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**SERITHI PROJECT  
3 DAY POST DELIVERY QUESTIONAIRE**

IDENTIFICATION	
CLINIC:	_____
TOWNSHIP:	_____
PATIENT NAME:	_____
PATIENT REGISTRATION NUMBER:	_____

INTERVIEW	
INTERVIEW	RESULT CODES
DATE IN FULL:        DD /MM/YY	1. COMPLETED: <input type="checkbox"/>
	2. REFUSED: <input type="checkbox"/>
	3. PARTIALLY COMPLETED: <input type="checkbox"/>
	4. OTHER: <input type="checkbox"/>
INTERVIEWER'S NAME: _____	
_____	
_____	

LANGUAGE		
LANGUAGE OF INTERVIEW:		
HOME LANGUAGE OF RESPONDENT:		
LANGUAGE CODES		
1 ENGLISH	5 IsiXhosa	9 ziTSONGA
2 sePEDI	6 isiZULU	10 isiNDEBELE
3 seTSWANA	7 seSOTHO	11 seSWATI
4 AFRIKAANS	8 tshiVENDA	
SUPERVISOR	DATA CAPTURER	OFFICE EDITOR
NAME:	NAME:	KEYED BY:
DATE:	DATE: DATE:	

**INSTRUCTIONS:**

**This questionnaire will be administered to assess baby feeding practices soon after delivery. Several of the questions will also attempt to establish whether the mother is exclusively feeding the infant regardless of her choice.**

**Child Date of Birth** \_\_\_\_\_ **Name of Child** \_\_\_\_\_  
**SEX OF CHILD**.....(M/F) **BIRTH WEIGHT** \_\_\_\_\_ **KG.**

**NEVIRAPINE ADMINISTRATION**

(circle appropriate answer)

**Mother:**

- a) Yes
- b) No
- c) do not know

**Child:**

- a) Yes
- b) No
- c) do not know

B1. Did you ever breastfeed your baby?

- (a) yes-----if yes go to B2
- (b) no-----if no go to B3

B1.1 Did you ever put the baby to the breast to suckle?

- (a) yes
- (b) no

B2. If yes, how soon after delivery was your baby first put to the breast

- (a) within 30 minutes after delivery
- (b) after 1 hour post delivery
- (c) after 2 hours post delivery
- (d) after 1 day ( 24 hours)
- (e) don't know
- (f) other ( specify).....

B3. After delivery, did your baby receive anything to eat or drink (including medicines) before being put to the breast or before being formula fed?

- (1) yes
- (2) no
- (9) do not know

B3.1. If yes, specify all the food or medicines the baby was given

.....

B4. . What is the **main** type of milk you are currently feeding your baby ( one response)

- (a) breast milk
- (b) commercial breast milk substitute/formula
- (c) cows milk
- (d) other, specify.....

B5. How many times over the past day, did you feed the baby this milk?

- a) once

- b) twice
- c) three times
- d) five times
- e) more than five times?
- f) Other, specify.....

**Date of Next appointment:**\_\_\_\_\_

**SERITHI PROJECT**  
**Cohort 1 and 2**  
**6 WEEK VISIT QUESTIONNAIRE**

IDENTIFICATION
CLINIC: _____
TOWNSHIP: _____
PATIENT NAME: _____
PATIENT REGISTRATION NUMBER: _____

INTERVIEW										
<table style="width: 100%; border: none;"> <tr> <td style="width: 50%; text-align: center; border: none;">INTERVIEW</td> <td style="width: 50%; text-align: center; border: none;">RESULT CODES</td> </tr> <tr> <td style="border: none;">DATE IN FULL:      DD /MM/YY</td> <td style="border: none;">1. COMPLETED: <input type="checkbox"/></td> </tr> <tr> <td style="border: none;"></td> <td style="border: none;">2. REFUSED: <input type="checkbox"/></td> </tr> <tr> <td style="border: none;"></td> <td style="border: none;">3. PARTIALLY COMPLETED: <input type="checkbox"/></td> </tr> <tr> <td style="border: none;"></td> <td style="border: none;">4. OTHER: <input type="checkbox"/></td> </tr> </table>	INTERVIEW	RESULT CODES	DATE IN FULL:      DD /MM/YY	1. COMPLETED: <input type="checkbox"/>		2. REFUSED: <input type="checkbox"/>		3. PARTIALLY COMPLETED: <input type="checkbox"/>		4. OTHER: <input type="checkbox"/>
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	3. PARTIALLY COMPLETED: <input type="checkbox"/>									
	4. OTHER: <input type="checkbox"/>									
INTERVIEWER'S NAME: _____ _____ _____										

LANGUAGE												
LANGUAGE OF INTERVIEW: _____												
HOME LANGUAGE OF RESPONDENT: _____												
LANGUAGE CODES												
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SUPERVISOR	DATA CAPTURER	OFFICE EDITOR										
NAME:	NAME:	KEYED BY:										
DATE:	DATE: DATE:											

Mother Date of Birth: \_\_\_\_\_  
Child Date of Birth: \_\_\_\_\_ Name of Child \_\_\_\_\_

**NEVIRAPINE ADMINISTRATION:**

**Mother:**

- a) Yes
- b) No
- c) Do not know

**Child:**

- a) Yes
- b) No
- c) Do not know

**INSTRUCTIONS:**

The questionnaire administered at this time will establish the nutritional status of the mother ( through measurements of her height and weight and mid- upper arm circumference and also through collection of blood samples which will be analysed for the levels of different vitamins and minerals. All this information will provide us with a more complete picture of the mothers own health.

In addition this questionnaire will be used to find out if the baby is growing well ( by measuring weight and length) and finding out as accurately as possible from the mothers what the baby is currently being fed.

**Anthropometric measurements**

<i>Mother</i>	<i>Baby</i>
Weight.....kg	weight.....kg
Height.....m	length.....cm
Mid upper arm circumference.....cm	
Sex of the baby.....	

**ASSESSMENT OF HEALTHY EATING AND LIVING PRACTICES:**

A. Since you were informed of your HIV status, did you receive any information on what foods to eat to stay healthy:

- (a) yes
- (b) no
- (c) don't know

B. Where did you obtain the information from?

- (a) Serithi Project
- (b) Counselling session
- (c) Self
- (d) Magazine/ other printed material
- (e) Radio
- (f) Television

(g) Other ( specify).....

C. From your viewpoint what is the main message on healthy eating for persons living with HIV?

.....

D. Have you followed the advice you were given on healthy eating habits?

- (a) yes
- (b) no
- (c) don't know

E. If no, why not?

.....

### **ASSESSMENT OF INFANT FEEDING PRACTICES**

#### ***Instructions:***

The following questions are going to help us find out how you are currently feeding the baby since the last visit and to find out if the baby is growing well.

C1. Did you ever breastfeed your baby

- (a) yes – if yes continue from C1.1
- (b) no----- answer question below

C1.1 If no, why did you choose not to breastfeed your baby?

- a) fear of transmitting the virus through breastmilk
- b) did not think I could cope with breastfeeding exclusively
- c) other ( specify).....

### **PROCEED TO FORMULA FED BABIES SECTION ( C20)**

#### **BREAST FED BABIES (only):**

C1.1 Why did you choose to breastfeed your baby?

- a) it is the healthier option for my baby
- b) I will be able to cope with exclusive breastfeeding
- c) It is the cultural norm
- d) I breastfed previous children successfully
- e) Other (specify).....

C1.1 How soon after delivery did you put the baby to the breast to suckle?)

- a) within 1 hour after delivery
- b) 2 hours after delivery
- c) after a day ( 24 hours)
- d) don't know
- e) other ( specify).....

C2. What do you do to comfort the baby when the baby cries?

- (a) give a pacifier
- (b) other, specify.....

C3. Do you live with the baby currently?

- (a) Yes



(b) No

C4. If yes have you ever been separated from the baby since the last visit?

- a) yes
- b) no

C5. During the time you were separated from the baby, do you know what the baby was fed?

- a) yes
- b) no
- c) don't know

C6. If yes, was your baby fed:

- (a) your own expressed breastmilk
- (b) other milk or semi-solids
- (c) other ( specify).....

C7. Has anyone else beside yourself ever breastfed your baby since the last visit?

- 1. yes
- 2. no
- 9. do not know

C8. If yes why did the other person breastfeed your baby?

- (a) mother ill/weak
- (b) breast or nipple difficulty
- (c) not enough milk
- (d) work
- (e) has to go out/separated from infant
- (f) advised by husband/family member
- (g) do not want to infect child with HIV
- (h) Other specify.....

C9. Was the other person who wet nursed your baby .....

- (1) HIV positive
- (2) HIV negative
- (9) do not know

C10. Is the baby still being breastfed?

- (a) Yes- proceed to C11
- (b) No----continue with **cessation of breastmilk section**

C11. In addition to breastmilk are you feeding the baby any of the following foods and how many times in a day?

FOOD	YES ( TICK )	TIMES PER DAY
commercial infant formula		
commercial semi-solid infant food such as purity		
home prepared cereals/porridge/mashed fruit/vegetables		
traditional medicine		
over the counter unprescribed		

medicine such as Umuti wenyoni or gripe water – specify		
Medicine prescribed by a doctor or		
water/sugar water		
juice/tea		
other food / fluid, specify		

**Cessation of breastfeeding:**

**The following questions are for the mothers who have stopped/ are in the process of stopping breastfeeding. If the mother has not reported any breastfeeding in the last few days ask the following:**

C12. Have you completely stopped breastfeeding, every night and every day?

- (a) yes
- (b) no
- (9) Don't know

C13. How old was the baby when you completely stopped breastfeeding every night and every day?

- (a) age in days.....
- (a) age in weeks.....
- (b) Age in months.....

C14. Do you still put your baby to the breast to suckle occasionally?

- (a) yes
- (b) no

C13. How long did it take for you to completely stop breastfeeding your baby from the day you decided and began to stop to the day he or she no longer suckled from your breasts?

