came to me at about 3am....they opened the door....I don't know if they had guns.

Participant 3

The tsotsis because they hi-jack the cars, broken the fence of the other people.

Participant 4

And me also... the people I don't trust them.

Participant 5

Sometimes when you have got something in the house....they(the police) take time to come.....they ask who do you think it was.

You must always lock your gate.

And now every night we have to take the battery out of our car.

(When told by her husband that they had to move to Gauteng, her response was):

Gauteng! What about the guns there?

I just trust to God.

Participant 6

The Realization of Conscientisation during Sustainable Community Development

I am scared something might happen to someone close to me.

Participant 7

I am scared of the same.

Participant 8

I am not afraid of anything.

Question: Do you trust your neighbours?

Participant 1:

When can the other members of the church/community come here. The other one from the church ask me....what money I'm getting for doing this. I say to her: no we volunteer...it is for the church...we are helping the community...and then she never asked me whether she could come.

We have got this problem...the heart...my heart you can't see what I'm feeling inside. We get jealous sometimes...the problem is the jealous...if I ask them to come and show me how to cut the pattern and how... to sew....maybe I'll be better than him.

I'm not scared about what the others are thinking....I don't want the rumours....everything we must do we must do in peaceful.

The Realization of Conscientisation during Sustainable Community Development

Participant 4:

Some women here...they already do the sewing at their homes...if we ask them to join, they say...what money you pay me for me help you in project.

If there's another one who knows how to cut....he can come and join us for the project, you know.

Participant 11:

When people join...it must come from the heart.

The Realization of Conscientisation during Sustainable Community Development

Question: what do you do every day?

Participant 1:

I like my work...I like what I'm doing because I'm looking after the Women's Association. I work hard....I clean the house and do the washing.....I like it ... but this year I'm too tired because I am looking after my grandchild. When I'm finishing doing the cleaning and the washing, I just do my visiting for the Women's Association. I like doing my pastoral work in the afternoon, once a week, especially on a Thursday.

Participant 2:

I am a housewife....I have got time to do things. Organising the plot...because I like to be at home again. I do a lot of freelance work. I like to be busy and involved.

Participant 3:

I am a housewife. I clean the house....and when I'm finished, I'm outside....I work in the garden...with the flowers. When I'm finished I take the Bible. I like church.

The Realization of Conscientisation during Sustainable Community Development

Participant 4 :

I am working piece-jobs. I like work ...and I like church. I like to clean the houses. I get dressed....and when I've done that I clean the sheets and I do the washing...I like to do the washing and ironing. I like to listen to the radio...I like the music. When I'm tired I take my Bible and go to sleep with my Bible. I like the church.

Participant 5:

I'm wake up early in the morning....and I wash myself...I'm cooking for the children...and I clean my house... and then on Thursday I go to the Women's Association. And then Saturday washing and cleaning... and then Sunday church.

Participant 6:

I wake up early and clean myself and my child. And then I clean my house... and then I do the washing and ironing sometimes....and I cook.

Participant 7:

In the morning I wash myself, sweeping the room...sometimes took the washing and the ironing...doing the crochet.

The Realization of Conscientisation during Sustainable Community Development

GROUP: DEPENDENCE ON OTHERS FOR SURVIVAL

Question: where do you get money from to survive?

Participant 1 :

My husband provide me. He is a good husband.

Participant 2 :

I am doing nothing. My cousin and my friends look after me.

Participant 3 :

My husband he's got a job, so he can provide for us.

Participant 4 :

So.. my problem...because we are not working....my husband is not working. I was got a spaza....but now everything was a dream because there's nothing I can do for my sponsors....whatever I can get a writing to take it up for my business. I've got a fridge of Coke and mealie meel. I started my house shop for the construction people. My child..the one who makes std. 10... now he is running to write the letters for the bursaries...so I don't know if God is going to answer him...which way. Whatever I've got a problem I run to them

The Realization of Conscientisation during Sustainable Community Development

(the neighbours)...tell them anything that's happening in my place...and even I've got nothing to eat...I goes there...they give me food.

Participant 5:

My husband he works for the pension.

Participant 6:

I stay with my husband...she was working.

Participant 7:

My husband he works...he gets little salary.

Participant 8:

The money from the retrenchmentI put it on the stock exchange.

Participant 9:

My cousin, brothers and sisters... they help me to buy something.....to buy electricity, to pay me some bread.

The Realization of Conscientisation during Sustainable Community Development

Participant 11

My husband's not working at the moment, but we... both... do what we can to make money. I am a hairdresser, so I have got the little room on the house, so my clients come to me. Now it's not so busy. I do make a little bit of money that way. But the men are so different...they...they think like this....and they can't...think that way: oh now I must do this and maybe I can try that....where a woman will try everything, you know, a man can only think one way, so to try to get him to grow his ideas is very difficult. But friends of ours are moving to the coast and they make wooden furniture. We are now going to sell that furniture. We are going to sit on the road, Saturdays and Sundays... and we are going to sell that furniture. On the Nicol Highway. So...you know...we can only try.

GROUP: FEELINGS TOWARDS THEIR CURRENT LIVING CONDITIONS

Question: Are you happy in Ivory Park?

Participant 1:

The Realization of Conscientisation during Sustainable Community Development

I like to stay here in Ivory Park...especially in Jo'burg. I like it ...I like it very much...because at home (Transkei) it is too dry....here you can get something at R2,50 or R2 as you can see there in the street they selling tomatoes and onions and the clothing it is cheaper than at home. That's why in December I buy a lot of clothing and sell it at home. We also have the guns there (Transkei). It's all over the same.

Participant 2:

I like to stay here. I am happy although there are tsotsis.

Participant 4:

I am happy...yes.

Participant 5:

I am happy here. But I want to go back (Ciskei) and visit my parents.

Participant 6:

I am happy. I am with my family and I'm working.

Participant 7:

Me also I like to stay here, because I stay with my children and my husband.

At home (Pietersburg) it is too boring. It is too far away. Now there at

Pietersburg it is very hot. And you see the monkeys. I am very scared of

The Realization of Conscientisation during Sustainable Community Development

the monkeys. I have to walk far to fetch the wood and the water... sometimes the water is there.

Participant 8:

I was happy when my husband was working. But now the money we have used too much. We have a nice house here.

Participant 9:

I am happy to stay at Ivory Park...and I am also happy to stay at home (Ciskei). I am happy in both sides. My health is so good when I'm staying in Ivory Park...I'm always fresh, I'm always bright at home I'm sick...I'm not actually in good health. But when I'm at home I'm very sick...I don't know why...maybe it's the water.

Participant 10:

I don't want to live here. I am not happy here. I want to live in Transkei...it is different there. When we are staying here I must use money. When I wake up, I must buy something...I must use the money ... all day...everything you must buy... you must buy. But at home they plough the land, you get marrogo.....here you must buy marrogo.

I don't trust my neighbours. You can see me. But you can't see my heart.

The Realization of Conscientisation during Sustainable Community Development

Guest participant:

I am not happy. I think Johannesburg is too expensive....to live in a town is too expensive. Everything you do you must pay. You can't do nothing without paying. I like to be at home soon if I can, but I can't. I don't want her (daughter) here before she finishes matric. I think when we are bringing the children here before they are working...it is here everything is up... like nice dresses...she is a big girl now...she will see what the girls are going to school with...R10 every morning and I can't afford to do that. She will start to looking after the old men. They are not getting close with the friends....the boyfriends...they are taking the old men...your husband ... he is going to give her the money every day ...that's R10 she needed. When she is falling pregnant ... who's child is that. She will be scared to tell me...because it's your husband's...you know. And from here they are getting too clever so quickly. At home it is bad but not worse like in town. They are getting clever...and then the drugs. That's why I pray every day: Please God look after her. O.k. she got pregnant last year in std. 9... that was very sad....I

The Realization of Conscientisation during Sustainable Community Development

was so worried...but the father is the right father.....he is at school and he is looking after this little thing...so I don't want her before she is finished at school. We can't come here and sit down all of us in the small place like that ...and we are not working. At home you don't eat meat every day...you don't worry...putu pap and tea and coffee...it's many things you spend at Johannesburg. If you are coming to my room I'm cooking cabbages..ugh!...even your curtains must be nice. At home you can keep your things cleanand you don't need to pay the expensive things. So I'm happy at home than here. I need to do something with my hands...we can help each other...then maybe we can find something here and then I can spread it at home to stop those people to come here. But they are sitting there and waiting for somebody to say: Shame!.

The Realization of Conscientisation during Sustainable Community Development

GROUP: SELF-DOUBT

Question: do you think you will be able to do something here in Ivory Park?

Participant 1:

Yes..yes...yes...because it is our wish to get something for Ivory Park. And then we will earn something. (although it is difficult to get the women from the community to get together and share their dreams). These ladies they are too lazy to go and listen...if you say come...there is work....they will come...but if you say come and talk...they will not come. If you call them and ...they are going to see the whites there in the meeting ...they are going to have some goal...if I say I want to open a bakery...what about the money...where you are going to get the money...because (the white people) are here...that's where you are going to get the money.....if I call them by myself ...I says: oh ladies, come here we have a meeting at 10 o'clock...they say, I ask them: what is your dream.....they don't have the hope because they have no-one to support them...who's got the money?

The Realization of Conscientisation during Sustainable Community Development

Participant 5:

We are going to continue with our work...because we are serious about what we are doing.

Participant 6:

What are we going to do...just sit again....just thinking of doing something...it is much better to do something. The others they want to see something happen. Because they can see inside usI can say others they have faith in us. So if you want to do something you must have a lot of trouble...and you must like what you are going to do.

Participant 10:

Yes (she will be able to start a group)....but the women they have no power if you call them for the meeting.

Participant 11:

It will be a very satisfying job. I know that when you sit and you do nothing...*dan gaan jy agteruit*. It is very difficult to actually get up and say: Now! It is just easy to sit. It is going to be a big job. You are going to have to get these other people to understand that the whites are not the clever

The Realization of Conscientisation during Sustainable Community Development

ones...it is not so...here you are going to have your own school...and you have done it yourself....you know that is stupid thinking that because you are white you are clever. We are going to work just as hard as they will have to work to get the nursery school going...it is the same. They also must understand ...you are doing it because you want to do it...and you want to be here. So really...they have to change their thinking.

