

21. 4. 64
Thursday

5:45. Can. but long little hrs. before exercises in it was overcast and
cold outside. Then got Libe & Dink & tried to start car again but
poorly parked in Carport. But no success. (Planned Slays) (Planned) at Central
Office. He will read out mechanics at once. Just finished looking when Dink drove
trailer to rubber head to potest pump. (Planned Slays) (Planned) who still had
mechanics in back & had got car going by rebarry cranked like with
mechanism tape & then (Planned) would have it rebarry in room &
got to town. Slaves, Dink & I left at 8:45. and in to town
after this (the last four large Krapf at about 8:10 am. Got a
touch of touch of lumbrago in my back and long after many exercises
and put on medicated wool. It remained fairly uncomfortable all day.
Home to T.T. & V.A. lunch & did not increase because of back.
(Had later Fax & Slays in my and got patch lead to patch (wound removed)
Back to office by 8 pm. Left office 7 pm getting home 7:30. To find
that Dink's car was very ill. Had been away all day yesterday and today
found him about 6 pm behind car. (Planned) but he could not let engine
start. With Dink to Mallye at 7:45. but at Johannes the boy
there. Mallye not. He would see that Mallye added some gas
he got in & I left writing message only to found near. (Planned)
home about 8:15. T.T. & V.A. lunch & Kalye. (Planned) phone
message after 11 in from Mallye (Planned) but very ill. (Planned)
selfish but had tested him. (Planned) (no success on account
of continuing backache) about 11:30. Weather now definitely cold.

Large
Krapf
soft

Ford Car
trouble

Dribbs Cat
Very ill

Backache
lumbrago?

22. 4. 64
Wednesday

lumbrago
still troublesome

DRIBS CAT
DIED.

Ford Car
Completely
trouble than
SELFSTARTER

No Krapf
during day

Kalye late with tea at about 6:30 am. I felt rather heavy with
backache & right arm & elbow aching too. Lay till 7:30 before
rings for shave (was then not and dressed and breakfast
at 8:30 am. Very cold. Would look in at Mallye
on way to town to town about 8:30. Dink & Dink had died
during night (wrote of oxygen etc). Mallye would make
particular examination in my which he had done. (Planned)
both lungs badly damaged with pneumonia & cat not much. (Planned)
Can't find his new condition. (Planned) at 6 pm. Lunched well 8:15.
at Johannes & backache about 8:15. (Planned) with one similar problems had
be found in Mallye was there all about. and work out. (Planned)
of Slays re find which he found would be ready outside for me at 8 pm.
Went to Paris 6 pm. Mechanism still busy and I then find patch
point disturbing had given the (Planned) had when I had all the
of my (Planned) report to (Planned) & I went 8:45 pm before final
test run made by test & then given car running beautifully. (Planned)
Hamilton at on way out it stalled & then (Planned) by
reverse downhill. I got engine to go & (Planned) all way home
and while pushing out the car of Dink at Vets at about 9:15 pm
Kalye behaved T.T. & V.A. dinner and Dink it at 9:35 pm & went
back at about 12 pm.

23. 4. 64
Thursday

lumbrago
still troublesome

DRIBS CAT
BURIED

Good
Krapf

Ten 5:45. Slaves & Dink 6:30 - 7:15. and wrote this
day found than lumbrago Dink. (Planned) had breakfast &
Kalye took Slays (Planned) (Planned) trace of the cat do (Planned)
about 8:15. My hand loose connection & all way night. Got to town
& hotel on Cole (Planned) in there all morning. (Planned) (R1-25)
lunch on arrival: 12:45 - 2:30 pm. Can't walk (Planned)
in Paris, this morning for first time. Worked on (Planned) in afternoon.
Had large (Planned) on after about 3 pm. (Planned) to get (Planned)
late at his home 5-6:30 & again in (Planned) to a (Planned)
Home by 7:15 pm. (Planned) (Planned) & (Planned) (Planned) (Planned)
Abuliskii (Planned) (Planned) (Planned) (Planned) (Planned) (Planned)
long time T.T. & V.A. (Planned) To bed about 11 pm.

24. 4. 64
Friday

No Krapf

lumbrago
still better

Ten 5:45. Though Dink had for 7/8 hour (and it was cold & lumbrago
back still a bit sore) but found it was 7:15. then going for lot water
& Slaves & had finished about 8:10 am. To town about 9:20 -
Did not come home to lunch but worked night through in Cole (Planned)
& at 12 long (Planned) into (Planned) & (Planned) re (Planned)
left office about 7 pm getting home about 7:30. (Planned) (Planned)
& (Planned) and (Planned) T.T. & V.A. dinner at 8:45 - 9:15. To bed
(no success in lumbrago, although much better, still troublesome) about 12 pm.

* → 30.4.64
Thursday (Continued).

After many lectures refused invitations to lunch + went
out to embankment trees in under trees on road off dellwood drive
to other side to see my palm myself before leaving this
afternoon.
2nd. Wymond fruit in chair + I delivered my paper to Conference
which was obvious and very popular. Break for tea + refreshment
to leave by time for discussion after but not much ensued.
Went off to S.A.S.C. (Seaboard) with Beaman + Munnell in
car (V. Beaman had taken Max Fry) to Glo Broadcast as
arranged. Munnell Fry, Beaman, Gunder + myself will
S.A.S.C. talks (?) questionnaire. Keeby no going in finally
of Conference - (Miss to be broadcast on 10th (Sunday) next.
Purposes about 6.15 + talk for next - back through town and
out to Broadchurch for drink (+ dinner) with Adale + Wells
as arranged. Very tired as we had to be back at University
at 8.15. for Phys. Slide lecture. Publication in Tropical Bird.
Back to Adale + Wells + then back by car to Club -

1/5/64 (1st Half of day 3rd lecture before)

Friday To University by 9.15. for Paulo Guader. He exhibited
in pictures + world field show of the most unimpaired
kind. Was very neat + Maxwell Fry who seemed to enjoy
it immensely. Then went out to Broadchurch.