.....number of days  
 .....number of weeks

C14. What was the main reason for you stopping breast feeding?. Tick one appropriate response

<b>Reason</b>	<b>Tick</b>
a. infant no longer wanted to breastfeed	
b. to encourage infant to eat solid food	
c .pregnancy	
d. fear of transmitting HIV	
e. mother can afford replacement feeding	
f. advised by health care worker	
g. advised by husband or partner	
h. resumption of sexual relationship	
i. advised by other person	
j. separation from infant for other reasons	

k. mother too sick to breastfeed	
l. infant too sick to breastfeed	
m. infant not growing well	
n. other reason, specify.....	

C15. How did you stop breastfeeding your baby. Tick answer/s given (**can be more than 1 response**)

- (a) put something to breast
- (b) sent infant to relative or friend or neighbour
- (c) took medicine to stop milk
- (d) gave infant other milk
- (e) gave infant a feeding bottle
- (f) did nothing special
- (g) other method, describe.....

C16. When you stopped breastfeeding totally how long did it take you to stop?

- (a) 1 day
- (b) less than a week
- (c) more than a week.

C17. During this time **when you were stopping breastfeeding** what were you feeding the baby?

- (a) breastmilk
- (b) cows milk
- (c) formula milk
- (d) Other food, specify.....

C18. Did you encounter any problems when you stopped

- (a) yes
- (b) no

C19. If yes, what problems did you encounter when you stopped breastfeeding your baby? **Tick answer/s given. Can be more than one response**

- (a) infant cried or unhappy
- (b) breast pain
- (c) breast engorgement
- (d) mother became ill
- (e) infant became ill
- (f) disapproval by partner, family or neighbours
- (g) disapproval by health worker
- (h) no food or milk to feed the infant
- (i) other problems, specify.....

**If the baby has stopped being breast fed and is now formula fed, answer ALL the questions below:**

**FORMULA FED BABIES:**

C20. Specify the types of food given to the baby since the last visit ( **tick against response**)

FOOD	YES
commercial infant formula	
commercial semi-solid infant	

food such as purity	
home prepared cereals/porridge/ mashed fruit/vegetables	
traditional medicine	
over the counter unprescribed medicine such as Umuti wenyoni or gripe water – specify	
Medicine prescribed by a doctor or	
water/sugar water	
juice/tea	

C21. Where did you obtain the formula feeds for the baby?

- (a) health facility ( PMTCT) programme
- (b) Shop
- (c) Chemist
- (d) Other ( specify).....
- (9) Don't know

C22. Why did you **not** get formula feeds from the clinic?

- (a) Do not want to be seen carrying milk from the clinic
- (b) People will know I am HIV positive
- (c) Can afford to buy milk
- (d) Prefer other types than what is in the clinic
- (e) Do not like health workers attitude
- (f) Clinic does not stock/distribute milk
- (g) Too difficult to return to clinic
- (h) Other ( specify).....
- (i) Don't know

C23. Have you ever run out of formula milk?

- (a) yes
- (b) no
- (c) don't know

C24. Why did you run out of formula milk? ( **one or two reasons only**)

- (a) Insufficient supply from clinic
- (b) Unable to get to clinic
- (c) Ran out of money to buy own
- (d) Used milk for other children
- (e) Used formula milk for other purposes eg tea
- (f) Other,.....(**specify**)

C25. What did you **feed** the baby when you ran out of formula?

(**specify**).....

C26. What do you do to comfort the baby when the baby cries?

- (a) give a pacifier

(b) other, specify.....

C26.1 Do you live with the baby currently?

- (c) Yes
- (d) No

C26.2 If yes, have you ever been separated from the baby since the last visit?

- a) yes
- b) no

C26.3. During the time you were separated from the baby, do you know what the baby was fed?

- a. yes
- b. no
- c. don't know

C26.4. If yes , was your baby fed:

- (d) your own expressed breastmilk
- (e) other milk or semi-solids
- (c) other ( specify).....

C27. Do you have privacy where you stay for feeding the baby?

- (a) yes
- (b) no

C28. Does anyone ( family or friends) ask why you do not breast – fed your baby?

- (a) yes
- (b) no

C29. If yes, what reasons do you give them for not breastfeeding?

- (a) advised by health staff not to breastfeed
- (b) insufficient breast milk
- (c) ill health does not allow me to breastfeed
- (d) Other.....(specify)

**Infant health: The following questions will provide us with information on the general health of your baby:**

C30. Since the last visit has your baby had diarrhoea?

- (a) yes
- (b) no
- © don't know

C31. Since the last visit has your baby had any sores in the mouth?

- (a) yes
- (b) no
- (c) don't know

C31.1 Since the last visit has the baby had any other illness?

- (a) yes
- (b) no
- (c) do not know

C31.2 If yes, specify.....

C32. When your baby was ill did you consult the following:

- (a) clinic/hospital
- (b) private doctor
- (c) a traditional healer
- (d) chemist
- (e) other.....(specify)
- (f) not applicable

C33. What if any kinds of medicine were you given?

- (a) oral rehydration solution
- (b) vitamins
- (c) prescribed medicines
- (d) non-prescribed medicines
- (e) other.....(specify)
- (f) not applicable

C34. Since the last visit has your baby been admitted to hospital?

- (a) yes
- (b) no
- (c) don't know

C35. If yes, how many times?

- (a) once
- (b) more than once
- (c) do not know
- (d) not applicable

**PROCEED WITH THE MEDICAL ASSESSMENT BELOW**

**MEDICAL ASSESSMENT**

The following section helps us to assess the health of the mother ( pls answer all questions)

<b>E2</b>			<b>YES</b>	<b>NO</b>
1. Skin	1. Acne	Face		
		Back		
	2. Herpes Zoster	Current		
		Scar		
	3. Dermatitis	Non specific		
		Seborrhoeic		
4. Kaposi Sarcoma 5. Nail fungal infections				
2. Mouth	1. Oral candidiasis	White		
		Red		
		hypertrophic		
		periorbital		
	2. Oral hairy leukoplakia			
3. Oral ulceration				
4. Gingivitis				
3. Lymph Nodes	1. Small			
	2. Large			
	3. Matted			
4. CNS	1. Appropriate			
	2. Inappropriate			
	3. Peripheral Neuropathy			
5. Chest	1. Dyspnoea			
	2. Tachypnoea			
	3. Cough	Dry		
		Productive		
6. CVS	1. Normal			
	2. Tachycardia			
	3. Other			
7. GIT	1. HSM			
	2. Ascites			
	3. Diffusely tender			
8.	1. Oedema			
	2. Clubbing			
9.	1. Loss of weight			
	2. Cachexia			
<b>STAGE</b>				

---

**E3.0.** Any new problems (medical ) \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**E3.1.** Action taken \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

<b>FUNCTION</b>	<b>SCORE</b>
NORMAL, NO EVIDENCE OF DISEASE	100
ABLE TO PERFORM NORMAL ACTIVITY WITH ONLY MINOR SYMPTOMS	90
NORMAL ACTIVITY WITH EFFORT, SOME SYMPTOMS	80
ABLE TO CARE FOR SELF BUT UNABLE TO DO NORMAL ACTIVITIES	70
REQUIRES OCCASIONAL ASSISTANCE, CARES FOR MOST NEEDS	60
REQUIRES CONSIDERABLE ASSISTANCE	50
DISABLED, REQUIRES SPECIAL ASSISTANCE	40
SEVERELY DISABLED	30
VERY SICK, REQUIRES ACTIVE SUPPORTIVE TREATMENT	20
MORIBUND	10

**BLOOD FOR CD4: .....(TAKEN OR NOT TAKEN)**

**STAGE:.....**

**KARPOSKY SCORE:.....**

**DATE OF NEXT APPOINTMENT:\_\_\_\_\_**



# SERITHI PROJECT 6 Months QUESTIONNAIRE

IDENTIFICATION
CLINIC: _____
TOWNSHIP: _____
PATIENT NAME: _____
PATIENT REGISTRATION NUMBER: _____ _____

INTERVIEW	
INTERVIEW	RESULT CODES
DATE IN FULL:                      DD /MM/YY	1. COMPLETED: <input type="checkbox"/>
	2. REFUSED: <input type="checkbox"/>
	3. PARTIALLY COMPLETED: <input type="checkbox"/>
	4. OTHER: <input type="checkbox"/>
INTERVIEWER'S NAME: _____ _____ _____	

LANGUAGE		
LANGUAGE OF INTERVIEW: _____		
HOME LANGUAGE OF RESPONDENT: _____		
LANGUAGE CODES		
1 ENGLISH	5 IsiXhosa	9 ziTSONGA
2 sePEDI	6 isiZULU	10 isiNDEBELE
3 seTSWANA	7 seSOTHO	11 seSWATI
4 AFRIKAANS	8 tshiVENDA	
SUPERVISOR	DATA CAPTURER	OFFICE EDITOR
NAME:	NAME:	KEYED BY:
DATE:	DATE: DATE:	

Mother Date of Birth: \_\_\_\_\_  
Child Date of Birth: \_\_\_\_\_ Name of Child \_\_\_\_\_

**NEVIRAPINE ADMINISTRATION:**

**Mother:**

- a) Yes
- b) No
- c) Do not know

**Child:**

- a) Yes
- b) No
- c) Do not know

**INSTRUCTIONS:**

The questionnaire administered at this time will establish the nutritional status of the mother ( through measurements of her height and weight and mid- upper arm circumference and also through collection of blood samples which will be analysed for the levels of different vitamins and minerals. All this information will provide us with a more complete picture of the mothers own health.

In addition this questionnaire will be used to find out if the baby is growing well ( by measuring weight and length) and finding out as accurately as possible from the mothers what the baby is currently being fed.

**Anthropometric measurements**

<i>Mother</i>	<i>Baby</i>
Weight.....kg	weight.....kg
Height.....m	length.....cm
Mid upper arm circumference.....cm	
Sex of the baby.....	