Question: Do you know who you are?

Participant 1:

I like to be myself. Because sometimes I'm strong and sometimes I'm weak because my heart is so weak. When someone tells me a sad story...I'm not strong. When somebody cry, I also cry. Especially when I preach, what I'm saying....and then I cry. I got cross easily....but I keep it...I don't want to hurt one another...I keep it inside my heart. I keep it. I am not going to show I am cross ...they can see that I am cross. I can say to myself...but I'm strong...yes I'm strong. When you working with the womens you must have a

The Realization of Conscientisation during Sustainable Community Development

nice heart....and you must talk with them nicely....and you must show them what God wantsyou must know how to work with them.

Participant 2:

I'm person that who like to stay alone....many times I like to stay alone. I don't like a crowd....everybody is my friend. I do get cross...and I want to talk to the person who hates me. It's easy to feel sorry and easy to cry. I cry for anybody ... no matter if he is not my family....I cry for anybody.

Participant 4:

My problem is....I don't like to hate someone. If I hate someone....I must tell him, no, hate me here then I apologise. But if someone hate me I like to tell him same time....I like to explain someone if he hate me. I'm open...I don't keep it in I say at the same moment. I've got the short temper.... even my kids they know me. I like to tell them once. I like all the time to be clear. I get cross sometimes....I like to stay alone sometimes when I'm cross.

Participant 5:

I am always the same...I don't get cross...I cry easy.

The Realization of Conscientisation during Sustainable Community Development

Participant 6:

Oh yes at this moment I think I'm happy with my life. If I am cross I speak with my heart...I forget quickly. I don't let myself down.

Participant 7:

Me also I'm strong. I get cross...I got short temper.

Participant 8:

I get cross...but not very long.

Participant 9:

I can say I'm strong in everything.

The Realization of Conscientisation during Sustainable Community Development

Participant 10:

I am happy. I get cross with the children. With the friends I'm o.k. don't get cross with myself.

Participant 11:

I think I'm a terrible person. I'm not really happy with myself...no...because I think my husband and my family must think I'm terrible. I'm always shouting at them. I can get so cross...and yet I like to help everybody.

Question: Why can't you start anything on your own?

Participant 2:

Because we do not know the way...where we go.....we couldn't know the way...especially we Africans.....we don't do commitment....even in the church it is difficult.

Participant 6:

Maybe we are lazy to think...that is why we are lazy to do anything...because you can't do with your head and then you can't speak what to do. If you are

The Realization of Conscientisation during Sustainable Community Development

lazy in your mind...you are going to be lazy in your head. If you want to going forward you must start to think...then you are going forward.

Participant 8:

Others they will see us....they will start to follow us. If there is a small light....the people will see it and follow it.

Participant 9:

Maybe they have got no plan.

Participant 10:

They must express themselves.....some people don't like it.

Question: Are you allowed to make decisions on you own?

Participant 1 :

When you are married, you are going to discuss with your husband how many children you want. But the others they don't understand. They sometimes think they have bought you. No they are going to say you must go home...they take another one. They are his rules. We only have 3 children. Now we can afford to take them to school...and then for food and clothing....everything....a nice house.

The Realization of Conscientisation during Sustainable Community Development

Sometimes you choose somebody to be a treasurer...she says in the group she say yes...and when she go home she say: I don't want that job...I know them.

Participant 4 :

Yes they are equal...you see even my child...she was doing std 9 when she get a baby. But she left the school... she ran away...you see...you give them the love for our kids but they don't tell...you understand. We do everything for them...but at the end of the day they throw it away. We didn't get from our parents a hot hand...but we give our kids a warm hand....they don't like it.. they want it to stay cold. What you can do?

Participant 9:

To us if you are...if you...you get a child before you married...you can not say that child is yours...it is for my mother and my father. That's why I left at home. I miss them too much. I see them December time.

The Realization of Conscientisation during Sustainable Community Development

GROUP: THE INFLUENCE OF CULTURAL BELIEFS

Question: Did you complete school?

Participant 1:

I just passed my standard 9...and my father could not afford to take me to school

Participant 4:

I make my std. 6 only....because my father say he don't like the women to go to school...girls, you understand...so...I run away from hometo look for a job. My hope was to go to school. My wish it was supposed to be to look like a nurse.

Question: how are you treating your own children?

Participant 1:

It depends how you treat your children. My second child... when she comes home...she does the homework first...and then after homework ...I didn't cook supper...she is going to cook supper. That's why I must look after my children, not depend to my mother and father.....because otherwise after

The Realization of Conscientisation during Sustainable Community Development

supper...she is going to cook supper. That's why I must look after my children, not depend to my mother and father.....because otherwise after they spoil them. In our culture...the children must not go out at maybe 5 o'clock...they must all be in at 5o'clock with the lights...everyone must be here.

Participant 6:

I think it is better to stay here ...the child. You can see what everything they do. They can help us to cook.

Participant 8:

The people they are staying at home they are too safe than here. There is nobody I can leave them to here.

Participant 9:

I want my children here because I don't have parents.

The Realization of Conscientisation during Sustainable Community Development

Question: Did your parents have any dreams for your future?

Participant 1:

They wish me to finish the school, but there were 7 of us...they didn't manage...because the wages they get...they was small. But their wishes, they want us to finish at school.

Participant 2:

Yes, the aim was for my father and my mother to finish education and get married....get your own place.

Participant 3:

My parents were happy with what I did.

Participant 4:

My parents were so very strict... by the Shangaan laws ... that if you are a woman you are supposed to go to school to learn to write a letter for your husband. From there you are supposed to leave the school and get married. So my father was here before he died, he said: Oh my child, I loose your hope because you told yourself what to go to school, but I didn't listen to you. We are 8 at home....only the girls...we are 5....there is not even one girl

The Realization of Conscientisation during Sustainable Community Development

go to the high school whatever... but the 3 boys...he does everything for them. But only for us, only the girls...the girls must not go to school. They say when we are going to school we are going to get a baby certificate, not a education certificate.

Participant 5:

Yes, my father he dreamed for me to be a nurse.

Participant 6:

My father, his dream was that we can finish school. But we are so many at home and my father he was working for little money.

Participant 8:

My father passed away. My mother did not have enough money to take us to the school, but she liked us to go to school.

Participant 9:

Yes, my father he dreamed for me to be something when I'm finished. Unfortunately I didn't finish...because I wished to be a nurse. My mother died 1978. My sister carried me on to school. I told her my wishes.

The Realization of Conscientisation during Sustainable Community Development

Participant 10:

They like I must go to school. But my father passed away. My mother haven't got enough money to take us to school because there were a lot of kids....she said you are supposed to be married ...because no matter you are young, that money that they can pay lobola for it...they will take that money to pay for the small children for the school.

Participant 11:

I always wanted to be a hairdresser ...and my father was not having any of this. And I wanted to leave school because in that day you could leave school in std 7 and go to college and do hairdressing. So std 7 I failed, std 8 I did. And then my father said oh no you must do (std) 9 and 10 and off I went to this college something....and I had the boyfriend...and then I had the baby....and no school. So you know it's important to listen to the children.....because look at me...I still didn't get my matric. And then ...no dreams...just children and working....and then I did when I got divorced...I went to do hairdressing...so I am a hairdresser. I know now that my

The Realization of Conscientisation during Sustainable Community Development

father..he's proud of me...I know that. My father was education and no babies.

CATEGORY B : CRITICAL LITERACY

GROUP: THE IMPORTANCE OF EDUCATION

Question: What dreams do you have for your children?

Participant 1:

I want my children to finish at school first because you can't do anything without education. The first one she disappoint us a lot because she finish school in std.7....and now we are struggling about work... she is looking for a job ... but she can't find it.

The Realization of Conscientisation during Sustainable Community Development

Participant 2:

I can say that God blessed me because I've got a nurse, I've got a teacher, I've got an engineer.

Participant 3:

I would like my son to be independent. Successful, but to have his own business. Because I think that is the future for our country.

Participant 4:

I would like my kids to be... succeed in their education. My son.... I told him....I like he must be a doctor. His choice ...he would like to be engineering. I like the other one...she is very quiet...she must be a social worker. The small one can be a police.

Participant 5:

A doctor.

Participant 6:

I would be happy if my kids pass std. 10...because I know if they pass std. 10..they have got their own mind. They can think... what they can do.

Participant 8:

The Realization of Conscientisation during Sustainable Community Development

The other one I like it a nurse...then...to be a clerk, like to be a soldier.....the other one is too young.

Participant 6:

My first one ...he would like to be a lawyer. The second one ...she is still too young.

GROUP: THE ABILITY TO SET ACHIEVABLE GOALS

Question: What change would you like to see here?

Participant 1:

To get the playgroup planned... maybe even have a playground for the children in the afternoons...after school...they must pay R1 to come in here...and they can feel safe.

Participant 2:

Also the playgroup first.

Participant 3:

I would like to have the playgroup organised...maybe not functional yet, but ready to start in the New Year.

The Realization of Conscientisation during Sustainable Community Development

Participant 4:

To get money...to start the projects...like the sewing...but first the playgroup.

Participant 5:

The bakery

Participant 6:

It is impossible to have the bakery working by the end of November. I think the tea and coffee and the playgroup.

Participant 8:

I would like the playgroup...and the sewing to work.

Participant 9:

To involve other groups in the community...like the Women's Association of the Methodist Church.

Participant 11:

To have the playgroup organised and to see money in the "kitty".

The Realization of Conscientisation during Sustainable Community Development

GROUP: THE REALISATION OF GROUP DYNAMICS IN STARTING COMMUNITY DEVELOPMENT AND EMPOWERMENT OF THEMSELVES

Question: What have you learnt here so far?

Participant 1:

Very nice...we are learning to help each other and the community.

No I can't (have done it on my own).....I must have advice to others...because it's the first time. I must have advice...and support.

We have got our dreams...but we stay there in our house doing nothing.

It was my desire...my aim to do something for the community...you know...it is when my dream come true now.

As a leader you must show the people...but I didn't think where must I go at that time....I didn't know where must I go....because I have got that dream....and God just bring you...it is what I want now....I don't want to let you down...because it is my wish.