2/5/64
Saturday

Woke at 4.30 am + at Babette Taites flat at 4.50 am
She was ready + we took off at once along dellwood
drive + Seaboard way. Saw many Paris etc on main road
by passing Colchester + Swellston + Alford + Munnellby
where I got out to without petrol pump dry + filled up.
On over outstaring Paris (by Paris gate) + St. 5 mill
River about 11.30 am + had maddy dinner shortly after
that. Lay down till 3pm + after tea went out of
afternoon looking over old house. + Suffer about 6.30 pm
+ after some time a stomach with muddled sun + too local
fume found + wife refused to run to prepare plan of
old house for discussing tomorrow + to bed by 10.30 pm

3/6/64
Sunday

Woke at 7 am: Breakfast 8 am. + off to Old house
by 8.20 pm where 2 coloured boys held table for continuous
measurements made + outside during morning up to 11.30.
Then I embarked for rest of day (I could not breathe
for midday dinner) to measure up + mull notes in
bill about 6 pm when I felt too dark. Babette T. pepped
in + chatted interminably. Back of house a most messy
+ indescribable sand and gutter on "stools" into muddled sun
+ unity upon afternoon steady friend whose conversation I believe
+ every one else - the Babette + insisted on my driving her
to her mile Charlie Parker on airport from where because
she knew so much about history of old house" - It was in middle
of gutter into sun, dappled - in hair, forehead + friends + we
both found out show like they finished. All very on business +
hardly remarks + I was very reluctant to talk. My father
home said I must go home to study some documents. We
got home about 8.15. I had myself looked at. The whole
peculiar, unwholesome trip made me feel wild + I came to the
home to write this drag up + study documents about Antarctica
highway. Back to Club on Friday by Wymond (friend of three + more)
which then supposed to be arranged with Max Fry of Swellston probably
as my own book tomorrow. Then wanted to leave after breakfast.

4.5.64
Monday

up. 7 am by taxi brought in by Dabette in yesterday.
 Breakfast 8 am. + we left for C.T. at 8.30. via
 Orphanage via + some other see marked to show me around
 Rev: B. Lott's house + and old cottage (which we need find!)
 Then at dawn main street: first new curve better (bottle)
 to Russell Hwy + some main road back: pushing into final
 at Riverside Hotel: station near Havelock. + on to Swallowton
 among at Dotted Museum about 12.30 down I (we) slide to
 Mary Lake about new (Stilly Morris) Highway through Constantia es.
 requested by Watermeyer. Had Samuella + other under oaks at side
 of Dotted Hill 1.15. or so + on to Lake. Looked in at gate of
 Saint Pimilien. near Quebec but playground. said to take
 some out. (about 3.15) + on down to town: Pass via main Rd
 to C.T. arriving at Dabette Tavern, feast in Mill Street about
 4.15. on to C.S. Club. No pairs about fog: but in 'non-parking'
 into in Buxton St. Ray + Yule + other + some + some went
 out to Pinaland for evening with Yule + Ray + some
 Helene + Anouette (Dawn dog miliary service in Putana)
 back to C.S. Club + hauled in front by about 11.30 pm

5.5.64
Tuesday

up. 7 pm. Breakfast at home - found eggs + some + some
 + fruit and butter which came immediate. delicious!!
 (milk, very dry toast, Bled tea + sugar less ordered from...)
 Spent: The day of C.T. volunteered me at game in front Hall
 about Miss Porting antebellum + exhibited "chickies" with
 no signature forced in endorsement + made signed statement
 the King: I must have to fly down to case (at side of) etc.
 I played the left side. On to Walla Nanda by car at 10 am
 (clouds at time 9-10 up!!) to Nelson + Lake (100') tomorrow for
 Millennium measure up!! Had tea with Walla, Fran Helene,
~~at about 11.30~~ + then on to African Car
 Hire who helped me back to St. Jean's St + took car back for
 clean up + find. New rear mirror. I must phone for car
 machine after 4.15. + they will bring to club. Visited old
 Joan Albert Brand (90 years old next month) since 11.45 -
 12.45 meeting then sun before. He dear old boy was
 just as alive, relaxed + unburdened + well in and
 gave me 'dege' of my old Brand great found in his books
 safe just after his death the other day! Met Fran + Helene
 at 12.55 at C.S. Club for lessened drink + lunch until
 3.30 pm is except by phone the main and enjoyed
 it immensely as I think he did. Back to my room
 after to get the diary up to date.
 (This morning had made arrangement by phone with
 Anne Dottle Linnus, Gwen + Jani Dussesse tomorrow.
 Added Nanda for Thursday (lunch - dinner) + Lydia
 Doyel for morning " " + Ray Len W.W. (out) leaving
 message for Monday Friday. at C.S. Club
 Got car down from Atcarone at 4.55 pm + dropped in at
 Edell's notes at Tamatin Home for 1/2 hour chat, then left
 Babette + Tanya that in house at Peter Cafe at 5.30 + introduced
 Rain to Silvernet for dinner with Oscar W. Wandy Gilman +
 Olpi + others. Main Linnus, Met + Mrs Gula (B.G.E.) joined us.
 Gula left before me + to look in out of it on decision of Wandy
 that I take him and he (Gula) would be able to leave mine at C.S. Club tomorrow
 morning. I got home in drizzle about 12 pm + dropped into bed.