**ASSESSMENT OF HEALTHY EATING AND LIVING PRACTICES:**

A. Since you were informed of your HIV status, did you receive any information on what foods to eat to stay healthy:

- (a) yes
- (b) no
- (c) don't know

B. Where did you obtain the information from?

- (a) Serithi Project
- (b) Counselling session
- (c) Self
- (d) Magazine/ other printed material
- (e) Radio

- (f) Television
- (g) Other ( specify).....

C. From your viewpoint what is the main message on healthy eating for persons living with HIV?

.....

D. Have you followed the advice you were given on healthy eating habits?

- (a) yes
- (b) no
- (c) don't know

E. If no, why not?

.....

### ASSESSMENT OF INFANT FEEDING PRACTICES

#### ***Instructions:***

The following questions are going to help us find out how you are currently feeding the baby since the last visit and to find out if the baby is growing well.

C1. Did you ever breastfeed your baby

- (a) yes – if yes continue from C1.1
- (b) no----- answer question below

C1.1 If no, why did you choose not to breastfeed your baby?

- a) fear of transmitting the virus through breastmilk
- b) did not think I could cope with breastfeeding exclusively
- c) other ( specify).....

### PROCEED TO FORMULA FED BABIES SECTION ( C20)

#### **BREAST FED BABIES (only):**

C1.1 Why did you choose to breastfeed your baby?

- a) it is the healthier option for my baby
- b) I will be able to cope with exclusive breastfeeding
- c) It is the cultural norm
- d) I breastfed previous children successfully
- e) Other (specify).....

C1.1 How soon after delivery did you put the baby to the breast to suckle?)

- a) within 1 hour after delivery
- b) 2 hours after delivery
- c) after a day ( 24 hours)
- d) don't know
- e) other ( specify).....

C2. What do you do to comfort the baby when the baby cries?

- (a) give a pacifier
- (b) other, specify.....

C3. Do you live with the baby currently?

- (a) Yes
- (b) No

C4. If yes have you ever been separated from the baby since the last visit?

- a) yes
- b) no

C5. During the time you were separated from the baby, do you know what the baby was fed?

- a) yes
- b) no
- c) don't know

C6. If yes, was your baby fed:

- (a) your own expressed breastmilk
- (b) other milk or semi-solids
- (c) other ( specify).....

C7. Has anyone else beside yourself ever breastfed your baby since the last visit?

- 1. yes
- 2. no
- 9. do not know

C8. If yes why did the other person breastfeed your baby?

- (a) mother ill/weak
- (b) breast or nipple difficulty
- (c) not enough milk
- (d) work
- (e) has to go out/separated from infant
- (f) advised by husband/family member
- (g) do not want to infect child with HIV
- (h) Other specify.....

C9. Was the other person who wet nursed your baby .....

- (1) HIV positive
- (2) HIV negative
- (9) do not know

C10. Is the baby still being breastfed?

- (a) Yes- proceed to C11
- (b) No----continue with **cessation of breastmilk section**

C11. In addition to breastmilk are you feeding the baby any of the following foods and how many times in a day?

FOOD	YES ( TICK )	TIMES PER DAY
commercial infant formula		
commercial semi-solid infant food such as purity		
home prepared cereals/porridge/mashed fruit/vegetables		
traditional medicine		

over the counter unprescribed medicine such as Umuti wenyoni or gripe water – specify		
Medicine prescribed by a doctor or		
water/sugar water		
juice/tea		
other food / fluid, specify		

**Cessation of breastfeeding:**

**The following questions are for the mothers who have stopped/ are in the process of stopping breastfeeding. If the mother has not reported any breastfeeding in the last few days ask the following:**

C12. Have you completely stopped breastfeeding, every night and every day?

- (a) yes
- (b) no
- (9) Don't know

C13. How old was the baby when you completely stopped breastfeeding every night and every day?

- (a) age in days.....
- (a) age in weeks.....
- (b) Age in months.....

C14. Do you still put your baby to the breast to suckle occasionally?

- (a) yes
- (b) no

C13. How long did it take for you to completely stop breastfeeding your baby from the day you decided and began to stop to the day he or she no longer suckled from your breasts?

.....number of days  
 .....number of weeks

C14. What was the main reason for you stopping breast feeding?. Tick one appropriate response

<b>Reason</b>	<b>Tick</b>
a. infant no longer wanted to breastfeed	
b. to encourage infant to eat solid food	
c .pregnancy	
d. fear of transmitting HIV	
e. mother can afford replacement feeding	
f. advised by health care worker	
g. advised by husband or partner	
h. resumption of sexual relationship	
i. advised by other person	

j. separation from infant for other reasons	
k. mother too sick to breastfeed	
l. infant too sick to breastfeed	
m. infant not growing well	
n. other reason, specify.....	

C15. How did you stop breastfeeding your baby. Tick answer/s given (**can be more than 1 response**)

- (a) put something to breast
- (b) sent infant to relative or friend or neighbour
- (c) took medicine to stop milk
- (d) gave infant other milk
- (e) gave infant a feeding bottle
- (f) did nothing special
- (g) other method, describe.....

C16. When you stopped breastfeeding totally how long did it take you to stop?

- (a) 1 day
- (b) less than a week
- (c) more than a week.

C17. During this time **when you were stopping breastfeeding** what were you feeding the baby?

- (a) breastmilk
- (b) cows milk
- (c) formula milk
- (d) Other food, specify.....

C18. Did you encounter any problems when you stopped

- (a) yes
- (b) no

C19. If yes, what problems did you encounter when you stopped breastfeeding your baby? **Tick answer/s given. Can be more than one response**

- (a) infant cried or unhappy
- (b) breast pain
- (c) breast engorgement
- (d) mother became ill
- (e) infant became ill
- (f) disapproval by partner, family or neighbours
- (g) disapproval by health worker
- (h) no food or milk to feed the infant
- (i) other problems, specify.....

**If the baby has stopped being breast fed and is now formula fed, answer ALL the questions below:**

**FORMULA FED BABIES:**

C20. Specify the types of food given to the baby since the last visit ( **tick against response**)

FOOD	YES
commercial infant formula	

commercial semi-solid infant food such as purity	
home prepared cereals/porridge/mashed fruit/vegetables	
traditional medicine	
over the counter unprescribed medicine such as Umuti wenyoni or gripe water – specify	
Medicine prescribed by a doctor or	
water/sugar water	
juice/tea	

C21. Where did you obtain the formula feeds for the baby?

- (a) health facility ( PMTCT) programme
- (b) Shop
- (c) Chemist
- (d) Other ( specify).....
- (9) Don't know

C22. Why did you **not** get formula feeds from the clinic?

- (a) Do not want to be seen carrying milk from the clinic
- (b) People will know I am HIV positive
- (c) Can afford to buy milk
- (d) Prefer other types than what is in the clinic
- (e) Do not like health workers attitude
- (f) Clinic does not stock/distribute milk
- (g) Too difficult to return to clinic
- (h) Other ( specify).....
- (i) Don't know

C23. Have you ever run out of formula milk?

- (a) yes
- (b) no
- (c) don't know

C24. Why did you run out of formula milk? ( **one or two reasons only**)

- (a) Insufficient supply from clinic
- (b) Unable to get to clinic
- (c) Ran out of money to buy own
- (d) Used milk for other children
- (e) Used formula milk for other purposes eg tea
- (f) Other,.....(**specify**)

C25. What did you **feed** the baby when you ran out of formula?

(**specify**).....

C26. What do you do to comfort the baby when the baby cries?

- (a) give a pacifier

(b) other, specify.....

C26.1 Do you live with the baby currently?

- (c) Yes
- (d) No

C26.2 If yes, have you ever been separated from the baby since the last visit?

- a) yes
- b) no

C26.3. During the time you were separated from the baby, do you know what the baby was fed?

- a. yes
- b. no
- c. don't know

C26.4. If yes , was your baby fed:

- (d) your own expressed breastmilk
- (e) other milk or semi-solids
- (c) other ( specify).....

C27. Do you have privacy where you stay for feeding the baby?

- (a) yes
- (b) no

C28. Does anyone ( family or friends) ask why you do not breast – fed your baby?

- (a) yes
- (b) no

C29. If yes, what reasons do you give them for not breastfeeding?

- (a) advised by health staff not to breastfeed
- (b) insufficient breast milk
- (c) ill health does not allow me to breastfeed
- (d) Other.....(specify)

**Infant health: The following questions will provide us with information on the general health of your baby:**

C30. Since the last visit has your baby had diarrhoea?

- (a) yes
- (b) no
- © don't know

C31. Since the last visit has your baby had any sores in the mouth?

- (a) yes
- (b) no
- (c) don't know

C31.1 Since the last visit has the baby had any other illness?

- (a) yes
- (b) no
- (c) do not know

C31.2 If yes, specify.....



C32. When your baby was ill did you consult the following:

- (a) clinic/hospital
- (b) private doctor
- (c) a traditional healer
- (d) chemist
- (e) other.....(specify)
- (f) not applicable

C33. What if any kinds of medicine were you given?

- (a) oral rehydration solution
- (b) vitamins
- (c) prescribed medicines
- (d) non-prescribed medicines
- (e) other.....(specify)
- (f) not applicable

C34. Since the last visit has your baby been admitted to hospital?

- (a) yes
- (b) no
- (c) don't know

C35. If yes, how many times?