The Realization of Conscientisation during Sustainable Community Development

Participant 3:

It has made me realise how privileged I am in my everyday life....and that I'm grateful for everything I have. As Christians I believe....that we have a duty to ...help each other and to support each other. It is no use turning your back on the wider community.

If you are in a group you take on responsibility to be part of the group. We don't want to let down the group. So maybe one Wednesday morning you don't feel like coming here....but then you think but that one's going to be here and that one also....so then I also want to come. You motivate one another not to be too tired to do anything.

Participant 4:

Not to sit at home...and do nothing. But to get up in the morning and plan to do something for the projects....like to go to Olifantsfontein and buy ice-cream. If one sits at home nothing will happen. When you work as a group ...it's much better than to work alone....if you do things wrong when you are alone...there's no-one who can remind you this is not right. When you work with a group each and every one come with his decision...sit down and discuss

The Realization of Conscientisation during Sustainable Community Development

that decision...goes alright because you've got a lot of knowledge...make it together.

Because we don't know the way.

Participant 8:

Sharing is what happens here.

Participant 9:

It is necessary to work as a team together...to share the responsibility.

Participant 11:

I think that it is important to involve the community, starting with the playgroupand involving the mothers directly. Out of these projects...I see more projects happening.

I just think that without (one of the participant's) money sense with her shop and... it helps everyone to go forward...you are not on your own.

The Realization of Conscientisation during Sustainable Community Development

Question: Do you think that what you are doing here is important?

Participant 1:

Because the children outside... they learn lots of things outside that are not good....and also the mothers they learn a lot. So what we are going to do here is better. Because sometimes the children are loose after school...they are staying at home....but if we keep them inside here after school...it is better.

Participant 5:

It is better...because the children outside are going to be naughty.

Participant 6:

Yes it is important. You can teach that one everything as we are working. You get some knowledge from others...I'm going to get enriched from the others...and use it here at my home.

The Realization of Conscientisation during Sustainable Community Development

CATEGORY C : POWER AWARENESS

GROUP: AWARE OF OWN ABILITY TO BE SELF-SUFFICIENT

Question: Should your husband die, would you be able to look after yourself?

Participant 1 :

Yes...I will. Because that's why I want to start a business now while he is alive. I would like to start a bakery. (One of the participants) said last week that I must go there to the bakery and ask them how to start the business. Here in the church...I want to help the people. I will cope.

Participant 2 :

I can do the sewing. I've got a sewing machine. I want to learn experience from others. I have made clothes and sold them.

The Realization of Conscientisation during Sustainable Community Development

Participant 3 :

I will go either one of 2 ways. Because my child is not even 3 years old, so I wouldn't really like to go and work out of the house...which I can do. So I would also try and do something from home. I've got the education in teaching pre-primary school...so if I had enough money then from my house I would start running my own play group.

Participant 4 :

It's difficult to get the money. I've been went at the SBDC. So when I went there I was looking for help. The guy I got him there, told me if there at SBDC you can pick it up little bit bigger...not the house shop like I've got maybe 3-4 workers they can help me. But he gave me the other addresses where I can go. I can try to phone those people... they will tell me what can I do to help whatever...something like that. I didn't phone them yet. My problem is because sometimes I haven't got even enough money. When I've got little bit money ...I think for the kids when they goes to school. The other one take a train to Elandsfontein. So they use money all the time. So when I get that little bit money I think for the kids...to give them for

The Realization of Conscientisation during Sustainable Community Development

I can do the sewing. I've got a sewing machine. I want to learn experience from others. I have made clothes and sold them.

Participant 3 :

I will go either one of 2 ways. Because my child is not even 3 years old, so I wouldn't really like to go and work out of the house...which I can do. So I would also try and do something from home. I've got the education in teaching pre-primary school...so if I had enough money then from my house I would start running my own play group.

The Realization of Conscientisation during Sustainable Community Development

Participant 9:

To me it is the same because I'm left alone now. I can try to ...to sewing. I can sew....I know how the machine works...I can read the pattern. At home where I'm coming from...in Ciskei...the all of the companies they were for the sewing. So I've got experience. My problem.... I can't cut the pattern.

Question: Why would you like to start a business?

Participant 1 :

I like to work with people. I am a Christian. My aim now...I like to be like Dorcas as you read the Bible... to help the others. Because the Bible say when you got the faith you can show your work. It's my aim ... to get the money...yes...you need the money but God will provide. When you go to the pensions you see old men and women go there without eating anything.... no breakfast and they are staying in the queue for quite a long time... to make soup and bread and give them. I like to work with others. I want a bakery where I'll be advisor. The women can work and get something at the end of

The Realization of Conscientisation during Sustainable Community Development

the day. I see the community of Ivory Park... they do nothing. And they are penniless...the women they are not working...they stay there in the house. As I go there pass at home...I see the women they are selling some meat...5 of them selling meat...the same meatand when you have got the money...where you going to buy ...to this one or that...if you can show them how to sellthis one must sell oranges, this one meat, potatoes, this one tomatoes and that one must sell cabbages. That will be all right. To empower the women.

Participant 2:

My future dream is just sewing...that's why I'm here...because I wanted to be together with the other women ...so that I must get different ideas. You must have money first..then you can start the business. Because I can sew clothes....but I can't sew the curtains... but if someone is able to sew the curtain and the duvet...then I will get share from her.

Participant 3:

My dream is to share my achievements because I was lucky in lifein that I had support from my parents so I could go to school and get a good job. I would like to be a successful businesswoman....that's why I'm here....that's

The Realization of Conscientisation during Sustainable Community Development

actually why I joined this group because I also want to learn how to become a successful businesswoman. Because I don't know. That's why I think by sharing what we are doing here...we are all going to get there just by sharing. That will be to me absolutely the utmost if all of us sitting here today... are in a year's timesuccessful enough to be close to our dream.

A goal is a dream with a deadline.

Participant 4:

You know...I'm suggesting when I'm alone... I'm saying: Oh my God....when my dreams they can come true. My dream is to be got a supermarket....my shop can be a big shop, you understand.....you can get the sponsors push me until I get a big shop. My dream is only business....that's all. So when I've got the money...you know I can take the money...put in the bank... what I'm supposed to do. That money I put in the bank ... to feed the money... all the time, every month, I don't take that money....just put the money in the bank.....when I passed away...because it's my wishes...my kids can get the good things for them....because I don't know when I'm going to die.

The Realization of Conscientisation during Sustainable Community Development

Participant 5:

Do a shop with fruit and vegetable. When I get money...I take to the bank for my children and things for my house.

Participant 6:

My dream to find a beautiful big house. And to stay with the kids in that place, my own place...money to help my child to go to the school.

Participant 7:

Me also I would like to make something...like bakery....buy some cakes. Buy a sewing machine.

Participant 8:

To get the money...put it in the bank...to buy shares in stock exchange...put everything in the house what the children want.

Participant 9:

In these days you can do nothing without money. Be a dressmaker, have money. Take the money to the bank for the children for school....I can stay nicely.

The Realization of Conscientisation during Sustainable Community Development

Participant 10:

I wish now...to get the money....to be with a house....get everything what looks like the other people inside his houses.....just like that. I like sewing.

Participant 11:

I don't know...just to be content...to be happy...and be able to everyday take it as it comes.

Question: How are you going to reach your dreams?

Participant 1:

To achieve my dreams...I've got a busy time on Saturdays. I will go with (one of the participants) to the bakeries....some who are around....and we can ask how to start the business...we would like the sponsors

Participant2:

If we can organise and contribute about R10 each...we'll put it together and take it to the bank for to buy flour and make cakes....on Sunday we mustn't eat at our home...we come outside and sell food to the people...we must take the money and put it together. Then we divide it to those who are going to bake and those who are going to sew.

The Realization of Conscientisation during Sustainable Community Development

Participant 4:

I think my dream comes true....because the things come themselves. On Monday we are here cleaning the church....so when I went at home my daughter told me the people of MTN they want to put the phones there at home. The peoples comes yesterday told me they want to put the phones there...of course I said ...yes o.k.. today they are coming to fix everything ...so I think my dreams come true because God loves me...because I pray for that. I trust my God.....I know everything when I ask Him to eat ...little bit, little bit. Even my spaza shop was so very empty, empty, empty there was no drinks, there was no nothing.....my husband get a temporary job at panelbeater....paint the car for the other guy... gave him R2000....I got the cold drinks, bought mealie meel, sugar whatever so now my spaza it looks like is going bad.....so I say oh my God love me, never forget me...I will always pray for You....You do what I ask from You. So now the phone is at my house...I think I'm going to do the right things now. There at Ebony Park at the....there is a shopping complex place....so what I'm doing...I'm running, I'm crawling like a baby to goes there on that place...so if I succeed at my place, because now I've got the house shop.. So if I succeed there, I know very well

The Realization of Conscientisation during Sustainable Community Development

I'm going to be one of the...I think one of the shops at the complex can be mine. My business is still down because I haven't got even the licence....can't get a licence because is a house shop. What I'm doing is to ask the sponsors, like SBDC.....give me the phone numbers for the other place.....even the other people.....Lucky Seven and Spar.....even the Indian people they like it to pick it up the people. In the information I'm running after it, because I went to SBDC. So the SBDC they told me they can't help the house shop. They help the people the one they got the bigger shop...you've got the 3,4 workers...they can help you then. So they give me the other phone numbers.

We can't start it (a project) with a lot of people...because everyone can find the good reason what she is talking about is right for the others...you understand...so if we are like this....we started our project...maybe it can take 2-3 years....not yet ready...alright....the women like it... so they can wait until the things come alright....so we promise them ... o.k. this project is not right enough totake people to come in...we are trying to make our project

The Realization of Conscientisation during Sustainable Community Development

come alright....and then everyone comes in. Then they can comes in.... and on that everyone can be learning to work with the people....because on that time we are going to be a leader. Because you'll know the job ...and you teach that other people...and you teach that people...and they can listen to you. So when we started in one time, there's no-one who can listen other one.

Participant 5:

Yes I want the garden with the vegetables. I want to sell potatoes and tomatoes. The vegetables I can order from the farmers.

Participant 6:

We are starting to do something...we must put the money in the bank. A little money every month ...and then we get that money...we can do something. I think the first thing is to get that money and put it in the bank.

Participant 7:

I will ask a little bit money from my husband... start the baking.