6.5.64
Wednesday

up. 7 pm. Rain Len W.W. Could not lunch with me Friday. He
 had lunch with some other people on Monday but had no lunch. He
 still says some words of the City of London + other things. I must
 say that because some of them are very interesting + the other
 which Friday night at S.A. Airways. (Hercule) and had Fran + Helene
 there and discussed Canadian Pressing during tea + to talk to some
 members of C.P.T. + some of them + some. (Place set at Linnus on Pinaland)
 at 11.45. went on to Pinaland part of Pinaland with Anne at Pinaland + on
 out to Glen at S.A. Airways. (The team of Wandy + Helene for lunch. (Len
 W.W. then lunch with Pina + some) + some. (Linnus) + some. (Linnus)
 but under it at C.S. Club about 2 pm after his meeting. Anne + Dusselle on

6.5.64 Coloured.

Wynberg to visit old Wynberg village + Dutch Church (with Broadbent
 beams outside!!!) and a to show her (Lilla Lilla!!!) Alfien (Mrs Hvie) including the
 main main only. Then on to Struandam where I visited my Aunt + left
 again at 5.15. Then I took a taxi back + Broadbent + went on to
 Southport for drinks + dinner with Joan + Joan Dommie. (Joan from
 clothe (and Annie) and I got me bottle of these extra preserve. (Joan from
 family off address and I had Kate Kegan club - Sweet Hotel as I should
 have in 'Bate' and Fried Cray (with Apperances) to main use of car
 for English visitors during term. Now time of no left into drinks
 + decided to go out of 'Farandis' (Robbie's Dable) for dinner today
 home (Presley, Albert) with us. Then had to get to that little club
 11.45 when I left. You was on my mind as well as M.P.C. and
 dreamed further development had been + value of Arch: Cambridge
 for facing further development had been + value of Arch: Cambridge
 Southport, more suitable + you must have known how I started.

7.5.64

Thursday (Ascension day).

Wk at 7.30. left + Broadbent at 8.30. + wrote this diary.
 Then went out to Broadbent (via Mrs Bruce home + British
 just for outside view) for tea with Susan + Raymond Dwyer before
 going on to Adelle + Wanda for lunch + rest of day. Founders House
 still stood out architectural above all other buildings; doubtless
 her with Lyda + Raymond with their uncontrolled, noisy, children was
 Scruffy home was not the height of elegance. The most striking thing was
 a beautiful Japanese vase they had picked up at an auction for 25p.
 Arrived at Adelle at 12.45. drinks + "ungelegde Vis", chicken, chicken and
 bread and portuguese lunch + tea in lounge after. After was about (the
 three of us and two small cocker spaniels) walking Wynberg village (Lilla Lilla)
 Wynberg Park (with hundred other mowed for getting for 15th June, lighting
 + Palmham village of others (where Wanda creep in to view little ground
 lines + Adelle would like to acquire plain estate) when we met woman
 Gyroscoped way home + Wanda's house. Home + tea at 4.45. Oscar
 Wollin + Susan + I became tired out for drinks + then walk + Adelle
 + Wanda 'home' bread dinner, lemon pudding + cream of chicken chicken
 Adelle 'Ch' eating just a drink or ever. Coffee + chat by fire after
 till about 10.30 when I left for club + on bed by 11.30.

8.5.64

Friday

Read paper - had breakfast - 2.45. (wenty for train to be pressed
 then shave, shower, dress + breakfast + write the diary till 9 am.
 Took car to AF: Car: Home and left it there to be left me to car park then
 afternoon. Went to Bache + ordered "Law Cook" but on Cole architecture
 for Marie + Clea. On to Kathman + West and to Minton's market (Bilborough
 very "down in the month.") found well around town + to Antler's Street
 Church St. (Car: Pat Mary in Ashby, at 5.00) + on to club by 12.20. + worked
 for while time at 12.45. but Captained by Barmington who took me through to
 Nicolle in Lady's room for with about 10.00 + that about mostly of Conference
 on road + back to lunch with Jackie Card + that about mostly of Conference
 and that. Home Wanda Meyer would pay him about 10.00 + Conference
 den W. Card + other lunch + tea + Louis + Professor Grant and (?) I
 Munnell + I had breakfast drink (with fruit) - C.S.C. Park: I packed
 and at 4.15. AF: Car: Church - my car (70061, C.A.) instead me to car park
 just me here by 4.20. I looked in at 4.45 by fruit one time and
 then home read window seat clear, of way (35). Read in conference till
 plane left at 6 hr + find myself in one of those "under the" seats just on
 back edge of wing - the source!! The plane was half empty. Drinks
 + dinner in plane. Kashed at 15 min at Minton's market + got 5
 for fruit at 9.15 hr: I got my car from garage + home by about
 10.45. Ration writing all well except Robert's having worked again and
 the very sleep with Marion. + 15.00 had been in new Thomas home one
 night + found home. Unpacked, repressed man + had to be left by 11.30 p

9.5.64
Saturday

Soft
Kneads
Coffee
Breakfast

Ten 5.45. bed lay till 7hr + rang for Steve water. Slow
dren + breakfast at 8.30. Saw Robert + Nanna + Dink
+ Patricia + Terry + kids. Home of 2nd Grealy into Roberts
house, then a Nanna-home, Northwest of parent beds 25 SE.
Dink lay on oval garden 'tami-well-patti'. To Office for rest
of morning going through commuted mail etc. Home by
2pm for lunch. (T.T.9.Veg.A) Afternoon going
through accumulated 'stuff'. Work out at gym (with dog in
car) for drinks with Andy + Harry but find them boring so to Andrea
to come home + drink alone. Weather pretty very windy now
Rend and went to bed about 10.30 pm.

10.5.64
Sunday

Small
Kneads
Coffee
Breakfast

Ten 6am. bed lay nearly till 8am before getting up water.
Did exercise for first time again (Semi lapsin being for C.T.)
+ felt a bit stiff especially in back. Breakfast (T.T.9.A) at
9am. Write this down + went on into 'Stars' day morning
Spring to start with but weather became overcast + cold. Clouds
cleared later + reasonably warm. Dribbled with rest of 'Stars' note
to and after T.T.9.Veg.A, missing dinner + post and cutting.
Then long walk of motivation all over farm (and to deserted Bushy Lane
(Robert + friend selling chert in old orchard near drive) + up to Roberts Lane
Reservoir, next to it + back to 'Lone' for tea at 5pm. In to
town with dogs to office at 6.15 hr to collect paper. (Mikhail
just because because Kalya went off to Dink's home at 5.30 + did not
return till after dark. I thought the bird gone to 'Klein house' + got
everyone at last by her!!!). Afternoon + lunch. T.T.9.A. dinner
at 8.30 while listening to 'Coke Promenade' at "Australasian Easy" which
I had done with Margaret, Sheila + Bernin. To bed about 10.30.
after exercise + post.