- (a) once
- (b) more than once
- (c) do not know
- (d) not applicable

**PROCEED WITH THE MEDICAL ASSESSMENT BELOW**

**MEDICAL ASSESSMENT**

The following section helps us to assess the health of the mother ( pls answer all questions)

<b>E2</b>			<b>YES</b>	<b>NO</b>
1. Skin	1. Acne	Face		
		Back		
	2. Herpes Zoster	Current		
		Scar		
	3. Dermatitis	Non specific		
		Seborrhoeic		
4. Kaposi Sarcoma 5. Nail fungal infections				
2. Mouth	1. Oral candidiasis	White		
		Red		
		hypertrophic		
		periorbital		
	2. Oral hairy leukoplakia			
3. Oral ulceration				
4. Gingivitis				
3. Lymph Nodes	1. Small			
	2. Large			
	3. Matted			
4. CNS	1. Appropriate			
	2. Inappropriate			
	3. Peripheral Neuropathy			
5. Chest	1. Dyspnoea			
	2. Tachypnoea			
	3. Cough	Dry		
		Productive		
6. CVS	1. Normal			
	2. Tachycardia			
	3. Other			
7. GIT	1. HSM			
	2. Ascites			
	3. Diffusely tender			
8.	1. Oedema			
	2. Clubbing			
9.	1. Loss of weight			
	2. Cachexia			
<b>STAGE</b>				

---

**E3.0.** Any new problems (medical ) \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**E3.1.** Action taken \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

<b>FUNCTION</b>	<b>SCORE</b>
NORMAL, NO EVIDENCE OF DISEASE	100
ABLE TO PERFORM NORMAL ACTIVITY WITH ONLY MINOR SYMPTOMS	90
NORMAL ACTIVITY WITH EFFORT, SOME SYMPTOMS	80
ABLE TO CARE FOR SELF BUT UNABLE TO DO NORMAL ACTIVITIES	70
REQUIRES OCCASIONAL ASSISTANCE, CARES FOR MOST NEEDS	60
REQUIRES CONSIDERABLE ASSISTANCE	50
DISABLED, REQUIRES SPECIAL ASSISTANCE	40
SEVERELY DISABLED	30
VERY SICK, REQUIRES ACTIVE SUPPORTIVE TREATMENT	20
MORIBUND	10

**BLOOD FOR CD4: .....(TAKEN OR NOT TAKEN)**

**STAGE:.....**

**KARPOSKY SCORE:.....**

**DATE OF NEXT APPOINTMENT .....**

**12<sup>th</sup> Month Interview**

<b>IDENTIFICATION</b>
CLINIC: _____
TOWNSHIP: _____
PATIENT FULL NAME: _____
PATIENT REGISTRATION NUMBER: _____

<b>INTERVIEW</b>
DATE IN FULL:            DD/MM/YY _____
INTERVIEWER'S NAME: _____

LANGUAGE OF INTERVIEW: _____
HOME LANGUAGE OF RESPONDENT: _____

**Thank you for being willing to talk to us again. In this interview we want to find out how you have been since the last interview, how the baby has been and if there have been any changes in your life since we last saw you. We will also examine you and the baby and take some blood from you**

**First we would like to ask you some medical questions**

**A.** Since you were informed of your HIV status, did you receive any information on what foods to eat to stay healthy:

YES	1
NO	0
DO NOT KNOW	2

**B.** From where did you obtain the information?

Serithi Project	1
Counselling session	2
Magazine/ other printed material	3
Self	4
Radio	5
Television	6
Other ( specify)	7

**C.** From your viewpoint what is the main message on healthy eating for persons living with HIV?

---



---

**D.** Have you followed the advice you were given on healthy eating habits?

YES	1
NO	0
DO NOT KNOW	2

**E.** Have you lost a lot of weight in the past 6 months

YES	1
NO	0
DO NOT KNOW	2

**IF YES**

**F.** If you have lost a lot of weight would you say the change has been in :

One dress size	1
More than 1 dress size	2
Do not know	3

Other (specify)	4
-----------------	---

**M1.** Are you sexually active?

**IF NO go to M2**

YES	1
NO	0

**IF YES**

**M1.1.** Are you using contraception?

YES	1
NO	0
NA	5

**IF YES**

**M1.2.** What are you using?

CONDOMS	1
INJECTION	2
PILL	3
OTHERS - SPECIFY	4
N/A	99

**IF YES OR NO TO M1.1**

**M1.2** Are you using a condom now?

ALL THE TIME	2
SOMETIMES	1
NEVER	0
N/A	99

**M2.** Have you been pregnant since the birth of your “Serithi baby”?

YES	1
NO	0

**IF YES**

**M2.1** Did you plan the pregnancy?

YES	1
NO	0
N/A	99

**M2.2** Are you pregnant now?

YES	1
NO	0
DON”T KNOW	2

**M 3.** Are you planning another child?

YES	1
NO	0

**IF YES**

**M3.1** whose decision is this?

RESPONDENT	1
PARTNER	2
JOINTLY	3
PRESSURE FROM FAMILY	4
OTHER (SPECIFY)	5
N/A	99

**M4.** Have you been ill since we last saw you?

**IF NO go to M5**

YES	1
NO	0

**IF YES**

**M4.1.** What was wrong \_\_\_\_\_

**M4.2**

Were you admitted to hospital?

YES	1
NO	0
N/A	99

**M5.** We acknowledge the work that traditional/spiritual healers do and respect their practices and are interested in hearing about their contribution in dealing with HIV so would like to hear from you if you have ever been to a traditional/spiritual healer about your HIV?

YES	1
NO	0

**M5.1** What did he/she do to try and help you? \_\_\_\_\_.

**M5.2** Do you think it helped you?

YES	1
NO	0
NA	99

**M6.** Are you on antiretrovirals?

YES	1
NO	0

**IF NO GO TO M7**

**Now I wish to ask you about the possible problems with the medication. This will possibly help us to develop methods to try and solve these problems**

**M6.1** When did you start the medication? \_\_\_\_\_

**M6.2** Have you seen any change in your condition?

YES	1
NO	0
NOT SURE	2
N/A	99

**M6.3** Have the medicines made you feel ill?

YES	1
NO	0
N/A	99

**M6.31** Can you describe the symptoms?  
\_\_\_\_\_

**M6.4.** Have you ever missed taking any tablets

YES	1
NO	0
N/A	99

**M6.5** Are still taking the tablets?

YES	1
NO	0
N/A	99

**IF NO**

**M6.6 WHY WAS THIS** \_\_\_\_\_

**M6.7** The ARV treatment requires that you have a person who is your treatment “buddy”? \_\_\_\_\_

**M6.8**

Is he/she helping you

YES	1
NO	0
N/A	99

**IF NO**

**M6.9** Why is this? \_\_\_\_\_

**IF YES**

**M6.10** How is your buddy helping you? \_\_\_\_\_



---

**M6.10** Is it a difficult to get to the clinic every month for the tablets?

YES	1
NO	0
N/A	99

**IF YES**

**M6.11** Why is  
this? \_\_\_\_\_

**M6.12** Other than your treatment buddy does anybody else know you are on medication?

YES	1
NO	0
N/A	99

**M6.13** Have you had to disclose to more people because you are taking tablets?

YES	1
NO	0
N/A	99

**IF YES**

**M6.14.** To whom did you have to disclose

---

**M6.15.** Why was it necessary to disclose to these people/person?

---

**M6.16.** Have people asked you why you have to keep on taking tablets

YES	1
NO	0
N/A	99

**IF YES**

**M6.17.** What do you tell them?

---

**Now I wish to ask you some questions about your baby**

**M7.** Since we last saw you has the baby been ill?

**IF NO go to M8**

YES	1
NO	0

**IF YES**

**M7.1.** What was wrong with the baby?

---

**M7.2** Was the baby admitted to hospital?

YES	1
NO	0
N/A	99

**M8.** Have you taken the baby to a traditional/spiritual healer

YES	1
NO	0

N/A	99
-----	----

**IF YES**

**M8.1** Why did you take the baby?

---

**M8.2** What did he/she do?

---

**M8.3.** Do you think it helped the baby?

YES	1
NO	0
N/A	99

**M9.** Is the baby HIV +ve?

**If NO go to M10**

YES	1
NO	0

**IF YES**

**M9.1** What treatment is the baby receiving?

None	0
Bactrim	1
Multivits	2
Antiretrovirals	3
Other (Specify)	4
N/A	99

**(Can tick more than 1)**

**M9.2** Are you managing to remember to give the baby the antiretroviral medicine every time

YES	1
NO	0
N/A	99

**M9.3** Has the baby been ill because of the treatment

YES	1
NO	0
NOT SURE	2
N/A	99

**IF YES**

**M9.4**

Specify \_\_\_\_\_

**M9.5** Do you find it difficult to come to the clinic every month for the medication

YES	1
NO	0
N/A	99

**IF YES**

**M9.6**

Why \_\_\_\_\_

-

**M9.7** Who is taking care of the child? \_\_\_\_\_

**M9.8.** With whom is the child during the day? \_\_\_\_\_

**M9.9** Are they responsible for giving the child the medication?

YES	1
NO	0
N/A	99

**M9.8** Do they manage to give the baby the medication

YES	1
NO	0
DON'T KNOW	2
N/A	99

**M10 .** What are you currently feeding the baby and how many times in a day?

FOOD	YES ( TICK )	TIMES PER DAY
Breastmilk		
commercial infant formula		
commercial semi-solid infant food such as purity		
home prepared cereals/porridge/mashed fruit/vegetables		
traditional medicine		
over the counter unprescribed medicine such as Umuti wenyoni or gripe water – specify		
Medicine prescribed by a doctor or		
water/sugar water		
juice/tea		
other food / fluid, specify		

**EXAMINATION MOTHER**

**OE1. Anthropometric measurements**

<b>Mother</b>	
Height.....m	Mid upper arm circumference.....cm
Weight.....kg	

**0E2**

<b>STAGING.</b>			<b>YES</b>	<b>NO</b>
1. Skin	1. Acne	Face		
		Back		
	2. Herpes Zoster	Current		
		Scar		
	3. Dermatitis	Non specific		
		Seborrhoeic		
4. Kaposi Sarcoma				
5. Nail fungal infections				
2. Mouth	1. Oral candidiasis	White		
		Red		
		hypertrophic		
		periorbital		
	2. Oral hairy leukoplakia			
3. Oral ulceration				
4. Gingivitis				
3. Lymph Nodes	1. Small			
	2. Large			
	3. Matted			
4. CNS	1. Appropriate			
	2. Inappropriate			
	3. Peripheral Neuropathy			
5. Chest	1. Dyspnoea			
	2. Tachypnoea			
	3. Cough	Dry		
		Productive		
	4. Crepitations			
	5. Consolidation			
6. Effusion				
6. CVS	1. Normal			
	2. Tachycardia			
	3. Other			
7. GIT	1. HSM			
	2. Ascites			
	3. Diffusely tender			
8.	1. Oedema			
	2. Clubbing			
9.	1. Loss of weight			
	2. Cachexia			
<b>Stage</b>				