Participant 8:

Money we can get if we do the project for baking....to sew..to plant the marrogo.

The Realization of Conscientisation during Sustainable Community Development

Participant 9:

Now it's better than the first time....at least I've got 2 days piece work....it's better....so end of next month...I shall try to put money in the bank....each and every month, I must put something in the bank so that I can get money. After that I can see what I can do.

Participant 10

I got a temporary on Friday.....for 3 weeks...and then after 3 weeks I get the money....and then I bring the money here...and we can start.

The Realization of Conscientisation during Sustainable Community Development

Question: where are you going to start?

Participant 1:

I must speak to (the minister) to be able to sell ice-cream and tea and coffee after church. He must also say if we can have the crèche here.

Participant 2:

We must all bring R20 to be a member of this group. With that money we can buy tea, coffee to sell on Sunday. Maybe we can start the crèche herefor the children.

Participant 3:

I have been spring-cleaning my house...there is a lot of clothes for the jumble sale. Maybe I can bring it here and you ladies can sell it in Ivory Park to make money for our "kitty".

Participant 4:

Has 2 freezers, but the one needs gas. Maybe if we can sell the ice-creamwhateveron the Sunday after church one cup of tea with maybe 2-3 biscuits...R2. Yes they can buy because they know what we are doing.

Participant 5:

I don't know...I will help where I'm needed.

The Realization of Conscientisation during Sustainable Community Development

Participant 11:

I will buy 100 chicks, feed them until they are fat and sell them to one of the participants at a market-related price. She will then sell them to the inhabitants of Ivory Park. The profit made will be put in the pool.

Smile (educational toys) have a reach-out programme, and once every month when there's a special, they will sell 50 books and then they will give 50 books to say a school in Tembisa.

The Realization of Conscientisation during Sustainable Community Development

CATEGORY D : SELF_ORGANISATION

GROUP: TAKING RESPONSIBILITY FOR THEIR ACTIONS

Question: Would you be able to carry on on your own?

Participant 3:

It is important that you must be honest with one another. Because you can't work together if you are not honest with one another....and you must speak your minds because it must be nice for you to come to the school every day...and you mustn't feel that you don't want to come because you don't want to see that one because that one wasn't nice to you. Talk about what the problems are and why you are not happy and then solve it together as a group. When you are in a meeting you must speak your minds because that is when you get the chance...and then you must sort it out. The principal must take strong leadership... it is not a matter of asking your ladies to organise your class.... as the leader she will say this is what we will do from the educational side...and then you must all do it together. It is important that you must enjoy what you are doing...it is your school.

The Realization of Conscientisation during Sustainable Community Development

Participant 4:

So when you come back....you will get a good report....for everything because we are going to be alone....we are supposed to be share whatever we make it.....so when you come back on the 28th ...you supposed to get a good report...the things are going well.

We agree about that...all of us...because if we can buy a lot of chairs sometimes we can save somewhere else....when there is a sale...for now we can buy a little bit tables and chairs for the one going to school. So we agree all of us for this.

The Realization of Conscientisation during Sustainable Community Development

Question: how do you think will you be helping the community by starting the nursery school?

Participant 1:

I see lots of people....mamas with little children....they come to church together...they are divorced...if your husband he wants to see your child...you bring it here at the church. If some of the children just go to his father, mummies can have the chance to see the children here in the church...to have that opportunity...everyone here in Ivory Park he can come. There are a lot separating here.

Yes I see that.....they change because they are strong...I can see that...they are strong and they like it.....it shows they like this job. I didn't talk...I just do the action. It's the way you must work with them. And for the lunch I just make it by myself....when the children are finished I just go to the kitchen and prepare for breakfast.

Participant 2:

Peace....to like one another.

The Realization of Conscientisation during Sustainable Community Development

Participant 3:

I think that especially if one could start with the mummies...like do with our playgroup....and give them a support system, where they can come to because you know, say for instance a husband lost a work or he's drinking too much, and he's hitting the baby or the baby is sick, I think we can do really a lot for the community if the mothers know they can come here and be there for one another. We train them also to help their babies... because I think a lot of them are so ignorant on when the baby is sick or what to do with the baby. If we can start there and they are for one another with their problems, I think that would help a lot to even making their homes pretty and sharing and looking after one another and after one another's baby. I think we can play a very important role there...by binding them together...because the mothers is what the whole community is all about. So I think if we could start there we will really have done something.

The Realization of Conscientisation during Sustainable Community Development

Participant 4:

It's difficult...if we do something what we succeed...then there will come change...it will come straight. What we are doing is o.k. That's about what I see in Ivory. So you can't change Ivory because the way you look at the Ivory a lot of people of Ivory and Ebony we are poor. So if we do something that can make the people say:oh, what they are doing is very fine so we can change it...the person can know what we are doing. If we do something better.....so then if we like to work with them....they can see from us...we do nice things, then they can follow.....so it will come one day.

Participant 5:

Clean. Come to the church...we must not kill another.

Participant 8:

The people they must build proper houses. The mothers must go to church.

The Realization of Conscientisation during Sustainable Community Development

Participant 9:

I think wein the group.... when we are doing for the other people....then the other people they can follow us

Participant 11:

I don't know if it is like that...but that everybody knows each other and that they can rely on each other. If that one is in trouble and needs to go there and that one is going there, that she can just say: please help me.....that there is like a little chain from each house to each house...that there's more...like togetherness and support.

The Realization of Conscientisation during Sustainable Community Development

Question: Are you happy with what you are doing?

Participant 1:

I'm happy. I got no problem. I'm happy because I'm waking up early.

We've got the other problem...the toilets. We did make that shelter there....still we organise about the buckets...but we didn't have it yet.

Because I was thinking about (another participant)....she is supposed to be here....but now she just disappoint me...I don't know where she is...she is supposed to come.

I'm happy...I know when you start a thing...you have many quarrels...but in the long run...it is alright. Everything will go smoothly.

The Realization of Conscientisation during Sustainable Community Development

Participant 2:

I'm o.k.no I'm happy....my legs are painng. Because of circulation...it is not circulating. Otherwise I'm o.k.

Participant 10:

I am very happy. I am looking forward to do anything.

Participant 12:

Yes I'm happy. This is exactly what I wanted. Tomorrow we are going to the social worker because this crèche must be registered. When it is registered we can do anything because they will tell us what to do and what not to do. Maybe we got lots of children here...the place is too small. At the clinic...the nurses must come and see if the place is alright for so many children. We may add, we may subtract.

What I am thinking...sometimes we must take people from outside... not from the church.

The Realization of Conscientisation during Sustainable Community Development

Question: do you really believe that what you are doing here is right for Ivory Park?

Participant 1:

I'm pleased with the community...because I see when they coming to bring the children in the crèche.....because it is our aim to help those who just sit without a job...and their children they are so safe....it's got a fence.....and the gate is locked every time....it's a safe place. I like it.

Participant 2:

I don't know....umh.....yes I think so.....I make the Nolukhanyo pre-school to teach the children from the community....to give them a chance.we give them food....it's right.

Participant 10:

I want to be here...on Monday I was not well...I stayed at home....I was not happy staying at home....I was thinking of my children...and what they are doing.

The Realization of Conscientisation during Sustainable Community Development

Participant 12:

Really I can see the difference...because as we are here.....and the parents bring the children to us....some of them are late.....to bring the children. I think the parents are very happy about what we are doing here. When the parents bring the children in the morning...the children are happy...they are happy...so the parents are also happy. I think there is a change...me too I've changed...because there's one said that I've changed after doing all this here. Now if the people are pleased about you.....you must also be happy in your heart. This is really what I want.

The Realization of Conscientisation during Sustainable Community Development

Question: how do you work with the team?

Participant 1:

I did talk to them at that meeting...I did show them how I am...and they listen. You know what...those little mammas....they just grumbling...it's nothing...and when I say to them: if you don't want to work with us....just go. I want to ask the other one to come in her place....she says: I'm not going.....because we did cook our food here....nobody is going to come here. Everyday I come here I just see the doors open...when I come here at 6h20...the doors is open. And I teach them how to be clean ...everything must be spotlessly clean....I just say yesterday (to one of the group)...on top of the fridge: do you see my name here? Yes, she says, look at it ...and she come. They know me...they know me.....they say I am not that one....yesterday, they had to sweep here the floor...I just take the bucket, put the disinfectant....put the mop.....I didn't ask anyone to come and scrub....I just go and scrub. The other one she just come with the other mop.....and she says: no mamma, stop itI want to take over. I didn't

The Realization of Conscientisation during Sustainable Community Development

During STEP 3, the important themes within each group were identified and the amount of participants with the same point of view was calculated, to determine whether the theme carried any significance for the purpose of the study or not.

The Realization of Conscientisation during Sustainable Community Development

STEP 3

SCHEMATIC PRESENTATION OF THE PARTICIPANTS' EXPERIENCES

CATEGORY	GROUP	THEMES
A.DESOCIALISATION	1.Effects of Urbanisation	1.1 scared/not scared living here n:7 1.2 do not trust anybody n:5 1.3 unproductive lifestyles n:6
	2.dependence on others for survival	2.1 can not do anything n:8 2.2 trying to bring in some revenue n:2
	3.feelings towards their current living conditions	3.1 happy in Ivory Park n:8 3.2 unhappy in Ivory Park n:2

The Realization of Conscientisation during Sustainable Community Development

	4. self-doubt	<p>4.1 will not be able to convince the community members to participate n:5</p> <p>4.2 afraid to be honest with each other n:5</p> <p>4.3 gets cross easily n:8</p> <p>4.4 feelings of being strong n:5</p> <p>4.5 lack of commitment n:6</p> <p>4.6 can not make decisions n:2</p>
	5. the influence of cultural beliefs	<p>5.1 parents did not approve of the girls being educated n:1</p> <p>5.2 had to leave school to support the family n:5</p> <p>5.3 it is their responsibility to look after their own children n:4</p> <p>5.4 it is better for the children to be in the rural areas n:2</p>
	1. the importance of education	<p>1.1 Want children to complete school n:3</p> <p>1.2 Want children to be successful n:6</p>
	2. the ability to set achievable goals	<p>2.1 to have a playgroup n:7</p> <p>2.2 to have a sewing group n:3</p> <p>3 to involve other groups in the community n:2</p>

The Realization of Conscientisation during Sustainable Community Development

<p>B CRITICAL LITERACY</p>	<p>3.The realisation of group dynamics in starting community development and empowerment of themselves</p>	<p>3.1 helping each other n:7 3.2 can not do it alone n:5</p>
<p>C. POWER AWARENESS</p>	<p>1 aware of own ability to be self-sufficient</p>	<p>1.1 want to start a business n:7 1.2 want to learn n:5 1.3 can help myself n:7 1.4 can achieve their dreams collectively as a group n:4</p>
	<p>2. work brings financial independence</p>	<p>2.1 one needs money n:9 2.2 one needs to save n:4</p>
<p>D. SELF - ORGANISATION</p>	<p>1. taking responsibility for their actions</p>	<p>1.1 have to stand together n:2 1.2 can reach out to the community n:7 1.3 be content with what they are doing n:4 1.4 standing out as a leader n:1</p>

The Realization of Conscientisation during Sustainable Community Development

TABLES OF UNINTERPRETED RESPONSES

STEP 3: The responses were then placed into tables, which gave a better idea of the amount of participants that had responded to the question.