11.5.64

Large
Kneads

Monday. Ten 5.50. Had messy pyjama in night robe farting! Lay till
6.45. Up to shower. Very soft Shloshy Kneads, bath + breakfast
at 8.40. Off to office via deluxe steam laundry (God, slacks, trousers)
Bain (more via), and Royal Mail (was not better). All morning in office.
Took time to lunch at Jimma to meet Coke tub + drink of Alice
during absence. All afternoon in office leaving 6.15. for
home being drinks with Andy + Harry Copel in way and Sally in about
8.25. T.T.9.Veg.A. dinner in road with. Exercise, milk +
bed about 11 pm.

12.5.64

Finger
Numb

Tuesday. Ten 5.50. Lay till 7pm ready - Exercise (back very stiff)
+ wash + breakfast at 8 am. Leads (presents) to Terry, saw Dink
+ off via v.d.Bey's site to office. Left middle finger numb
at 8.30. (Very cold in stock) + managed to life - "also lot plate helped". To
v.d.Bey. site + Andrew Bradymas + to Anderson at Hotfield farm near v.d.B.
Vish. Office all morning. Out to T.T.9.A. lunch. 1-2 pm. + to P.C. Wood
with three crabs but that was when he was free with 'Katherine'. Left
Office 6.30 pm via Kim + Bernin (away for 2 weeks 'same' but Friday). + home.
Milk, appetizer + soda + T.T.9.Veg.A. dinner. Exercise + fall + bed 11 am.

No
Knead

13.5.64

Kneads
Finger
numb

Wednesday. Ten 5.50. Lay till 7pm then rang for hot water + washed + dressed. Found
large necked framed cards at 7.30. Vet. Midge advised 8 am. to see
Cats. He arrived 8.15. + tested them all myself 'whizzers' but found other small
recess of an animal. Must get that under the skin. Tommie (whizzers) was long in scallie
for 'mound of hot bits'. Breakfast only at 8.25. as usual. Left middle finger
numb + required surgery. Victoria Anderson Bradymas + selected
two good single books for v.d.B. Some work (Cash selected like 'Howe's Quantitative'
lunch with Simon at Jimma. Finished breakfast, long 'Rice' + coffee. Left office
6.30. Dink's with old Mrs Bain (86 yrs old) + Veronica who she came in at 7pm.
Brenda + Bob + Harold had been down last week from Saturday. T.T.9.Veg.A.
dinner. can't bed after exercise (lots no pills) about 11.30.
Abnormalities treatment had had off about at 4.30 (only after 2nd ring)
because of emergency - till Wednesday next week.



14.5.64
Monday

Krupp

Tea 5.50. Lay till 7 hrs very for water. Collected. Modern softish
Krupp at 7.30. T.T.G.A. breakfast at 8.45 pm. To office by
10 am. Out to lunch 1.15 - 2.15. (T.T.G.A.) To Robert and
Hattie Schmitt for drinks & dinner. Whole family there (Wolfgang
Sueh & Werner) & young ex-cath. German (and out line in vocabulary
but also thought S.A. nice but dull. Back home by 11.30 pm
No exercise. Got into room had a swim in shower in very cold outdoor.
Had felt incredibly well all day, free of all neck pain etc.
(think has been returning with regularly some cold tech) but 'back pain'
& 'neck-pain' returned after Schmitt dinner. (Robert had opened
a bottle of Gumpels Keroliner).

15.5.64
Friday

Softish
modern
Krupp
office
11 am

Tea 6 am. Lay till 7 pm. Shower dressed at 7.30
7.7.9.A. breakfast at 8 am. Saw Dad busy in garden on
terrace well - better. In office all morning. Out to lunch
T.T.G.A. 1.15 - 2.15. Left office 6 pm to drink with
Rita & Chris Loubser in their new wine till 8.30 pm! They were
so very pleased with results & the Corina problem's work wonderfully
Colin Loubser was present & three bottles of Portogese wine to
Home by 8.30. T.T.G.A. dinner at 9.15. - 10.15.
bed after exercise at about 11.30 pm.

16.5.64
Saturday

Modern
Softish
Krupp
about
11 am

Tea 6 am. Lay ready till 7.30. Shower. Shower
& dress & breakfast at 8.15 am. Office all morning till 1.30 pm
Home to lunch by 2 pm. change. T.T.G.A. lunch and off to Allans
Pavilion at 3.15 pm via Redburn St. Via North gate to town at 4.15 pm.
(34.8 miles). Short run in hills near Curwilla (Remont) road car which he was
very proud. Colter under trees. Fed peacocks & some fruit & cat.
Dinner in front of dining fire. Dinner in then. (Planned soup -
(steak & peas)
Guyford Cardinal & Union Maryland with which we drank the two
bottles of wine from me by Chris Loubser yesterday - "Monotonic (not bad)"
with fish and Rose (Cordoba) ~~which~~ turned out to be some "Spumante"
and no more near the Maties which I gave to Albin mentioned for his letter.
Talked on till about 12 pm & left for home. Some time at
my table paper to read. Got home via Stru (to find not later & Thule
file) at 1 pm & do ~~the~~ bed.

17/5/64
Sunday

Krupp

Felt terrible with sick headache during night. & could not get
up in morning for fairly often. (Too much wine on bit of whiskey &
2 lunch Guyford also to blame). Tea 6 am but I have till
10.30 before going out for four days softish Krupp after stomach drinks.
Exercise. Wash & set for tea & writing the diary at 11.45 am.
(No hair fruit). Hair lotion & gel going on during at Mill
River Homestead. Felt better. Got nowhere with Mellrose except
Benevolent condition dissolved. Had T.T.G.A. lunch (at school) that not
late afternoon & filled out with better. Wrote for while with diary during
for evening & cut out all drinks & dinner. Date recorded by 6 pm
to bed about midnight after reading.