**OE3. Any new medical problems** \_\_\_\_\_

\_\_\_\_\_

**OE4. Action taken** \_\_\_\_\_

\_\_\_\_\_

**BABY**

**OB1. Baby weight** \_\_\_\_\_

**OB2. Baby length** \_\_\_\_\_

**OB3 Sex of baby**

MALE	1
FEMALE	2

**OB4. Any obvious illness**

YES	1
NO	0

**P1. Any new medical problems** \_\_\_\_\_

\_\_\_\_\_

**P2. Action taken** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**18<sup>th</sup> Month Interview**

<b>IDENTIFICATION</b>
CLINIC: _____
TOWNSHIP: _____
PATIENT FULL NAME: _____
PATIENT REGISTRATION NUMBER: _____

<b>INTERVIEW</b>
DATE IN FULL:                      DD/MM/YY _____
INTERVIEWER'S NAME: _____ _____

LANGUAGE OF INTERVIEW: _____
HOME LANGUAGE OF RESPONDENT: _____



**Thank you for being willing to talk to us again. In this interview we want to find out how you have been since the last interview, how the baby has been and if there have been any changes in your life since we last saw you. We will also examine you and the baby and take some blood from you**

**First we would like to ask you some medical questions**

**A.** Since you were informed of your HIV status, did you receive any information on what foods to eat to stay healthy:

YES	1
NO	0
DO NOT KNOW	2

**B.** From where did you obtain the information?

Serithi Project	1
Counselling session	2
Magazine/ other printed material	3
Self	4
Radio	5
Television	6
Other ( specify)	7

**C.** From your viewpoint what is the main message on healthy eating for persons living with HIV?

---



---

**D.** Have you followed the advice you were given on healthy eating habits?

YES	1
NO	0
DO NOT KNOW	2

**E.** Have you lost a lot of weight in the past 6 months

YES	1
NO	0
DO NOT KNOW	2

**IF YES**

**F.** If you have lost a lot of weight would you say the change has been in :

One dress size	1
More than 1 dress size	2
Do not know	3
Other (specify)	4

**M1.** Are you sexually active?

**IF NO go to M2**

YES	1
NO	0

**IF YES**

**M1.1.** Are you using contraception?

YES	1
NO	0
NA	5

**IF YES**

**M1.2.** What are you using?

CONDOMS	1
INJECTION	2
PILL	3
OTHERS - SPECIFY	4
N/A	99

**IF YES OR NO TO M1.1**

**M1.2** Are you using a condom now?

ALL THE TIME	2
SOMETIMES	1
NEVER	0
N/A	99

**M2.** Have you been pregnant since the birth of your “Serithi baby”?

YES	1
NO	0

**IF YES**

**M2.1** Did you plan the pregnancy?

YES	1
NO	0
N/A	99

**M2.2** Are you pregnant now?

YES	1
NO	0
DON’T KNOW	2

**M 3.** Are you planning another child?

YES	1
NO	0

**IF YES**

**M3.1** whose decision is this?

RESPONDENT	1
PARTNER	2
JOINTLY	3
PRESSURE FROM FAMILY	4
OTHER (SPECIFY)	5
N/A	99

**M4.** Have you been ill since we last saw you?

**IF NO go to M5**

YES	1
NO	0

**IF YES**

**M4.1.** What was wrong \_\_\_\_\_

**M4.2**

Were you admitted to hospital?

YES	1
NO	0
N/A	99

**M5.** We acknowledge the work that traditional/spiritual healers do and respect their practices and are interested in hearing about their contribution in dealing with HIV so would like to hear from you if you have ever been to a traditional/spiritual healer about your HIV?

YES	1
NO	0

**M5.1** What did he/she do to try and help you? \_\_\_\_\_.

**M5.2** Do you think it helped you?

YES	1
NO	0
N/A	99

**M6.** Are you on antiretrovirals?

YES	1
NO	0

**IF NO GO TO M7**

**Now I wish to ask you about the possible problems with the medication. This will possibly help us to develop methods to try and solve these problems**

**M6.1** When did you start the medication? \_\_\_\_\_

**M6.2** Have you seen any change in your condition?

Y E S	1
N O	0
N O T S U R E	2
N/ A	9 9

**M6.3** Have the medicines made you feel ill?

Y E S	1
N O	0
N/ A	9 9

**M6.31** Can you describe the symptoms? \_\_\_\_\_

**M6.4.** Have you ever missed taking any tablets

Y E S	1
N O	0
N/ A	9 9

**M6.5** Are still taking the tablets?

Y E S	1
N O	0
N/ A	9 9

**IF NO**

**M6.6 WHY WAS THIS** \_\_\_\_\_

**M6.7** The ARV treatment requires that you have a person who is your treatment “buddy”? \_\_\_\_\_

**M6.8**

Is he/she helping you

Y E S	1
N O	0
N/A	99

**IF NO**

**M6.9** Why is this? \_\_\_\_\_

**IF YES**

**M6.10** How is your buddy helping you? \_\_\_\_\_

---

**M6.10** Is it a difficult to get to the clinic every month for the tablets?

YES	1
NO	0
N/A	99

**IF YES**

**M6.11** Why is this? \_\_\_\_\_

**M6.12** Other than your treatment buddy does anybody else know you are on medication?

YE S	1
N O	0
N/ A	9 9

**M6.13** Have you had to disclose to more people because you are taking tablets?

YES	1
NO	0
N/A	99

**IF YES**

**M6.14.** To whom did you have to disclose \_\_\_\_\_

**M6.15.** Why was it necessary to disclose to these people/person? \_\_\_\_\_

**M6.16.** Have people asked you why you have to keep on taking tablets

YES	1
NO	0
N/A	99

**IF YES**

**M6.17.** What do you tell them? \_\_\_\_\_

**Now I wish to ask you some questions about your baby**

**M7.** Since we last saw you has the baby been ill?

**IF NO go to M8**

YES	1
NO	0

**IF YES**

**M7.1.** What was wrong with the baby? \_\_\_\_\_

**M7.2** Was the baby admitted to hospital?

YE S	1
N O	0
N/ A	9 9

**M8.** Have you taken the baby to a traditional/spiritual healer

YES	1
NO	0
N/A	99

**IF YES**

**M8.1** Why did you take the baby? \_\_\_\_\_

**M8.2** What did he/she do? \_\_\_\_\_

**M8.3.** Do you think it helped the baby?

Y E S	1
N O	0
N/ A	9 9

**M9.** Is the baby HIV +ve?

**If NO go to M10**

YES	1
NO	0

**IF YES**

**M9.1** What treatment is the baby receiving?

None	0
Bactrim	1
Multivits	2
Antiretrovirals	3
Other (Specify)	4
N/A	99

**(Can tick more than 1)**

**M9.2** Are you managing to remember to give the baby the antiretroviral medicine every time

Y E S	1
N O	0
N/ A	9 9

**M9.3** Has the baby been ill because of the treatment

YES	1
NO	0
NOT SURE	2
N/A	99

**IF YES**

**M9.4** Specify \_\_\_\_\_

**M9.5** Do you find it difficult to come to the clinic every month for the medication

YES	1
NO	0
N/A	99

**IF YES**

**M9.6** Why \_\_\_\_\_

\_\_\_\_\_

**M9.7** Who is taking care of the child? \_\_\_\_\_



**M9.8.** With whom is the child during the day? \_\_\_\_\_

**M9.9** Are they responsible for giving the child the medication?

YES	1
NO	0
N/A	99

**M9.8** Do they manage to give the baby the medication

YES	1
NO	0
DON'T KNOW	2
N/A	99

**M10 .** What are you currently feeding the baby and how many times in a day?

<b>FOOD</b>	<b>YES ( TICK )</b>	<b>TIMES PER DAY</b>
Breastmilk		
commercial infant formula		
commercial semi-solid infant food such as purity		
home prepared cereals/porridge/mashed fruit/vegetables		
traditional medicine		
over the counter unprescribed medicine such as Umuti wenyoni or gripe water – specify		
Medicine prescribed by a doctor or		
water/sugar water		
juice/tea		
other food / fluid, specify		

**EXAMINATION  
MOTHER**

**OE1. Anthropometric measurements**

<b>Mother</b>	
Height.....m	Mid upper arm circumference.....cm
Weight.....kg	

**0E2**

<b>STAGING.</b>			<b>YES</b>	<b>NO</b>
1. Skin	1. Acne	Face		
		Back		
	2. Herpes Zoster	Current		
		Scar		
	3. Dermatitis	Non specific		
		Seborrhoeic		
4. Kaposi Sarcoma				
5. Nail fungal infections				
2. Mouth	1. Oral candidiasis	White		
		Red		
		hypertrophic		
		periorbital		
	2. Oral hairy leukoplakia			
3. Oral ulceration				
4. Gingivitis				
3. Lymph Nodes	1. Small			
	2. Large			
	3. Matted			
4. CNS	1. Appropriate			
	2. Inappropriate			
	3. Peripheral Neuropathy			
5. Chest	1. Dyspnoea			
	2. Tachypnoea			
	3. Cough	Dry		
		Productive		
	4. Crepitations			
	5. Consolidation			
6. Effusion				
6. CVS	1. Normal			
	2. Tachycardia			
	3. Other			
7. GIT	1. HSM			
	2. Ascites			
	3. Diffusely tender			
8.	1. Oedema			
	2. Clubbing			
9.	1. Loss of weight			
	2. Cachexia			
<b>Stage</b>				