CATEGORY

A:

DESOCIALIZATION

GROUP A1: EFFECTS OF URBANIZATION

THEME A 1.1: *scared living here n:6*

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
I am scared of guns	Scared of <i>tsotsis</i>	The <i>tsotsis</i> because they hi-jack the cars, broken the fence of the other people	And me also, the people I don't trust them	1. You must always lock the gate. 2. Gauteng! What about the guns there?	I am scared something might happen to someone close to me	I am scared of the same	I am not afraid of anything			

The Realization of Conscientisation during Sustainable Community Development

THEME A 1.2: *do not trust anybody n:5*

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
<p>1. we get jealous sometimes.</p> <p>2. the problem is the jealous.</p> <p>3. if I ask them to come and show me how to cut the pattern and how to sew, maybe I'll be better than him.</p>			<p>1. some women here, they already do the sewing at their homes..</p> <p>if we ask them to join, they say, what money you pay for me to help you in project</p>			<p>And me also the people I don't trust them.</p>			<p>1. I don't trust my neighbours.</p> <p>2. you can see me but you can't see my heart.</p>	<p>When people join it must come from the heart.</p>



The Realization of Conscientisation during Sustainable Community Development

THEME A 1. 3: unproductive life styles n:6

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
I work hard, I clean the house and do the washing. When I'm finishing doing the cleaning and the washing, I just do my visiting for the Women's Association.	1.in the mornin g I wash myself 2 sweeping the room 3.some -times took the washin g and the ironing 4 doing the croche t	1. I am a housew ife. 2. I do a lot of freelan -ce work.	1. I am workin g piece-jobs. 2. I get dresse d, and when I've done that I clean the sheets and I do the washin g. 3. I like to listen to the radio 4. when I'm tired I take my Bible and go to sleep with my Bible.	1. I'm wake up early in the mornin g, and I wash myself. 2. I'm cooking for the childre n 3. and I clean my house. 4. and then on Thurs- day I go to the Women 's Associ a-tion 5. and then Satur- day, wa shing and cleanin g 6. and then Sunday church.	1. I wake up early and clean myself and my child. 2. and then I clean my house 3. and then I do the washin g and ironing some- times 4. and I cook.	1.Ii am a house- wife. 2.I clean the house, and when I'm finishe d I'm outside . I work in the garden, with the flower s. 3.when I'm finishe d I take the Bible.				

The Realization of Conscientisation during Sustainable Community Development

GROUP A2: DEPENDENCE ON OTHERS FOR SURVIVAL

THEME A 2.1: *cannot do anything* n:8

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
1. my husband provide me. He is a good husband	1. I am doing nothing . My cousin and my friends look after me.	1. My husband he's got a job, so he can provide for us.	1. what-ever I've got a problem, I run to the neighbours. And even I've got nothing to eat, I goes there, they give me food.	1. my husband he works for the pension	1. I stay with my husband. She was working.		1. the money from the retirement , I put it on the stock exchange.	1. my cousin, brothers and sisters , they help me to buy something, to buy electricity, to pay me some bread.		

The Realization of Conscientisation during Sustainable Community Development

THEME A 2.2: trying to bring in some revenue n:2

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
			<p>1. I was got a spaza. 2. I've got a fridge of Coke and mielie meal</p>						<p>1. I am a hairdresser, so I've got the little room on the house, so my clients come to me. I do make a little bit of money that way. 2. but friends of ours are moving to the coast and they make wooden furniture. We are now going to sell that furniture</p>	

The Realization of Conscientisation during Sustainable Community Development

GROUP A 3: FEELINGS TOWARDS THEIR CURRENT LIVING CONDITIONS

THEME A 3.1: *happy in Ivory Park n:8*

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
1. I like to stay in Ivory Park. I like it, I like it very much. 2. and the clothing it is cheaper than at home.	1. I like to stay here. 2. I am happy although there are <i>tsotsis</i> .		1. I am happy.	1. I am happy here. But I want to go back (Ciskei) and visit my parents.	1. I am happy. I am with my family and I'm working.	1. 1. Me also I like to stay here, because I stay with my children and my husband.	1. I was happy when my husband was working. But now the money we have used too much. 2. we have a nice house here.	1. I am happy at Ivory Park... and I am happy to stay at home (Ciskei) .2. I am happy both sides.		

The Realization of Conscientisation during Sustainable Community Development

THEME A 3.2: unhappy in Ivory Park n: 2

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
									1. I don't want to live here. 2. I am not happy here.. 3. I want to live in Transkei. It is different there.	1. I am not happy. 2. so I'm happy at home than here.

The Realization of Conscientisation during Sustainable Community Development

GROUP A 4: SELF-DOUBT

THEME A 4.1: will not be able to convince the community members to participate n:5

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
<p>1. these ladies they are too lazy to go and listen. If you say come, there is work, they will come. But if you say come and talk, they will not come.</p> <p>2. they don't have the hope because they have no-one to support them.</p>				<p>1. we are going to continue with our work, because we are serious about what we are doing.</p>	<p>1. I can say others they have faith in us. So if you want to do something you must have a lot of trouble</p>				<p>1. but the women they have no power if you call them for the meeting.</p>	<p>1. it is very difficult to actually get up and say: now. It is just easy to sit.</p>

The Realization of Conscientisation during Sustainable Community Development

THEME A 4.2: afraid to be honest with each other n:5

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
<p>1. I got cross easily, but I keep it in, I don't want to hurt one another.</p> <p>2. when you are working with the women s you must have a nice heart, and you must talk with them nicely, and you must show them what God wants. You must know how to work with them.</p>	<p>1. I'm a person who like to stay alone. Many times I like to stay alone.</p>		<p>1. My problem is I don't like to hate someone.</p>	<p>1. I am always the same.</p>						<p>1. I think I am a terrible person.</p>

The Realization of Conscientisation during Sustainable Community Development

THEME A 4.3: gets cross easily n:8

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
1. I got cross easily. I am not going to show I am cross. 2. they can see that I am cross.	1. I do get cross, and I want to talk to the person who hates me.		1. I've got the short temper, even my kids they know me. 2. I get cross some-times. 3. I like to stay alone some-times when I'm cross.		1. if I'm cross I speak with my heart. I forget quickly.	1. I get cross. 2. I got short temper	1. I get cross, but not very long.		1. I get cross with the children. 2. with the friends I'm o.k.. 3. don't get cross with myself.	1. I can get so cross.

The Realization of Conscientisation during Sustainable Community Development

THEME A 4.4: feeling of being strong n:5

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
1. I can say to myself, but I'm strong ...yes I'm strong.			1. I'm open.		1. I don't let myself down.	1. me also I'm strong.		1. I can say I'm strong in every-thing.		

The Realization of Conscientisation during Sustainable Community Development

THEME A 4.5: lack of commitment n:5

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
1. we have got our dreams but we stay there in our house doing nothing	1. Because we do not know the way, where we go. We couldn't know the way, especially we Africans 2. we don't do commitment.				1. maybe we are lazy to think, that is why we are lazy to do anything, because you can't do with your head and then you can't speak what to do. 2. if you are lazy in your mind, you are going to be lazy in your head. 3. if you are going forward you must start to think.		1. others they will see us, they will start to follow us. 2. if there is a small light, the people will see it and follow it.	1. maybe they have got no plan.	they must express themselves, some people don't like it.	



The Realization of Conscientisation during Sustainable Community Development

THEME A 4.6: cannot make decisions n:2

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
<p>1. when you are married you are going to discuss with your husband how many children you want. But others they don't understand. They sometimes think they have bought you.</p>								<p>1. to us, if you get a child before you married, you cannot say that child is yours, it is for my mother and my father.</p>		



The Realization of Conscientisation during Sustainable Community Development

GROUP A 5: THE INFLUENCE OF CULTURAL BELIEFS

THEME A 5.1: *parents did not approve of the girls being educated n:1*

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
			<p>1. I make my std.6 only, because my father he don't like the women to go to school.</p> <p>2. my parents were so very strict. ...by the Shangaan laws, that if you are a woman you are supposed to go to school to write a letter for your husband</p> <p>3. the girls must not go to</p>							



The Realization of Conscientisation during Sustainable Community Development

			school. They say when we are going to school we are going to get a baby certificate, not a education certificate.							
--	--	--	---	--	--	--	--	--	--	--

The Realization of Conscientisation during Sustainable Community Development

THEME A 5.2: had to leave school to support the family n:5

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
<p>1. I just passed my std.9, and my father could not afford to take me to school.</p> <p>2. they wish me to finish school, but there were 7 of us, they didn't manage.</p> <p>Because the wages they get, they was small.</p>					<p>1. my father, his dream was that we finish school. But we are so many at home and my father he was working for little money.</p>		<p>1. my father passed away. My mother did not have enough money to take us to school, but she liked us to go to school.</p>	<p>1.unfor - tunately I didn't finish. My mother died 1978. My sister carried me on to school.</p>	<p>1. they like I must go to school. But my father passed away. My mother haven't got enough money to take us to school because there were a lot of kids. She said you are supposed to be married, because no matter you are young, that money that they can pay <i>lobola</i> for it, they will take that money to pay for the small</p>	

The Realization of Conscientisation during Sustainable Community Development

											children for the school.
--	--	--	--	--	--	--	--	--	--	--	--------------------------

THEME A 5 3: it is their responsibility to look after their own children n:3

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
<p>1. that's why I must look after my own children, not depend to my mother and father. Because otherwise after they spoil them.</p>			<p>We do everything for them, but at the end of the day they throw it away. We didn't get from our parents a hot hand, but we give our kids a warm hand, they don't like it, they want it to stay cold.</p>		<p>1. I think it is better to stay here, the child. You can see everything they do. They can help us to cook.</p>			<p>1. I want my children here because I don't have parents.</p>		

The Realization of Conscientisation during Sustainable Community Development

THEME A 5.4: it is better for the children to be in the rural areas n:2

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
							1. the people they are staying at home they are too safe than here. There is nobody I can leave them to here.	1. if you get a child before you married, you cannot say that child is yours, it is for my mother and my father. That's why I left at home		

The Realization of Conscientisation during Sustainable Community Development

CATEGORY B: CRITICAL LITERACY

GROUP B1: THE IMPORTANCE OF EDUCATION

THEME B 1.1: *want children to complete school n:3*

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
1. I want my children to finish school first because you can't do anything without education.			1. I would like my kids to be...succeed in their education		1. I would be happy if my kids pass std 10, because I know if they pass std 10 they have got their own mind. 2. they can think what they can do.					