18/5/64
Monday

No
Krupp

Tea 6 am. Lay till 7 pm & exercised & very in Slaving order.
Fairly much better. bathed & breakfasted at 8.40 am. To
Anderson Woodland V.A.B. site with lunch Smith. Anson & Hatfield
Gardens of place. Medication also to 6 pm. (Had to lunch 12.30 - 2 pm
& to Anderson's five vintage bottles for 50 pence & office N. But to check Bank
straight next day. Home 5 pm in a very time. Bed so 6.30
to 8.30. Home 15 T.T.G. Veg A dinner. & 15 had after exercise
about 11.30 pm

People
language

23.5.64
Saturday

Ambeles
better

2
Krafs
at
weight.

(Took No pills at home)

Drain brought tea and 6.30. Lay till 6.45. Exercises. Large soft krafs in middle of exercises. Called for hot water and shower around 6.50 + breakfast after writing this diary at 8.30 am. In office all day taking pills, portion + bath for lunch. Left office about 6.45: having my to find out of Andy + Mary at home. Belly feeling upset + causing me to feel rather uneasy. Had taken 2 Analgesin + 1 Vitamin C (as Amelthin's) ~~had~~ intended to have + bread + scone but decided to do as usual. Had 4 Victoria biscuits on way + two whiskys + bread + cheese + talked. Had usual T.T.G. Veg. A. dinner but did not eat all vegetables. Still feel lousy + Billy still upset. Soft krafs about 11 am. Another large soft krafs at 4 am. Belly pain + soft krafs all had disappeared.

24.5.64
Sunday

No Pills
of
any kind

No
Krafs

Tea brought 6 am but did not drink. Stayed in bed feeling - (very) lousy. No breakfast. No lunch. A little water. Another large soft krafs Saturday krafs about 12 pm. Stayed in bed reading R.I.B.A. reports. Felt very depressed. Had tea and on piece toast at 4.30 pm. Did exercises at 5 pm + took dogs round farm for walk 5 pm - 6 pm + back to bed and to write this diary for yesterday + today. Had only tea + two beer tins for dinner. (Got 6 biscuits (white) before dinner and felt twinge of bellyache + nausea in result). To bed after exercise about 11.30 pm. Felt stiff + sore in back throughout night both along flat on back + on side with knee drawn up.

25.5.64
Monday

No Pills
Wast
Krafs

Small
soft
krafs

Tea 6 am but did not drink it. Lay until 8 am!! Exercises, shave, bath + T.T.G. A. breakfast at 9.30. Rane water on way to office. No lunch. Went to fetch porcelain pit chisel ('Kagholi!!) slab from Perch on his phone call between 1.30 + 1.45. He had returned burning creek with plastic adhesive in vial and mastic + mastic strong glue which 'Wang'! He refused to sell any payment for slab. I must think of outside post for this. Tummy felt a bit loose during day. Had small wet krafs at about 11 am. Worked on all afternoon on v.d.Berg details. Left office at 7.15. In bed about 7.45. Apple juice but no biscuits (no biscuits all day) but usual T.T.G. Veg. A. dinner at 8.30 - 9.30. The worst of this day + his physical + social schedule on clock on family course + effect on the tummy trouble in future. Exercises about 11.30. Small very soft krafs directly after. To bed about 12 am.

26.5.64
Tuesday

No Krafs

No Pills
Wast
Krafs

Small
soft
krafs

Tea 6 am. did not drink it. Lay till 6.45. Exercises. Back still very sore in morning's day exercises but not in evening. Have dress + breakfast about 8 am. Don't go on about slab to set in these + hands + have in house to be painted in (no beauty). Relt + Katelyn to go to Court house about 10.30 breakfast. Saw Stan (Cousin) + Aileen + Muriel but no promise about wedding case but they must be here before 9.50. In office all day on v.d.Berg details. No lunch small 3 biscuits + 2 also with about 10. Left for home at 7.30 + tea by 7.50. New analgesin + vitamin C tablets today with new number. Apple juice + 6 biscuits. Usual T.T.G. Veg. A. dinner. Felt much better but decided to delay retaking pills for this week. To bed about 11 am.

27.5.64
Wednesday

2
Small
soft
Krafs

Robert Court Case

Had water to drink 6 am. Shave + scone 6.45. Breakfast: T.T.G. A. 7.30. Left for town with Katelyn + Relt + Muriel + Aunt at 8.30 Saty Kim here then to office guy Dick Ben Perrell. as he was on vacation too. In office all day. No lunch. Small krafs about 12 pm. Left to home 7.15. Left at 7.45. Driven + Katelyn home in dinner. Apple juice + 2 cookies. Soft krafs + usual T.T.G. Veg. A. dinner at 8.45 - 9.45. Exercises + small krafs at 11 pm on way to bed. Got very cold during night. Overcast + a little rain during day.

28/5/64
Thursday

H.W. water drunk 6 am. lay till 6.45. Enuresis - Holistic since 7.5 am
bath + Breakfast about 8.15 am. Left for office with long and
date permits hand by Dick + R.H. (from p. mail) + other files. Jessica arrived
in office went to Dental Commission, Church St. + Malchuk (Wendy got
well here) reviewed permits till 2.5 = W.V. with phorbolone base.
Very bad day (physiologically) in office. Soreness in over face
Maggard about changes to bank that under the Dickson + Valley
Left them to be deeply immersed in working on p. 1000 + Valley
home. This time looked me in early afternoon. About not being sorry
- (Group) I had not been asked to, when they found between calls told me
of his arrangement on changing certain important things. I would left
partly in an area by 2 (W.V.) attitudes. Got embroiled
with W.V. went out to take 2 Analogen to hospital myself + took water
myself. Home since. Boy had time to read some books to M. At
had John attend in 9.30. Roy Koster (78) going to get major
changes resolved by the in policy, unbalanced relation to division
and detail + sorry he would see Soreness - Roy Soreness after the
but secretly found he had not been in bed and my me then he
came. Got his head using Koster + would like to go to Soreness
No cell come through day afternoon.
and would myself to drink + dinner but still aware
trying to get change of atmosphere. Struggled with P. Valley - don't
+ early lights + ray him just in approval of low 6.77" ceiling
+ dived in 6.77" over clearance height. Left for home at
7.15. Feels discomfort in lobby. Abilugene + Urugite. Enuresis
+ bed about 11.30 pm today. 1 Veracolate pill as bed for breakfast