**OE3. Any new medical problems** \_\_\_\_\_

**OE4. Action taken** \_\_\_\_\_



**BABY**

**OB1. Baby weight** \_\_\_\_\_

**OB2. Baby length** \_\_\_\_\_

**OB3 Sex of baby**

MALE	1
FEMALE	2

**OB4. Any obvious illness**

YES	1
NO	0

**P1. Any new medical problems** \_\_\_\_\_

**P2. Action taken** \_\_\_\_\_

\_\_\_\_\_

## SECTION A

I wish to ask you some questions about your personal life and how it may have changed since the last time we saw you. These questions we have asked you before and we apologise for this. The reason we want to ask them is to see how things have changed for you. This will help us with our research. This is the last time we will be asking these questions

**A1** Did your marital status change in the last 6 months?

YES	1
NO	2

**IF NO**, continue with **A6**

**IF YES:**

**A2.**What is your marital status now?

SINGLE	1
MARRIED: (CIVIL OR TRADITIONAL)	2
NO CHANGE	3

**A3 IF MARRIED** Are you living with your partner?

YES	1
NO	2
NO CHANGE	3
N/A	99

**A4 IF SINGLE:**

LIVING WITH PARTNER	6
HAVE A PARTNER NOT LIVING TOGETHER	7
SINGLE WITHOUT A PARTNER	8
NO CHANGE	9
N/A	99

**IF “not living together” THEN** Where does your partner stay? \_\_\_\_\_

\_\_\_\_\_

**A4.** Does your new husband/partner currently work?

YES	1
NO	0
NO CHANGE	2

**IF YES:**

**A5** What is your new husband/partner's occupation? \_\_\_\_\_

**A6.** Within the last 6 months has your husband/partner provided money you need for food, rent, and bills?

YES	1
NO	0
NO CHANGE	5

**A7.** Are you still staying in the same house?

YES	1
NO	0

**IF NO**

**A8.** Where are you staying now?

\_\_\_\_\_

**A9.** Why did you move there?

\_\_\_\_\_

**A10.** With whom do you share your home?

PERSON	No.	Code
PARTNER		1
PARENT		2
DAUGHTER		3
SON		4
PARENT-IN-LAW		5
SON-IN-LAW		6
DAUGHTER-IN-LAW		7
GRANDCHILD		8
BROTHER/SISTER		9
OTHER RELATIVES		1
NOT RELATED		11
NO CHANGE		12

**A11.** In the past 6 months did your work status change?

YES	1
NO	0

**IF YES:**

**A12** What kind of work do you do now? (includes self employment)  
 .....

**(IF STILL WITH THE SAME PARTNER ASK THESE QUESTIONS)**

**A13.** Did your partner's work situation changed the past 6 months?

2

YES	1
NO	0
NO PARTNER	2
NEW PARTNER	3

**IF YES**

**A14.** What kind of work does he do now? .....

**A15.** Have the other sources of income you had changed during the past 6 months?

YES	1
NO	0

**IF YES:**

**A16.** What other sources of income do you have now?

Old age pension / government	1
Pension from work/retirement benefits	2
Disability grant /.government	3
Compensation Fund (injury / illness at work)	4
State maintenance grant/r child support grant	5
Private maintenance parent/ former spouse	6
Care dependency (single care) grant	7
Foster care grant	8
Unemployment Insurance Fund	9
Remittance/financial support people not in household	10
Gratuities/other lump sum	11
Other sources (specify)	12
NO CHANGE	13

**A17** About how much is the income in your household each month? R \_\_\_\_\_

**A18.** How many people live on this income? \_\_\_\_\_

**SECTION B**

**In the past few interviews we have asked you about who makes decisions on certain things such as buying of food how money has spent who decides on your treatment if you are ill, if your baby is ill who makes the decision to have another child and sexual matters**

**B1** Do you think that any of these have changed at all?

YES	1
NO	0

**B2.**Who in your household decides on what food to buy?

RESPONDENT	1
HUSBAND/ PARTNER	2
JOINTLY	3
OTHER, SPECIFY	4

**B3.** Who in your household has the final say on how money is spent?

RESPONDENT	1
HUSBAND/ PARTNER	2
JOINTLY	3
OTHER, SPECIFY	4

**B4.** If you were sick and a decision had to be made about treatment, who in your household would have the final say in making the decision

RESPONDENT	1
HUSBAND/ PARTNER	2
JOINTLY	3
OTHER, SPECIFY	4

**B5.** If your child were sick, who in your household would have the final say, if a decision needed to be made about treatment?

RESPONDENT	1
HUSBAND/ PARTNER	2
JOINTLY	3
OTHER, SPECIFY	4

**B6.** Who in your household has the final say on whether to have another child

RESPONDENT	1
HUSBAND/ PARTNER	2
JOINTLY	3
OTHER, SPECIFY	4
NA	5

**B7.** Partners do not always agree on everything, tell me between you and your partner who has the final say in decisions to do with sex?

RESPONDENT	1
HUSBAND/ PARTNER	2
JOINTLY	3
NO PARTNER	4

**B8.** Who has the final say about whether to use contraception?

RESPONDENT	1
HUSBAND/ PARTNER	2
JOINTLY	3
NO PARTNER	4



**SECTION C**

**We now want to ask you about the people you have disclosed to**

**C1. Have you ever disclosed?**

YES	1
NO	2

Who was it that you told? first, second etc.	Why was it that you wanted to disclose to this person?	What was this person's reaction?	Overall, do you consider it a good or bad thing that you disclosed to this person?	
			Good	Bad
1)				
2)				
3)				
4)				
5)				

**PROMPT, BEFORE YOU FINISH COMPLETING DISCLOSURE SHEET: "IS THERE ANYONE ELSE YOU HAVE TOLD ABOUT THE HIV?"**

## **SECTION D**

**The following is a list of statements that people with HIV have made about themselves. For each statement, please let me know the answer that comes closest to the way you feel about yourself. Let me know if you agree or disagree**

<b>D1 PERSONAL VIEW</b>	<b>AGREE</b>	<b>DISAGREE</b>
1. When people know I have HIV I feel uncomfortable around them		
2. I feel ashamed that I have HIV		
3. I must have done something to deserve getting HIV		
4. If I drank from a tap and people knew I had HIV they would not drink from the same tap		
5. Most employers would not employ me because I am HIV+		
6. Although I have HIV I am a person who deserves as much respect as anyone else		
7. I feel that it is my fault that I got HIV		
8. People are right to be afraid of me because I have HIV		
9. Because of my HIV I feel I am less attractive to others		
10. I have a lot to teach people about life through having HIV		
11. I feel it is completely safe for me to handle other people's children		
12. I deserve a lot of praise for coping with HIV		
13. I would understand if people rejected my friendship because I am HIV+		
14. My neighbours would not like me living next door if they knew I had HIV		
15. I think less of myself because I have HIV		
16. I think my getting HIV was a matter of bad luck		
17. I feel that I am bewitched because I have HIV		
18. If I was in public or private transport and someone knew I had HIV they would not sit next to me		
19. Even though I have HIV I don't believe I am different from anyone else		
20. Getting HIV is a punishment for bad behaviour		

**The general public has a wide range of beliefs about people who have AIDS or HIV. I am going to read a list of some of these beliefs and attitudes and I want you to let me know what you think most people in your community believe. Let me know if you agree or disagree that most people think like this.**

<b>D2 COMMUNITY VIEW</b>	<b>AGREE</b>	<b>DISAGREE</b>
1. Most people think that getting HIV is a punishment for bad behaviour		
2. Most people think that someone with HIV is no different from anyone else		
3. Most people would not sit next to someone with HIV in public or private transport		
4. Most people feel that some people with HIV are bewitched		
5. Most people think that having HIV is just a matter of bad luck		
6. Most people think less of someone because they have HIV		
7. Most people would not like someone with HIV to be living next door.		
8. Most people would reject the friendship of someone with HIV		
9. Most people feel that a person with HIV deserves a lot of praise for the way that they cope with the disease		
10. Most people feel that it is safe for a person with HIV to look after somebody else's children		
11. Most people think that people with HIV can teach us a lot about life		
12. Most people would not be attracted to a person with HIV		
13. Most people are afraid to be around people with HIV		
14. Most people feel that if you have HIV it is your own fault		
15. Most people feel that people with HIV deserve as much respect as anyone else		
16. Most employers would not hire someone with HIV to work for them		
17. Most people would not drink from a tap if a person with HIV had just drunk from it		
18. Most people believe that if you have HIV you must have done something to deserve it		
19. Most people believe that someone with HIV should be ashamed of themselves.		
20. Most people feel uncomfortable around people with HIV		

**I am now going to go through a list of things that some women have experienced because they have HIV. Please let me know whether you have experienced this and, if so, whether it was a little or a lot. (SHOW CARD)**

<b>D3 ENACTED OR EXPERIENCED COMMUNITY STIMA</b>	<b>NO EXPERIENCE OF THIS</b>	<b>I HAVE EXPERIENCED THIS A LITTLE</b>	<b>I HAVE EXPERIENCED THIS A LOT.</b>
1. I have lost friends because I'm HIV+			
2. I have felt hurt by how people have reacted to learning about my HIV			
3. People have avoided touching me because of my HIV			
4. People don't want me around their children because of my HIV			
5. People act as though it is my fault I am HIV+			
6. People don't want me to come to their houses because I am HIV+			
7. I have been shouted at because I am HIV +			
8. I have been called bad names because I am HIV+			
9. I have been hit or physically hurt because I am HIV+			
10. People have threatened to kill me because I am HIV+			

**D4.**My husband/ partner left me because I am HIV +

YES	1
NO	0

**D5.**Have you had any other experiences than those mentioned where people have discriminated against you or treated you badly because of your HIV

YES	1
NO	0

**DO NOT FILL IN D6 IF NO EXPERIENCE OF ENACTED STIGMA**

**D6.** I know this might be difficult for you, but could you please describe these experiences for me

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## SECTION E

The amount of support people get from others around them can be important to people with HIV. In the next few questions we want to get an understanding of how much support you get from others.