The Realization of Conscientisation during Sustainable Community Development

THEME B 1.2: want children to be successful n:6

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
<p>1. the first one she disappointed us a lot because she finished school in standard 7, and now we are struggling about work, she is looking for a job, but she can't find it.</p>	<p>1. I can say God blessed me because I've got a nurse, I've got a teacher, I've got an engineer.</p>	<p>1. I would like my son to be independent. 2. successful, but to have his own businesses.</p>	<p>1. my son, I told him, I like he must be a doctor. His choice, he would like to be an engineer. 2. I like the other one, she must be a social worker 3. the small one can be a police. 4. when I've got little bit money, I think for the kids, to give them for school when they goes to school. So</p>		<p>1. my first one he would like to be a lawyer</p>		<p>1. the other one I like it a nurse. 2. to be a clerk 3. like to be soldier.</p>			



The Realization of Conscientisation during Sustainable Community Development

			when I get that little bit money I think for the kids							
--	--	--	---	--	--	--	--	--	--	--

GROUP B 2: THE ABILITY TO SET ACHIEVABLE GOALS

THEME B 2.1: *to have a playgroup n:7*

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
<p>1. to get the play-group planned .</p> <p>2. maybe even have a play-ground for the children in the afternoons, after school</p> <p>3. they must pay R1 to come in here, and they can feel safe.</p>	<p>1. also to have the play-group first.</p> <p>2. maybe we can start the crèche here, for the children</p>	<p>1. I would like to have the play group organised.</p>	<p>1. first the play-group</p>		<p>1. I think the tea and coffee and the play - group.</p>		<p>1. I would like the play - group</p>			<p>1. to have the play - group organised</p>

The Realization of Conscientisation during Sustainable Community Development

THEME B 2.2: to have a sewing group n:5

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
	1. my future dream is just sewing, that's why I'm here		1. to get money to start the projects, like the sewing. 2. but even whatever they are saying here, the bakery, the sewing, I'm O.K. for them.	1 I want to learn how to sew.			1. and the sewing to work	1. I can try do sewing, I can sew.		

The Realization of Conscientisation during Sustainable Community Development

THEME B 2.3: to involve other groups in the community n:5

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
<p>1. it was my desire, my aim to do something for the community.</p> <p>2. I want a bakery where I'll be advisor. The women can work and get something at the end of the day.</p> <p>3. because the children outside, they learn lots of things that are not good.</p> <p>4. and also the mothers they learn a lot.</p> <p>5. because</p>			<p>1. and then everyone comes in, then they come in, and on that everyone can be learning to work with the people, because on that time we are going to be a leader. Because you'll know the job, and you teach that people and they can listen to you.</p>	<p>1. it is better, because the children outside are going to be naughty.</p>	<p>1. you can teach that one everything as we are working.</p>			<p>1. to involve other groups in the community, like the Women's Association of the Methodist Church.</p>		



The Realization of Conscientisation during Sustainable Community Development

<p>e someti mes the childre n are loose after school, but if we keep them inside here after school, it is better. 6. here in the church, I want to help the people. 7. I like to work with people. 8. I like to be like Dorcas as you read in the Bible, to help others. 9. I like to work with others.</p>										
---	--	--	--	--	--	--	--	--	--	--

The Realization of Conscientisation during Sustainable Community Development

GROUP B 3: THE REALIZATION OF GROUP DYNAMICS IN STARTING COMMUNITY DEVELOPMENT AND EMPOWERING THEMSELVES

THEME B 3.1: *helping each other n:7*

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
<p>1. we are learning to help each other and the community. 2. I see the community of Ivory Park, they do nothing. And they are penniless. The women they are not working, they stay there in the house. That will be alright. To empower the women.</p>	<p>1. because I wanted to be together with the other women, so that I must get different ideas.</p>	<p>1. as Christians I believe that we have a duty to help each other and to support each other. 2. my dream is to share my achievements 3. that's why I think by sharing what we are doing here, we are all going to get there by sharing.</p>	<p>1. when you work with a group each and every one come with his decision, sit down and discuss that decision</p>		<p>1. I'm going to get enriched from the others, and use it here at my home.</p>		<p>1. sharing is what happens here.</p>	<p>1. it is necessary to work as a team together, to share responsibility.</p>		



The Realization of Conscientisation during Sustainable Community Development

THEME B 3.2: cannot do it alone n:5

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
<p>1. I must have advice to others, because it's the first time.</p> <p>2. I must have advice and support.</p>	<p>1. because I can sew clothes, but I can't sew the curtains, but if someone is able to sew the curtain and the duvet, then I will get share from her.</p>	<p>1. if you are in a group you take on responsibility to be part of the group.</p> <p>2. you motivate one another not to be too tired to do anything.</p>	<p>1. if one sits at home nothing will happen.</p> <p>2. when you work as a group, it's much better than to work alone.</p> <p>3. if you do things wrong when you are alone, there's no-one who can remind you this is not right.</p>							<p>1. it helps everyone to go forward, you are not on your own.</p>

The Realization of Conscientisation during Sustainable Community Development

CATEGORY C: POWER AWARENESS

GROUP C 1: AWARE OF OWN ABILITY TO BE SELF-SUFFICIENT

THEME C 1.1: *want to start a business n:7*

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 10	Part 11
1. because that's why I want to start a business	1. I can do the sewing. I've got a sewing machine.	1. so I would also try and do something from home. 2. so if I had enough money then from my house I would start running my own play-group. 2. I would like to be a successful businesswoman	1. so my wish of course is for my business to come alright. 2. my dream is to be got a supermarket. My dream is only my business 3. There at Ebony Park, there is a shopping complex place, ... I think one of shops at the complex can be mine.	1. I want to find the tomatoes to sell.	1. I want to start the vegetable garden.		1. I like it in the bakery. I can bake.		

The Realization of Conscientisation during Sustainable Community Development

THEME C 1.2: want to learn n:5

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
<p>1. I would like to start a bakery.</p> <p>2. one said last week that I must go there to the bakery and ask them how to start the business.</p>	<p>1. I want to learn experience from others.</p>	<p>1. because I also want to learn to become a successful businesswoman.</p>	<p>1. but he gave me the addresses where I can go. I can try to phone those people, they will tell me what can I do to help whatever.</p>	<p>1. I want to learn how to sew</p>						



The Realization of Conscientisation during Sustainable Community Development

THEME C 1.3: can help myself n:7

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
1. yes, I will be able to look after myself. 2. I will cope.	1. I have made clothes and sold them.	1. I've got education in teaching pre-primary school	1. I've been went to the SBDC. So when I went there I was looking for help.		1. I help myself even now. 2. I help myself.		1. I can bake.	1. I can sew. 2. I know how the machine works. 3. I can read the pattern. 4. so I've got experience.		



The Realization of Conscientisation during Sustainable Community Development

THEME C 1.4: can achieve their dreams collectively as a group n:4

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
<p>1. I will go with-(her) to the bakeries, and we can ask how to start the businesses.</p>	<p>1. if we can organize and contribute about R10 each, we'll put it together and take it to the bank for to buy flour and make cakes. 2. on Sunday we mustn't eat at our home, we come outside and sell food to the people. We must take the money and put it together.</p>		<p>1. we can't start it with a lot of people. 2. we are trying to make our project come alright. 3. maybe if we can sell the ice-cream, whatever, on the Sunday after church, one cup of tea with maybe two to three biscuits, R2.</p>		<p>1. we are starting to do something, we must put the money in the bank. We can do something.</p>					



The Realization of Conscientisation during Sustainable Community Development

GROUP C 2: WORK BRINGS FINANCIAL INDEPENDENCE

THEME C 2.1: *one needs money n:9*

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
<p>1. it's my aim, to get the money, yes, you need the money, but God will provide .</p>	<p>1. you must have money first, then you can start the business. 2. we must all bring R20 to be a member of this group. With that money we can buy tea, coffee to sell on Sunday .</p>		<p>1. so when I've got the money ... 2. when I passes away, because it's my wishes, my kids can get the good things for them.</p>	<p>1. when I get the money, I take it to the bank for my children and things for my house.-</p>	<p>1. money to help my child go to school.</p>	<p>1. buy a sewing machine.</p>	<p>1. to get the money, put everything in the house what the children want.</p>	<p>1. in these days you can do nothing without money. 2. take the money to the bank for the children for school, I can stay nicely.</p>	<p>1. I wish now to get the money to be with a house, get everything what looks like the other people inside his houses.</p>	

The Realization of Conscientisation during Sustainable Community Development

THEME C 2.2: one needs to save n:4

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
			<p>1. so when I've got the money, you know I can take the money, put in the bank.</p> <p>2. that money I put in the bank to feed the money, all the time, every month, I don't take the money, just put money in the bank.</p>	<p>1. when I get the money, I take it to the bank.</p>			<p>1. to get the money, put it in the bank, to buy shares in stock exchange.</p>	<p>1. take the money to the bank</p> <p>2. I shall try to put money in the bank, each and every month. I must put something in the bank so that I can get the money.</p>		