Bad
Day
Physiologically

No Krap

29/5/64
Friday

H.W. water drunk 6 am. lay till 6.55. Enuresis. did water, share
G. + wrote the diary till 8.50. Breakfast + took Kelyze
Couch to Court by 9 am. for Roberts buying car repaired
(H. had some be on being at back of down to Varsity "Gross" to have
bright living room) via Ambassador (Vancouver) (to check V.D.B. delivery)
with Simon) and T.J. Lewis home to do the low ceiling height
in kitchen. In office all day on V.D.B. details. 6 biscuits
for drinks. 3 water and my afternoon tea. Left office 6.55. for
Korea Glen for drinks + dinner. Pace + T. Her young Paul + Pat +
Buddy + J. (2 workers, 1 Glen (youngest cabinet, 10 feet but cabinet about
Chlorin + vegetables, apple parking + jelly, black coffee + tea at 10 pm)
Went home belly almost empty for drinking "Cask of Gold" headache.
This became worse during night accompanied with seat feeling.
Enuresis + to bed by 11.30 pm. Took 1 Veracolate.

Four good
splits
Krap at
11 am.

Dinner
Room
Headache

30/5/64
Saturday

H.W. water drunk 6 am. lay fully headachy + long till 7.15. Enuresis.
Holistic + share taken + breakfast only at 8.45. large, softish
but fairly well formed Krap at 7.45 am. Fall so long took 2 Analgen
about 8 am. wrote the diary. To office via Soreness pump
Rat dog became fine at Empress Police Station. In office all day
mostly H. V.D.B. steel under + don details. Break for Toul + grille
+ appearance at Junction 2 pm - 2.45. Nosh get stiff. Took 2 more
Analgen at 5.30 pm. Left office to Andy + Harry at 6.15 pm fully
Krap at 6.30. (T.J. found my cupboards me yesterday + had lunch on
dinner with G.W. + W.V. + William - stayed + had 2 whiskeys and
Sunk + Toul + 2 toilet spig + puddle at fire + change tea before leaving
about 10.30. Enuresis + bed about 11.30. Feels quite alright
and had good night.

Large
Krap

4
Analgen

31/5/64
Sunday

H.W. water. 7 min. lay till 7.45. Enuresis. H.W. and share
and breakfast on stock (T.T.G.A.) about 9 am. Read in couch.
Late get out. Letters from Mamma + Maggie + other 6.5 read and
read morning but did not start until before lunch arrived
at 1.15. (T.T. 3600 eggs + A). at 3 pm decided to get food with help
theke dogs for start run which dived into vint. to Mamma + Mamma
+ the two old Kearney into when they tea. (Very small, closed at
non-ventilated house!). Had Soreness to tea + B.W.K. missed + nice a little
of the former orange comfort. Soreness in a mix (blonde) Davis on my line
to inform about Phillip + had drinks (at 6.30). Sells home at 7.15. +
had another small Sunday + 9 biscuits nearly for T.T.G.A. dinner
at 8.40 - 9.40. Enuresis + bed about 11.30. Had taken
2 Analgen for headache each hour at 2.45 pm. Genuinely felt
quite but but next 30 minutes arm started aching again a bit and
during the night I had a wet fart.

No Krap

2 Analgen

Vented
Kearneys
mi + Davis

1/6/64
(Aspirin Day)

Small Soft Knaps
7.30 am

Fluorinated
Fluorinated
Knaps 12pm

Peat up
Cold

Katlyn bring hot water 6.25. Noted wet foot during night. Day till 7.15.
Noted being in rose + thorn: portlandy cold. (Whiff of close unventilated Kearing
lounge yesterday!!) Sifted + jangled salt water during shave time at 7.30.
Bath + wash then during ~~tea~~ and (T.T.G.A) breakfast at 9.15.
Off to office via V.A. being site to fire fire levels and hand over
finally covered 1/8" plain (2 bins) to Munster book an amongst other
In office all day. No lunch. 2 analgesic for neck trouble. Noone else
in office but Tom turned up about 4pm. (Had been with Jim in to Dundee
to buy back problems for Chris by Pta Art Gullie (Wattie) + had V.G. Made
at 2 o'clock. Left at 6.15 to see Max Pearce (a very long (4
months in forest) Ford B die (just had from Berlin) + a new Peugeot
there. had drinks (2 whiskey) with them till 7.55 + left for home +
small T.T.G.V.A. dinner at 8.40 - 9.40. ~~Had the~~ Did not feel very
fit all day in slight lumpy feel with some mucus. To bed about 10.30.
Dunk very sore. Hand put on Thermal wool. Fair good, Fluorinated Knaps in office 12h
No sweater before bed as back too sore.

2/6/64
Tuesday

No Knaps

Small wet
Knaps on
evening

Hot water on in 6.30am long till 7.30. No sweater. Felt vaguely lousy.
bath still sore. Breakfast T.T.G.A. about 8.30. In to office
for day. work in V.A.B. details. (See no fee in for Task Col: and
R 6,500 overdraft of firm at N.B., R 2000 borrow for C&B+C by Tobie to
Canyon. He had borrowed overdraft of R5000 to let me + I had
R65 left in bank!!!!!!) Felt lousy depressed + somehow aimless
at sun time. Had grille + took + appearance at junction at 2 - 2.30
pm. Lashed in case V.O.P. at 7+N at 2.40 to pour out my mung
bottle but he was not very symmetrical as I had collected. Band
before. Left office about 7.15 pm for home. No sweater from
Corney hilly in no sweater yesterday. Bought 1lb Sanyo
yog + had soft grille for T.T.G.V.A. dinner. Had small wet,
fluorinated, Soft Knaps for 8 pm. Ekt dinner with no sleep.
Took about 12 am. (Had had 2 analgesic for neck during day
+ took 2 ibuprofen at night, leaving feeling not so well.