E1. If you were ill and had to stay in bed for days, is there someone who would take care of you?

<b>NO</b>	<b>None</b>	<b>0</b>
<b>YES</b>	<b>As much as I need</b>	<b>3</b>
	<b>Quite a lot</b>	<b>2</b>
	<b>Only a little</b>	<b>1</b>

E2. If you needed money for food would there someone to help you

<b>NO</b>	<b>None</b>	<b>0</b>
<b>YES</b>	<b>As much as I need</b>	<b>3</b>
	<b>Quite a lot</b>	<b>2</b>
	<b>Only a little</b>	<b>1</b>

E3. Is there someone you help you in an emergency even if they had to go out of their way?

<b>NO</b>	<b>None</b>	<b>0</b>
<b>YES</b>	<b>As much as I need</b>	<b>3</b>
	<b>Quite a lot</b>	<b>2</b>
	<b>Only a little</b>	<b>1</b>

E4. Is there someone you could talk to about things that have been troubling you?

<b>NO</b>	<b>None</b>	<b>0</b>
<b>YES</b>	<b>As much as I need</b>	<b>3</b>
	<b>Quite a lot</b>	<b>2</b>
	<b>Only a little</b>	<b>1</b>

E5. Is there someone who really understands you, and what your life is like?

<b>NO</b>	<b>None</b>	<b>0</b>
<b>YES</b>	<b>As much as I need</b>	<b>3</b>
	<b>Quite a lot</b>	<b>2</b>
	<b>Only a little</b>	<b>1</b>

E6. If you were going through a tough time, would you have someone to talk to?

<b>NO</b>	<b>None</b>	<b>0</b>
<b>YES</b>	<b>As much as I need</b>	<b>3</b>
	<b>Quite a lot</b>	<b>2</b>
	<b>Only a little</b>	<b>1</b>

E7. If you were feeling low about yourself, or felt that you couldn't do anything right, is there someone who has faith in you?

<b>NO</b>	<b>None</b>	<b>0</b>
<b>YES</b>	<b>As much as I need</b>	<b>3</b>
	<b>Quite a lot</b>	<b>2</b>
	<b>Only a little</b>	<b>1</b>

**E8.** Is there someone who accepts you as you are, both your bad points and your good points

<b>NO</b>	<b>None</b>	<b>0</b>
<b>YES</b>	<b>As much as I need</b>	<b>3</b>
	<b>Quite a lot</b>	<b>2</b>
	<b>Only a little</b>	<b>1</b>

**E9.** Is there anyone who lets you know that they respect who you are and how you think and act?

<b>NO</b>	<b>None</b>	<b>0</b>
<b>YES</b>	<b>As much as I need</b>	<b>3</b>
	<b>Quite a lot</b>	<b>2</b>
	<b>Only a little</b>	<b>1</b>

**E10.** If you had a decision to make about the HIV, is there someone you could talk to who would give you good advice?

<b>NO</b>	<b>None</b>	<b>0</b>
<b>YES</b>	<b>As much as I need</b>	<b>3</b>
	<b>Quite a lot</b>	<b>2</b>
	<b>Only a little</b>	<b>1</b>

**E11.** If you had to be hospitalised for a few days because of your HIV is there someone who would care for your child(ren)?

<b>NO</b>	<b>None</b>	<b>0</b>
<b>YES</b>	<b>As much as I need</b>	<b>3</b>
	<b>Quite a lot</b>	<b>2</b>
	<b>Only a little</b>	<b>1</b>

**E12.** Is there someone who knows about your HIV and who really understands what you're going through?

<b>NO</b>	<b>None</b>	<b>0</b>
<b>YES</b>	<b>As much as I need</b>	<b>3</b>
	<b>Quite a lot</b>	<b>2</b>
	<b>Only a little</b>	<b>1</b>

**Now I want to ask you about some negative and unwanted support that you have been given by family and friends.**

**E13.** Are there any people in your circle of family and friends who are domineering, who try to tell you what to do or want to run your life for you?

<b>NO</b>	<b>None</b>	<b>0</b>
<b>YES</b>	<b>All the time</b>	<b>3</b>
	<b>Sometimes</b>	<b>2</b>
	<b>Occasionally</b>	<b>1</b>

**E14.** Are there any people in your circle of family and friends who try to protect you too much or treat you like a child?

<b>NO</b>	<b>None</b>	<b>0</b>
<b>YES</b>	<b>All the time</b>	<b>3</b>
	<b>Sometimes</b>	<b>2</b>
	<b>Occasionally</b>	<b>1</b>

**E15.** Are there people in your circle of family and friends who give you too much unwanted advice?

<b>NO</b>	<b>None</b>	<b>0</b>
<b>YES</b>	<b>All the time</b>	<b>3</b>
	<b>Sometimes</b>	<b>2</b>
	<b>Occasionally</b>	<b>1</b>

**E16.** Are there people in your circle of family and friends who didn't offer to help or support you when you thought they should?

<b>NO</b>	<b>None</b>	<b>0</b>
<b>YES</b>	<b>All the time</b>	<b>3</b>
	<b>Sometimes</b>	<b>2</b>
	<b>Occasionally</b>	<b>1</b>

## **SECTION F**

**I am now going to ask you how you are feeling about your life and yourself**

<b>F1</b>	<b>SELF ESTEEM</b>	<b>STRONG LY AGREE</b>	<b>AGREE</b>	<b>DISAGREE</b>	<b>STRONGLY DISAGREE</b>
	1. I think I am no good at all				
	2. I feel I have a number of good qualities				
	3. I can do things as well as most other people				
	4. I do not have much to be proud about				
	5. I feel useless at times				
	6. I am as good as other people				
	7. I respect myself				
	8. I think I am a failure				
	9. I have a positive attitude toward myself				
	10. In general I am satisfied with myself				

**For each statement, how often have you felt of behaved this way DURING THE PAST WEEK?  
(SHOW CARD)**

<b>F2</b>	<b>DEPRESSION</b>	<b>RARELY OR NONE OF THE TIME (LESS THAN 1 DAY) 1</b>	<b>SOME OR LITTLE OF THE TIME (1-2 DAYS</b>	<b>OCCASIONALLY OR A MODERATE AMOUNT OF THE TIME (3-4 DAYS)</b>	<b>MOST OR ALL OF THE TIME (5-7 DAYS)</b>
	1. I was bothered by things that usually don't bother me				
	2. I did not feel like eating; my appetite was poor				
	3. I felt that I could not shake off the blues even with the help of my family				
	4. I felt that I was just as good as other people				
	5. I had trouble keeping my mind on what I was doing				
	6. I felt depressed				
	7. I felt that everything I did was an effort				
	8. I felt hopeful about the future				
	9. I thought my life had been a failure				
	10. I felt fearful				
	11. My sleep was restless				
	12. I was happy				
	13. I talked less than usual				
	14. I felt lonely				
	15. People were unfriendly				
	16. I enjoyed life				
	17. I had crying spells				
	18. I felt sad				
	19. I felt that people disliked me				
	20. I could not get going				



**People are very different in how they cope with things. The next few statements give us an idea of how people cope with different types of things. Please let me know whether you do these things to feel better. Now I would like you to select from the statements below the one that best describes how you try and cope with daily situations that confront you. (SHOW CARD)**

F3	COPING	MOST OF THE TIME	SOME OF THE TIME	ALMOST NEVER
	1. I take responsibility to protect my and other people's health			
	2. I try to fight this virus by keeping fit and eating in a healthy way			
	3. I learn to live with HIV			
	4. I accept that I have HIV and that this cannot be changed			
	5. I try to get as much information as I can about HIV			
	6. I talk to someone with similar experience to find out how best to handle the situation			
	7. I use my time to educate others to stay healthy			
	8. I support other people with HIV			
	9. I am inspired to make the most of the rest of my life			
	10. I refuse to believe that it has happened to me			
	11. I can cope as long as people do not know my status			
	12. I talk to someone who can help me			
	13. I get comfort and understanding from people			
	14. I look for something good in what is happening			
	15. This situation helped me to change my life for the better			
	16. I seek comfort in my religion or spiritual beliefs			
	17. I keep myself busy to take my mind off HIV			
	18. I try not to think about the situation I am in			
	19. I get upset and fight with other people			
	20. I talk to let my unpleasant feelings escape			
	21. I use alcohol or drugs to help me get through it			
	22. I wish I could escape from this situation			
	23. There is nothing I can do to make me feel better			
	24. I do not feel in control of my health			
	25. I put my trust in God			



**SERITHI PROJECT  
24 Months QUESTIONNAIRE**

IDENTIFICATION
CLINIC: _____
TOWNSHIP: _____
PATIENT NAME: _____
PATIENT REGISTRATION NUMBER: _____ _____

INTERVIEW															
<table border="0"> <tr> <td></td> <td align="center">INTERVIEW</td> <td align="center">RESULT CODES</td> </tr> <tr> <td>DATE IN FULL:</td> <td align="center">DD /MM/YY</td> <td>1. COMPLETED: <input type="checkbox"/></td> </tr> <tr> <td></td> <td></td> <td>2. REFUSED: <input type="checkbox"/></td> </tr> <tr> <td></td> <td></td> <td>3. PARTIALLY COMPLETED: <input type="checkbox"/></td> </tr> <tr> <td></td> <td></td> <td>4. OTHER: <input type="checkbox"/></td> </tr> </table>		INTERVIEW	RESULT CODES	DATE IN FULL:	DD /MM/YY	1. COMPLETED: <input type="checkbox"/>			2. REFUSED: <input type="checkbox"/>			3. PARTIALLY COMPLETED: <input type="checkbox"/>			4. OTHER: <input type="checkbox"/>
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		3. PARTIALLY COMPLETED: <input type="checkbox"/>													
		4. OTHER: <input type="checkbox"/>													
INTERVIEWER'S NAME: _____ _____ _____															