The Realization of Conscientisation during Sustainable Community Development

CATEGORY D: SELF-ORGANIZATION

GROUP D1: TAKING RESPONSIBILITY FOR THEIR ACTIONS

THEME D 1.1: *have to stand together n:2*

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
		<p>1. you must be honest with one another. Because you can't work together if you are not honest with one another.</p> <p>2. and you must speak your minds.</p> <p>3. talk about what the problems are and why you are not happy and then solve it together as a</p>	<p>1. you will get a good report for everything because we are going to be alone. We are supposed to share whatever we make it.</p> <p>2. you supposed to get a good report, the things are going well.</p> <p>3. so we agree all of us for this.</p>							

The Realization of Conscientisation during Sustainable Community Development

		group.								
--	--	--------	--	--	--	--	--	--	--	--

THEME D 1.2: can reach out to the community n:7

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
<p>1. I see lots of people, mamas with little children, they come to church together, they are divorced, if your husband wants to see your child, you bring it here at the church.</p> <p>2. if some of the children just go to his father, mummies can have the chance</p>		<p>1. I think that especially if one could start with the mummies, and give them a support system.</p> <p>2. I think we can really do a lot for the community if the mothers know they can come here and be here for one another.</p> <p>3. I think we can play a very</p>	<p>1. it's difficult, if we do something what we succeed, then there will come change, it will come straight.</p> <p>What we are doing is O.K., that's about what I see in Ivory Park. So if we do something that can make the people say: oh, what they are doing is very</p>	<p>1. I think the parents are very happy about what we are doing here. When the parents bring the children in the morning, the children are happy, they are happy, so the parents are also happy.</p>			<p>1. the people they must build proper houses.</p> <p>2. the mothers must go to church.</p>	<p>1. I think we in the group, when we are doing for the other people, then the other people they can follow us.</p>		<p>1. but that everybody knows each other and that they can rely on each other.</p> <p>2. that there's more, like togetherness and support.</p>



The Realization of Conscientisation during Sustainable Community Development

<p>to see the children here in the church. Everyone here in Ivory Park he can come. 3. I'm pleased with the community, because I see when they coming to bring the children in the crèche, because it is our aim to help those who just sit without a job.</p>		<p>important role there, by binding them together, because the mother's is what the whole community is all about.</p>	<p>fine so we change it. 2. if we do something better, so then if we like to work with them, they can see from us, we do nice things, then they can follow, so it will come one day.</p>							
--	--	---	--	--	--	--	--	--	--	--



The Realization of Conscientisation during Sustainable Community Development

THEME D 1.3: content with what they are doing n:4

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
<p>1. I'm happy, I got no problem.</p> <p>2. I'm happy because I'm waking up early</p> <p>3. I'm happy, I know when you start a thing, you have many quarrels, but in the long run, it is alright. Everything will go smoothly.</p> <p>3. and the children they are so safe. It's a safe place. I like it</p> <p>4. I can see that they(th</p>	<p>1. I'm O.K., no I'm happy.</p>		<p>1. yes I'm happy. This is exactly what I wanted</p> <p>2. I want to be here. On Monday I was not well, I stayed at home, I was not happy staying at home. I was thinking of my children, and what they are doing.</p>						<p>1. I am very happy. I am looking forward to do anything.</p>	



The Realization of Conscientisation during Sustainable Community Development

e others) are strong and that they like it. It shows they like this job..										
--	--	--	--	--	--	--	--	--	--	--

The Realization of Conscientisation during Sustainable Community Development

THEME D 1 4: standing out as a leader n:1

Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	Part 9	Part 10	Part 11
<p>1. I didn't talk, I just do the action. It's the way you must work with them.</p> <p>2. I did talk to them at that meeting.</p> <p>3. I did show them how I am, and they listen</p> <p>3. and I teach them how to be clean.</p> <p>4. they know me, they know me.</p> <p>5. I didn't talk, I just do the action, and then</p>										



The Realization of Conscientisation during Sustainable Community Development

they come. 6. I just do it and then when I do it, they say: no mamma , leave it, I'm going to do it.										
---	--	--	--	--	--	--	--	--	--	--

The Realization of Conscientisation during Sustainable Community Development

REFERENCES

BOOKS

BURNS, N. & GROVE, S.K. 1993: The Practice of Nursing Research Conduct, Critique and Utilization. Second edition. Pennsylvania USA: W.B. Saunders Co.

COETZEE, J.K. 1996: Modernisation: A model of progress. Editors: Coetzee, J.K. and Graaff, J. Reconstruction, development and people. First edition. Halfway House: International Thomson Publishing. Chapter 3: 39-56.

COETZEE, J.K. 1996: A micro foundation for development thinking. Editors: Coetzee, J.K. and Graaff, J. Reconstruction, development and people. First edition. Halfway House: International Thomson Publishing. Chapter 7: 139-156.

CORNWALL, A. 1996: Towards participatory practice; participatory rural appraisal (PRA) and the participatory process. Editors: De Koning, K. and Martin, M. Participatory Research in Health. Issues and Experiences. First edition. Johannesburg: NPPHCN. Chapter 9: 94-107.

DE KONING, K. and MARTIN, M. 1996: Participatory Research in Health. Issues and Experiences. Johannesburg: NPPHCN.

The Realization of Conscientisation during Sustainable Community Development

DENNIL, K. 1995: International views on primary health care. Editors: Dennil, K., King, L, Lock, M. and Swanepoel, T. Aspects of Primary Health Care. First edition. Halfway House: Southern Book Publishers. Chapter 1: 1-22.

DENNIL, K., KING, L., LOCK, M. and SWANEPOEL, T. 1995: Aspects of Primary Health Care. First edition. Halfway House: Southern Book Publishers.

DE VOS, A.S. 1998: Research at Grass Roots - A primer for the caring Professions. First edition. Johannesburg: Van Schaik Publishers.

DE VOS, A.S. and FOUCHÉ, C.B. 1998: General introduction to research design, data collection methods and data analysis. Editor: De Vos, A.S. Research at Grass Roots. A primer for the caring professions. First edition. Johannesburg: Van Schaik Publishers. Chapter 6: 76-94.

DOCKERY, G. 1996: Rhetoric or reality? Participatory research in the National Health Service, UK. Editors: De Koning, K. and Martin, M. Participatory Research in Health. Issues and experiences. First edition. Johannesburg: NPPHCN. Chapter 15: 164-176.

FREIRE, P. 1978: Pedagogy in Process. The letters to Guinea-Bissau. First edition. New York: Seaburry Press.

The Realization of Conscientisation during Sustainable Community Development

FREIRE, P. 1998: Pedagogy of the Oppressed. Third edition. New York: The Continuum Publishing Company.

GEORGE, A. 1996: Methodological issues in the ethnographic study of sexuality: experiences from Bombay. Editors: De Koning, K. and Martin, M. Participatory Research in Health. Issues and Experiences. First edition. Johannesburg: NPPHCN. Chapter 11: 119-129.

HOOGVELT, A.M.M. 1978: The Sociology of Developing Societies. Second edition. London: Macmillan Publishers Ltd.

HOPE, A. and TIMMEL, S., BOOK 1,2 and 3. 1996: Training for Transformation. A Handbook for Community Workers. Third edition. Gweru: Mambo Press.

HOWARD-GRABMAN, L. 1996: "Planning together": developing community plans to address priority maternal and neonatal health problems in rural Bolivia. Editors: De Koning, K. and Martin, M. Participatory Research in Health. Issues and Experiences. First edition. Johannesburg: NPPHCN. Chapter 14: 153-162.

JEPPE, W.J.O. 1980: Gemeenskapsontwikkeling. Stellenbosch: University of Stellenbosch.

The Realization of Conscientisation during Sustainable Community Development

KHANA, R. 1996: Participatory action research (PAR) in women's health: SARTHI, India. Editors: De Koning, K. and Martin, M. Participatory Research in Health. Issues and Experiences. First edition. Johannesburg: NPPHCN. Chapter 6: 62-69.

KING, L. 1995: Community participation in the prevention of disease and the promotion of health. Editors: Dennil, K., King, L., Lock, M. and Swanepoel, T. Aspects of Primary Health Care. First edition. Halfway House: Southern Book Publishers. Chapter 3: 54-74.

LE ROUX, E. 1996: Die belewenis van Geregistreerde Psigiatriese Verpleegkundiges tydens die verpleging van pasiënte wat by die okkulte betrokke was. Unpublished M.Cur dissertation. Pretoria: University of Pretoria.

LOCK, M. 1995: Leadership and the role of the community health nurse. Editors: Dennil, K., King, L., Lock, M. and Swanepoel, T. Aspects of Primary Health Care. First edition. Halfway House: Southern Book Publishers. Chapter 6: 120-141.

MAGUIRE, P. 1996: Proposing a more feminist participatory research: knowing and being embraced openly. Editors: De Koning, K. and Martin, M. Participatory Research in Health. Issues and Experiences. First edition. Johannesburg: NPPHCN. Chapter 3: 27-35.

The Realization of Conscientisation during Sustainable Community Development

MARINDO-RANGANAI, R. 1996: A Zimbabwean case. Editors: De Koning, K. and Martin, M. Participatory Research In Health. Issues and Experiences. First edition. Johannesburg: NPPHCN. Chapter 16: 177-188.

MARTIN, M. 1996: Issues of power in the participatory research process. Editors: De Koning, K. and Martin, M. Participatory Research in Health. Issues and Experiences. First edition. Johannesburg: NPPHCN. Chapter 8: 82-93.

MEULENBERG-BUSKENS, I. 1996: Critical awareness in participatory research: an approach towards teaching and learning. Editors: De Koning, K. and Martin, M. Participatory Research in Health. First edition. Johannesburg: NPPHCN. Chapter 4: 40-61.

MILES, M.B. and HUBERMAN, A.M. 1994: Qualitative Data Analysis. An Expanded sourcebook. Second Edition. California: Sage publications.

MORSE, J.M. and FIELD, P.A. 1996: Nursing Research. The application of qualitative approaches. Second edition. London: Chapman & Hall.

MOUTON, J. 1996: Theory, metatheory and methodology in development studies: A heuristic framework. Editors: Coetzee, J.K. and Graaff, J. Reconstruction, Development and People. First edition. Halfway House: International Thomson Publishing. Chapter 2: 16-37.