3/6/64
Wednesday

No Knaps

Hot water 6.30 am. long till 7 pm. shave clean (very fluorinated)
+ breakfast about 8 am. Still feel mentally depressed
a sort of ~~loss~~ of interest in anything as if all not of
a life had come before!!! with Katlyn + Dorcas + Salter as they
were going to go for day to Katlyn 'diffusion'. ~~Had~~
left at 7.15 + by about 7.30. Dunk before in
V.A.B. details + fixing cabinet documents. Left office about 6 pm
to have drinks + dinner with Don + Claude Peat. Home by 11 am
+ straight to bed.

4/6/64
Thursday

Small
Soft
Knaps
about 11.30am

Hot water 6.20. long till 7 pm. shave both clean + off
to office (after T.T.G.A. breakfast of about 9.30. long paid Dick
+ then Guy + Katlyn. All day on V.A.B. details + copying contract
with Munster book + V.A.B. at 12 - 1.15 pm. Unpleasant letter from
Savage involving mucking up of Dunbar bank computer design.
Left office about 6.30. Home drinks (though try own whiskey +
bottle of St. Germain Cointreau) to dinner (grille etc) with Peter Marais.
Left home about 10.45 and home + in bed by 11.15. taking
and the 2 analgesic to Aspirin after effect. Slept very well
and tranquilly.

5/6/64
Friday

Small Soft
Knaps

Hot water 6.20. long till 7.30. Shave + write then during and
T.T.G.A. breakfast at about 8.30 am. To Patterson; to see Gossio not
finally yet. Off to Arps next week. In office all day on V.A.B. details.
Lunch in the drinks at Hurler's at 6.20 pm + met 'ma' + 'mrs' 'Dor' Milan
were only 1/2 hr back to Munster St in England. On to Tobie to see
Sarnes tomorrow with him (Sarnes the double nude swimmer trying to
set for Pta Art Gullie.) (Had coffee in on road at 10.30 + home this morning)
T.T.G.V.A. dinner at 8.45 - 9.45. To bed about 11 am. long had a
wet shower - felt very ~~pleasant~~ + ~~pleasant~~ + long to rest some.
Had later 2 analgesic during day for neck.

6/6/64
Saturday

Very dramatic
Knaps ???

4 Analgesic

Hot water 6.20. long till 7.15. Shave + write then during and
T.T.G.A. breakfast about 8.15. Filled up Ford with petrol and to office
for rest of day working on V.A.B. details with no bed for lunch - just
4 accounts. (Had several bags for dinner with Phillipa of Mrs Dore's land
made date - first for 1200 km of long 60 - then more in long Phillipa took
not 20 km from Dundee + went to bed about 13.15. Had 5th Katlyn good
to be in the Vivienne + amongst other things. Had drinks at home
with the lady (my girl) + home dinner at junction + to Munster
(thinking we were about 100 km from the bridge) but we were
at junction. (Note: I was not in the show. 2nd dinner on 11.45. and of bed
at 12 pm + later met 2 of 2 analgesic as neck playing up badly.)

7/6/64
Sunday

Wrote 6-20. Lay till 9:30. - pure disinterested laziness - wrote this diary and breakfast at about 11 am!!!
Moved around most of day feeling depressed and uninterested in anything especially this form of my. The shalvute ~~small~~ garden seems futile + resulting unproductive. I felt like getting rid of all the weeds + Echin. Transferred fern and strawberry into a small neat steel greenhouse. Started letter to Margie. Had some T T G lunch. Took dogs for run in late afternoon looking at Veger on V den Berg, but + dusty - some road to Albin school - (a Shanty collection of decorations - buildings now being demolished) - added by Nelson, Press + G!!
Albion, Manly, 12 biscuits + Veger in hand and till T T G Veger dinner at 9:45. Small gift kept at 11 am and to bed. Very cold wind blowing up during night

No
Krafts

Advanced

more soft
krafts

8/6/64
Monday

HW. 6:30. lay till 7:15. Shave bath stool and breakfast T T G A. about 8:15. after writing this diary. Cold wind still blowing but clean sky + sun. Another small, softer Kraft at 7:30 am.
To office by 9:45. + worked on V den Berg details all day without break. No lunch. Another small soft Kraft at office about 12 pm. Edmunds report and weekly log. Very reluctantly took 2 analyses + they involved not to like any this week. Drinks at Carbars at 6:30. - 8:15. to test Montebush retention items and Echin + Chris Meyer (Plasma Herosia movement (N van Karup)) by Beckman. - 9:30. smoker very good like the new one + fireplace (Coal tonight) under underpass. May Pennell here on 'dinner lounge' very full + strange random in log. So cut out tea + toast + tea + coffee. Colvin and Murray try to get Ber + write Muecke to do small about the matter who was again fast + was all alone. Cut out toast + tea for dinner and had G + Veg + Canned fruit in solution. Bed about 11 am

2
Krafts

May P.
at
Colvin L

Cut out Tea
3 toast
independently

9/6/64
Tuesday

HW 6:30. lay till 7:15. Felt much better (I think from cutting out tea + toast last night) + shave desk, wrote this diary and breakfast about 8:15. (Cut out tea + toast + jam + had only G + A. To office to work on V den Berg details all day. No lunch (3 biscuits). Feeling fairly well, but tending to neck pains in evening. Drinks on way home with log + Hubert happens. (3 small analyses) get home 8:30. + eat 6 biscuits before G + Veg. and Jellied Canned fruit dinner. Veg cold. To bed about 10:30. Felt rather lousy during night - Had brush and well done Kraft at 12 pm.

Good
Wellformed
Krafts

10/6/64
Wednesday

HW. 6:30. lay till 7:15. Felt lethargic + fairly nervous. Shave dress and G + A. Breakfast (still only out all breakfast + toast) at about 8:20 am. No furry tongue again since cutting out toast + tea. In office all day. No lunch. A good well formed Kraft at 12 pm. Saw Phil Dwyer at 2:30. Mying Spruce about Strain Smith as possible applicant for new NW vacant post at C.T. Manning. - Plans pretty but poor to be frank. Took two analyses for test. Had 12 2 1/2 many kids. Felt much better. Drinks + dinner with Ross + Renee Sloan. 6:30 - 11 pm - To bed about 12 pm.