LANGUAGE		
LANGUAGE OF INTERVIEW: _____		
HOME LANGUAGE OF RESPONDENT: _____		
LANGUAGE CODES		
1 ENGLISH	5 IsiXhosa	9 ziTSONGA
2 sePEDI	6 isiZULU	10 isiNDEBELE
3 seTSWANA	7 seSOTHO	11 seSWATI
4 AFRIKAANS	8 tshiVENDA	
SUPERVISOR	DATA CAPTURER	OFFICE EDITOR
NAME:	NAME:	KEYED BY:
DATE:	DATE: DATE:	

**Thank you for being willing to talk to us again. In this interview we want to find out how you have been since the last interview, how the baby has been and if there have been any changes in your life since we last saw you. We will also examine you and the baby and take some blood from you**

**First we would like to ask you some medical questions**

**A.** Since you were informed of your HIV status, did you receive any information on what foods to eat to stay healthy:

YES	1
NO	0
DO NOT KNOW	2

**B.** From where did you obtain the information?

Serithi Project	1
Counselling session	2
Magazine/ other printed material	3
Self	4
Radio	5
Television	6
Other ( specify)	7

**C.** From your viewpoint what is the main message on healthy eating for persons living with HIV?

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**D.** Have you followed the advice you were given on healthy eating habits?

YES	1
NO	0
DO NOT KNOW	2

**E.** Have you lost a lot of weight in the past 6 months

YES	1
NO	0
DO NOT KNOW	2

**IF YES**

**F.** If you have lost a lot of weight would you say the change has been in :

One dress size	1
More than 1 dress size	2
Do not know	3

Other (specify)	4
-----------------	---

**M1.** Are you sexually active?

**IF NO go to M2**

Y	1
E	
S	
N	0
O	

**IF YES**

**M1.1.** Are you using contraception?

Y	1
E	
S	
N	0
O	
N	5
A	

**IF YES**

**M1.2.** What are you using?

CONDOMS	1
INJECTION	2
PILL	3
OTHERS - SPECIFY	4
N/A	99

**IF YES OR NO TO M1.1**

**M1.2** Are you using a condom now?

ALL THE TIME	2
SOMETIMES	1
NEVER	0
N/A	99

**M2.** Have you been pregnant since the birth of your “Serithi baby”?

YES	1
NO	0

**IF YES**

**M2.1** Did you plan the pregnancy?

YES	1
NO	0
N/A	99

**M2.2** Are you pregnant now?

YES	1
NO	0
DON'T KNOW	2

**M 3.** Are you planning another child?

YES	1
NO	0

**IF YES**

**M3.1** Whose decision is this?

RESPONDENT	1
PARTNER	2
JOINTLY	3
PRESSURE FROM FAMILY	4
OTHER (SPECIFY)	5
N/A	99

**M4.** Have you been ill since we last saw you?

**IF NO go to M5**

YES	1
NO	0

**IF YES**

**M4.1.** What was wrong \_\_\_\_\_

**M4.2**

WERE YOU ADMITTED TO HOSPITAL?

YES	1
NO	0
N/A	99

**M5.** We acknowledge the work that traditional/spiritual healers do and respect their practices and are interested in hearing about their contribution in dealing with HIV so would like to hear from you if you have ever been to a traditional/spiritual healer about your HIV?

YES	1
NO	0

**M5.1** What did he/she do to try and help you? \_\_\_\_\_.

**M5.2** Do you think it helped you?

YES	1
NO	0
NA	99

**M6.** Are you on antiretrovirals?

YES	1
NO	0

**IF NO go to M7**

**Now I wish to ask you about the possible problems with the medication. This will possibly help us to develop methods to try and solve these problems**

**M6.1** When did you start the medication? \_\_\_\_\_

**M6.2** Have you seen any change in your condition?

YES	1
NO	0
NOT SURE	2
N/A	99

**M6.3** Have the medicines made you feel ill?

YES	1
NO	0
N/A	99

**M6.31** Can you describe the symptoms?

\_\_\_\_\_

**M6.4.** Have you ever missed taking any tablets

YES	1
NO	0
N/A	99

**M6.5** Are still taking the tablets?

YES	1
NO	0
N/A	99

**IF NO**

**M6.6** Why was this \_\_\_\_\_

**M6.7** The ARV treatment requires that you have a person who is your treatment “buddy”? \_\_\_\_\_

**M6.8**

Is he/she helping you?

YES	1
NO	0
N/A	99

**IF NO**

**M6.9** Why is this? \_\_\_\_\_

**IF YES**

**M6.10** How is your buddy helping you? \_\_\_\_\_

\_\_\_\_\_

**M6.10** Is it a difficult to get to the clinic every month for the tablets?

YES	1
NO	0
N/A	99

**IF YES**

**M6.11** Why is this? \_\_\_\_\_

**M6.12** Other than your treatment buddy does anybody else know you are on medication?

YES	1
NO	0
N/A	99

**M6.13** Have you had to disclose to more people because you are taking tablets?

YES	1
NO	0
N/A	99

**IF YES**

**M6.14.** To whom did you have to disclose \_\_\_\_\_

**M6.15.** Why was it necessary to disclose to these people/person?  
\_\_\_\_\_

**M6.16.** Have people asked you why you have to keep on taking tablets

YES	1
NO	0
N/A	99

**IF YES**

**M6.17.** What do you tell them?  
\_\_\_\_\_

**NOW I WISH TO ASK YOU SOME QUESTIONS ABOUT YOUR BABY**



**M7.** Since we last saw you has the baby been ill?

**IF NO GO TO M8**

YES	1
NO	0

**IF YES**

**M7.1.** What was wrong with the baby?

---

**M7.2** Was the baby admitted to hospital?

YES	1
S	
NO	0
N/A	9
A	9

**M8.** Have you taken the baby to a traditional/spiritual healer

YES	1
NO	0
N/A	99

**IF YES**

**M8.1** Why did you take the baby?

---

**M8.2** What did he/she do?

---

**M8.3.** Do you think it helped the baby?

YES	1
NO	0
N/A	99

**M9.** IS THE BABY HIV +VE?

**IF NO GO TO M10**

YES	1
NO	0

**IF YES**

**M9.1** What treatment is the baby receiving?

None	0
Bactrim	1
Multivitamins	2
Antiretrovirals	3
Other (Specify)	4
N/A	99

**(Can tick more than 1)**

**M9.2** Are you managing to remember to give the baby the antiretroviral medicine every time

YES	1
NO	0
N/A	99

**M9.3** Has the baby been ill because of the treatment?

YES	1
NO	0
NOT SURE	2
N/A	99

**IF YES**

**M9.4**

Specify \_\_\_\_\_

**M9.5** Do you find it difficult to come to the clinic every month for the medication?

YES	1
NO	0
N/A	99

**IF YES**

**M9.6**

Why \_\_\_\_\_

-

**M9.7** Who is taking care of the child? \_\_\_\_\_

**M9.8.** With whom is the child during the day? \_\_\_\_\_

**M9.9** Are they responsible for giving the child the medication?

YES	1
NO	0
N/A	99

**M9.8** Do they manage to give the baby the medication?

YES	1
NO	0
DON'T KNOW	2
N/A	99

**M10 .** What are you currently feeding the baby and how many times in a day?

<b>FOOD</b>	<b>YES ( TICK )</b>	<b>TIMES PER DAY</b>
Breastmilk		
commercial infant formula		
commercial semi-solid infant food such as purity		
home prepared cereals/porridge/mashed fruit/vegetables		
traditional medicine		
over the counter unprescribed medicine such as Umuti wenyoni or gripe water – specify		
Medicine prescribed by a doctor or		
water/sugar water		
juice/tea		
other food / fluid, specify		

**Examinationm Mother:**

**OE1. ANTHROPOMETRIC MEASUREMENTS**

<b>Mother</b>	
Height.....m	Mid upper arm circumference.....cm
Weight.....kg	

**OE2**

<b>STAGING.</b>			YES	NO
1. Skin	1. Acne	Face		
		Back		
	2. Herpes Zoster	Current		
		Scar		
	3. Dermatitis	Non specific		
		Seborrhoeic		
4. Kaposi Sarcoma				
5. Nail fungal infections				
2. Mouth	1. Oral candidiasis	White		
		Red		
		hypertrophic		
		periorbital		
	2. Oral hairy leukoplakia			
3. Oral ulceration				
4. Gingivitis				
3. Lymph Nodes	1. Small			
	2. Large			
	3. Matted			
4. CNS	1. Appropriate			
	2. Inappropriate			
	3. Peripheral Neuropathy			
5. Chest	1. Dyspnoea			
	2. Tachypnoea			
	3. Cough	Dry		
		Productive		
	4. Crepitations			
	5. Consolidation			
6. Effusion				
6. CVS	1. Normal			
	2. Tachycardia			
	3. Other			
7. GIT	1. HSM			
	2. Ascites			
	3. Diffusely tender			
8.	1. Oedema			
	2. Clubbing			
9.	1. Loss of weight			
	2. Cachexia			
<b>Stage</b>				

**OE3. ANY NEW MEDICAL PROBLEMS** \_\_\_\_\_

\_\_\_\_\_

**OE4. ACTION TAKEN** \_\_\_\_\_

\_\_\_\_\_

**BABY**

OB1. Baby weight \_\_\_\_\_

OB2. Baby length \_\_\_\_\_

OB3 SEX OF BABY

MALE	1
FEMALE	2

OB4. ANY OBVIOUS ILLNESS

YES	1
NO	0

**P1. ANY NEW MEDICAL PROBLEMS** \_\_\_\_\_

\_\_\_\_\_

**P2. ACTION TAKEN** \_\_\_\_\_

\_\_\_\_\_