The Realization of Conscientisation during Sustainable Community Development

OKURUT, S., ODONG, A., IMALINGAT, J., OKURUT, A., OLOIT, L. and OLOIT, F. 1996: Participatory research processes and empowerment: the PACODET community, Uganda. Editors: De Koning, K and Martin, M. Participatory Research in Health. Issues and Experiences. First edition. Johannesburg: NPPHCN. Chapter 7: 72-80.

POLIT, D.F. and HUNGLER, B.P. 1997: Essentials of Nursing Research. Methods, Appraisal, and Utilisation. Fourth edition. Philadelphia: Lippincott.

ROODT, M.J. 1996. "Participatory development": A jargon concept?. Editors: Coetzee, J.K. and Graaff, J. Reconstruction, Development and People. First edition. Halfway House: International Thomson Publishing. Chapter 14: 312-323.

ROMM, N. 1996: A dialogical intervention strategy for development. Editors: Coetzee, J.K. and Graaff, J. Reconstruction, Development and People. First edition. Halfway House: International Thomson Publishing. Chapter 8: 160-193.

SCHURINK, E.M. 1998: Participatory action research as a tool for sustainable social development and reconstruction. Editor: De Vos, A.S. Research at Grass Roots- A primer for the caring professions. First edition. Johannesburg: Van Schaik Publishers. Chapter 26: 405-417.

The Realization of Conscientisation during Sustainable Community Development

SHOR, I. 1993: Education is politics: Paolo Freire's critical pedagogy.

Editors: McLaren, P. and Leonard, P. Paolo Freire: A Critical Encounter.

First edition. London: Routledge. Chapter 3: 25-35.

SWANEPOEL, H. 1989: Community development. Putting plans into action. Cape Town: Centa and Co. Ltd.

TANDON, R. 1996: The historical roots and contemporary tendencies in participatory research: implications for health care. Editors: De Koning, K. and Martin, M. Participatory Research in Health. Issues and Experiences. First Edition. Johannesburg: NPPHCN. Chapter 2: 19-23.

WILSON, H.S. 1985: Research in Nursing. First edition, California: Addison-Wesley Publishing Co.

WOOD, G. 1996: Towards a political economy of development: The radical critique of imperialism. Editors: Coetzee, J.K. and Graaff, J. Reconstruction, development and people. First edition. Halfway House: International Thomson Publishing. Chapter 4: 63-81.

The Realization of Conscientisation during Sustainable Community Development

ARTICLES

BARKER, W. 1992: Health visiting: action research in a controlled environment. International Journal for Nursing Studies. 29 (3): 251-259.

BLAND, C.J. and RUFFIN, M.T. 1992: Characteristics of a Productive Research Environment: Literature Review. Academic Medicine. 67 (6): 385-395.

CHAULAGAI, C.N. 1993: Urban community health volunteers. World Health Forum. 14: 16-19.

COUNCIL FOR WORLD MISSION 1998: Women and Work. Women taking action. Women taking control of their lives. Action Sheet No 1. London: CWM.

COUNCIL FOR WORLD MISSION. 1998: Zambia: Beatrice starts a business. CWM Sunday 1998. Women in action. London: CWM.

COUNCIL FOR WORLD MISSION. 1998: Zambia: Jennifer's story. CWM Sunday 1998. Women in action. London: CWM.

DENHAM, A., QUINN, S.C. and GAMBLE, D. 1998: Community Organizing for Health Promotion in the Rural South: An Exploration of Community Competence. Family and Community Health. April: 1-21.

The Realization of Conscientisation during Sustainable Community Development

FARLEY, S. 1993: The Community as Partner in Primary Health Care. Nursing and Health Care. 14 (5): 244-247.

FLICK, L.H., REESE, C.G., ROGERS, G., FLETCHER, P. and SONN, J. 1994: Building Community for Health: Lessons from a Seven-Year-Old Neighborhood/ University Partnership. Health Education Quarterly. 21 (3): 369-380.

FLYNN, B.C., RAY, D.W. and RIDER, M.S. 1994: Empowering Communities: Action Research through Healthy Cities. Health Education Quarterly. 21 (3): 395-405.

FORD, J.S. and PROFETTO-McGRATH, J. 1994: A Model for Critical Thinking Within the Context of Curriculum as Praxis. Journal of Nursing Education. 33 (8): 341-344.

GLICK, D.F., HALE, P.J., KULBOK, P.A. and SHETTIG, J. 1996: Community Development Theory. Planning a Community Nursing Center. JONA. 26 (7/8): 44-50.

HAWKS, J.H. 1992: Empowerment in nursing education: concept analysis and application to philosophy, learning and instruction. Journal of Advanced Nursing. 17: 609-618.

The Realization of Conscientisation during Sustainable Community Development

HILDEBRANDT, E. 1996: Building Community Participation in Health Care: A Model and Example from South Africa. IMAGE: Journal of Nursing Scholarship. 28 (2): 155-159.

HOLTER, I.M. and SCHWARTZ-BARCOTT, D. 1993: Action research: what is it? How has it been used and how can it be used in nursing? Journal of Advanced Nursing. 18: 298-304.

HUPCEY, J.E. and MORSE, J.M. 1997: Can a Professional Relationship Be Considered Social Support? Nursing Outlook. 45 (6): 270-276.

HUTCHISON, R.R. and QUARTARO, E.G. 1993: Training Imperatives for Volunteers Caring for High-risk, Vulnerable Populations. Journal of Community Health Nursing. 10 (2): 87-96.

KENDALL, J. 1992: Fighting back: Promoting emancipatory nursing actions. Advanced Nursing Science. 15 (2): 1-15.

KERR, D. 1996: The use of action research as an appropriate method of introducing and evaluating change in nursing care in an accident and emergency unit in Durban. Part 1. Curationis. 19 (3): 12-16.

KERR, D. 1996: The use of action research as an appropriate method of introducing change in nursing care in an accident and emergency unit in Durban. Part 2. Curationis. 19 (4): 7-11.

The Realization of Conscientisation during Sustainable Community Development

KING, J.M., LAKIN, J.A. and STRIEPE, M.S. 1993: Coalition building between public health nurses and parish nurses. JONA. 23 (2): 27-31.

KLEFFEL, D. 1991: Rethinking the environment as a domain of nursing knowledge. Advances in Nursing Science. 14 (1): 40-51.

Mc FARLANE, J. and FEHIR, J. 1994: A Community Primary Health Care Program: Based on empowerment. De Madres a Madres. Health Education Quarterly. 21 (3): 381-394.

MIDRAND METROPOLITAN LOCAL COUNCIL. 1997: Ivory Park Community Profile. Unpublished article.

MISKELLY, S. 1995: A Parish Nursing Model: Applying the Community Health Nursing Process in a Church Community. Journal of Community Health Nursing. 12 (1): 1-14.

NAKAMURA, Y. and SIREGAR, M. 1996: Qualitative assessment of community participation in health promotion activities. World Health Forum. 17: 415-417.

NORTHWAY, R. 1997: Disability and oppression: some implications for nurses and nursing. Journal of Advanced Nursing. 26: 736-743.

The Realization of Conscientisation during Sustainable Community Development

- PURDEY, A.F., ADHIKAN, G.B., ROBINSON, S.A. and COX, P.W. 1994: Participatory health development in rural Nepal: clarifying the process of community empowerment. Health Education Quarterly. 21 (3): 329-343.
- PURDY, M. 1997: Humanist ideology and nurse education. 1. Humanist educational theory. Nurse Education Today. 17: 192-195.
- RIFKIN, S.B. and WALT, G. 1986: Why health improves: defining the issues concerning 'Comprehensive primary healthcare'. Social Science Medicine. 23 (6): 559-566.
- ROBERTS, P. 1996: The danger of domestication: a case study. International Journal of Lifelong Education. 15 (2): 94-106.
- RUBIN, R.H., BILLINGSLEY, A. and CALDWELL, C.H. 1994: The Role of the Black Church in Working With Black Adolescents. Adolescence. 29 (114): 251-266.
- RUDD, R.E. and COMINGS, J.P. 1994: Learner Developed Materials: An Empowering Product. Health Education Quarterly. 21 (3): 313-327.
- SHEEHAN, J. 1990: Investigating change in a nursing context. Journal of Advanced Nursing. 15: 819-824.

The Realization of Conscientisation during Sustainable Community Development

SIMINGTON, J., OLSON, J. and DOUGLASS, L. 1996: Promoting Well-Being Within A Parish. The Canadian Nurse. January: 20-24.

STEVENS, P.E. and HALL, J.M. 1992: Applying Critical Theories to Nursing in Communities. Public Health Nursing. 9 (1): 2-9.

TAYLOR, C.E. 1992: Surveillance for equity in Primary Health Care: policy implications from international experience. International Journal of Epidemiology. 21 (6): 1043-1049.

TEMPLETON, L.E. and VAN WYK, N.C. 1999: Health-related Problems and Proposed Solutions Identified by Women in Ivory Park, Midrand: A Participatory Research Approach. Curationis. 22 (3): 75-82.

THOMAS, S.B., QUINN, S.C., BILLINGSLEY, A. and CALDWELL, C. 1994: Outreach Programs. American Journal of Public Health. 84 (4): 575-579.

VAN RENSBURG, H.J. 1994: Primary Health Care in Disadvantaged Communities in South Africa. Medicine and Law. 13 (1): 133-139.

WALLERSTEIN, N. and BERNSTEIN, E. 1988: Empowerment Education: Freire's Ideas Adapted to Health Education. Health education Quarterly. 15 (4): 379-394.

The Realization of Conscientisation during Sustainable Community Development

WANG, C. and BURRIS, M.A. 1994: Empowerment through Photo Novella: Portrait of Participation. Health Education Quarterly. 21 (2): 171-186.

WEBB, C. 1989: Action research: philosophy, methods and personal experiences. Journal of Advanced Nursing. 14: 403-410.

WIDERQUIST, J. and DAVIDHIZAR, R. 1994: The ministry of nursing. Journal of Advanced Nursing. 19: 647-652.

WUEST, J. 1997: Illuminating environmental influences on women's caring. Journal of Advanced Nursing. 26: 49-58.