Good
Krafts

11/6/64
Thursday

HW. 6:30. lay till 8 am for no reason. Feeling much better. Shave bath at G + A. Breakfast about 9 am. Same as this cutting out tea + toast + tea + jam + out of better feeling longer + robust stomach? In office all day work on PMU. Had Celine Ste's 56 ct + V den Berg details. No lunch. Left at 6:20. Drinks with Harry + Andy Copell on way home G + Veg. Jellied fruit dinner. Last fast + small wet Kraft at 11:30 pm.

Small
last?
Krafts

12/6/64
Friday

HW. 6:30. lay till 7:30. Feeling not too bad. wrote this diary + G + A. Breakfast at 8:20. am. Paul + dropped parcel of Muecke. Satsuma + orange juice at May Pennell (Atlanta Post) for Claire Vogel (State bird to make and deliver. In office all day. Took Muecke. Murray + found at junction left after last 6:30. + had drinks with Dennis on way home till 8:30. G + Veg + fruit + toast dinner till 9:30. Bed about 11:30. Nothing at all G + Veg 1/2 hot water + 1/2 banana again. (had them in morning) at bed time by mistake as well as 2 Librium!!

No
Krafts

1.7.64
Wednesday

Good
Kraft

HW 65. Lay till 7.45. Shower - to Dept. about 8.30. Difficultly
with Margaret Terry who did not know what to do when I had not
been to and days in past than she had worked. Deliberate information to Terry
that I thought did not submit dates last of days. Show she wanted I write
and do not tell them. I of any more information with the list of days
they and all clear out. Kelly decided to give up by day off & stay in
Phoned Harriet & rang K. had from office. What to say at Dept. and see
Tony (back from school) but with written text. In office all day. No
Lunch. Drink with Mary. Watched SATC broadcast re alive! at 7.45-8.10 -
The good Phillips & Phillips at Nat. Radio to see Vic Oliver show and
then home to bed - Good Kraft during day.

2.7.64
Thursday

1 bowl
1 Very loose
Kraft

HW. 65. Lay till 7 hrs. Shower bath while this day for 2 days.
then. breakfast about 9 am. In office all day. Lunch with Susan at
Elite (Surrey) Restaurant. Drinks with Jimmie in my lounge. A rather
small lunch at press at Kraft. about 12 am. Had catch up with Jimmie
during drinks when I had caused a "breeze" with Kraft during
night. (about 4.30 am) leaving me fully wretched & belly aches.

3.7.64
Friday

Draculo-like
Kraft!!
Port & Brandy
Cure

HW 65 Lay till 7.30. Shower & breakfast about 8.15 am.
70 v.l.s. in form of card (print etc) to V&TB site to contact.
In office all day. No lunch. Tenthia diarrhoea Kraft
during day. Left me fully quite weak - Took 2 smaller twice
during day. felt like God but had average 5 take low times
not to dinner. Packed lunch at 8.45. Journey 7 hrs and
had Port & Brandy which fresh tummy. No decent show to see
Stayed early at Jimmie till 10.30 looking for good Voluntary there.
Had 2 bottles (1/2) of Nadeby Cabernet, and 1 pint milk etc. - Pear
Kelle Helene & friends up with me and 1 Port & Brandy at end &
felt no further thing trouble!! Home to bed by 11 am.

4.7.64
Saturday

None for
Cure

HW. 65. Lay till 7 hrs. Shower & breakfast about 8.15.
Just very busy 5.30 when Norman (Jimmie) turned up with friend
Employment who had brought in his Wambrocks (car working) +
after he had left I came into town with me and visited Phillips in my
to leave that house for Phillips. No animal himself seen
town all day. I in office. Home to lunch, & late walk
round farm. till 5.30. Change & off at 6.5 pm with Vic Oliver
and Sally R. for dinner at Jimmie 6.50 - 8.45. + on
to Nat. Radio to see Vic Oliver in "Dynamite Gathering". Then took
evening home + N + I came home to bed about 11.45.

5.7.64
Sunday

HW 7. Lay till 8. Shower dried & wrote this day.
Felt a bit lousy. took two analgesic - left Norman sleeping
till about 10 am when he was aroused & breakfasted - at about
11 am we set off to Mearsh & spent from 11.50 - 12.40.
Unusually busy & sunny. Colours of Chapel light when on a Alexis's
we drive well getting there at 1.30 for lunch. Felt lousy -
(Very cold windy weather & I think had a Fall of gastric flu
in earliest stage!!) but had to eat Alexis's excellent prepared dinner
with Norman about 3.40. on from (back to) Vic Oliver & we returned
home 9 past into bed about 5.30 with Morphine, Paracetamol & lemon
juice to sweet. No dinner. Norman had dinner, but, bath & bed.
Had taken 2 more analgesic at Billy but not effect.

6.7.64
Monday

Norman just
departs -

No Kraft

W/ITS
Admin:
Commun

HW 6 am + shower water. Feels better. Moved bath &
with this day but no breakfast. Took Norman out along
past North Road drifty lane to (Blue Peter) on his birthday
to Sunday. then on to Jolly & back at front with
Rocher of Wite at 10.30 where great pot for lunch - Robert
Pamela, Norman, Fonda, Robin & another who there me of of New
Administration held in Carfax. After visited site etc. Found 9 had
lunch with Norman & his wife (the Marguerite lady) at his private house
& I left about 2.30. Had breakfast at Paris. Found Patrick
there - intention of to visiting Carfax. Wait a post him away -
a missing site measurement. On to Alexis to find him away -
Pls. + St. & Pls + office about 4.30. Rang SATC but Alexis didn't
left. Sunday at Phillips but still family in PB. Drinks with
Andy & Harry & home to say at 8.30 for dinner & evening.
Feels fine all day. Kraft no Kraft.